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October 16-31, 2023

# REACH LADAKH BULLETIN



**In Conversation with**  
**Dr. Sunil Kumar, Professor, Surgical Oncology Department, AIIMS**

**Expert Talk:**  
**Prioritizing Road safety in Ladakh**



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## General Council meeting of LAHDC-Leh held

Reviews progress of works under District Plan for FY 2023-24



During the General Council Meeting chaired by Chairman, LAHDC Leh, Tashi Gyalson at Council Secretariat.

Reach Ladakh Correspondent

**LEH:** General Council Meeting to review the physical and financial progress of works under the District Capex Budget for the financial year 2023-24 was chaired by Chairman, LAHDC Leh, Tashi Gyalson on October 9 at Council Secretariat.

Before the commencement of the meeting, CEC Tashi Gyalson led Councillors of Hill Council, Leh mourned the demise of prominent personalities, including His Eminence Chosje Togdan Rinpoche, former MLC/EC Nurboo Gyalston & Sub Major Tsewang Morup (Vir Chakra).

To get a first-hand experience of the functioning of Hill Council, the students & faculties of the Political Science Department of University of Ladakh were also in attendance at the General Council Meeting of LAHDC Leh.

The house discussed and reviewed the updates and progress of the bud-

get allocated to departments, including the Public Works Department, Rural Development Department, PHE, I & FC, Agriculture, Horticulture, Animal & Sheep Husbandry, Wildlife, Tourism, Education, Employment, Power, Health, Cooperative, Information, ITI, Polytechnic, Social Welfare Department, District Motor Garages, Labour Welfare department, Industries, etc.

All the councillors sought answers to their queries during the question hour to the concerned district officers with the remarks from the Executive Councillors holding different portfolios. Taking serious note of the concerns raised against the execution of Jal Jeevan Mission works, CEC Tashi Gyalson instructed DC Leh to examine the matter and take necessary actions.

CEC Gyalson proposed the adoption of e-office in all the departments of LAHDC Leh for effective management of all official works especially

tracking the progress and status of planned developmental works. He added that this initiative would ease the access of information regarding the status of these works, especially to the Councillors of LAHDC Leh.

Executive Councillor for Animal Husbandry, Tashi Namgyal Yakzee highlighted one of the biggest achievements of the Hill Council, Leh and the Administration in operationalizing the Milk Pasteurization plant at Agling, which have been a long-standing project and would further benefit all the dairy farmers and related entrepreneurs of Leh.

In his concluding remarks, CEC Tashi Gyalson appreciated the House, including the Member Parliament Ladakh, Executive Councillors, Councillors, and all the District officers led by DC/CEO LAHDC Leh for actively participating and successfully conducting the day-long General Council Review Meeting.

## NC-Congress alliance sweeps LAHDC-Kargil poll; BJP secures two seats



During the counting of votes of the Ladakh Autonomous Hill Development Council-Kargil (LAHDC-K) election.

Reach Ladakh Correspondent

**KARGIL:** In the aftermath of the Ladakh Autonomous Hill Development Council-Kargil (LAHDC-K) election, the National Conference-Congress alliance has achieved a resounding victory, dealing a significant blow to the BJP.

The poll result was announced on October 8.

The National Conference secured a commanding 12 seats, while the Congress claimed 10 out of the 26-member council. In a surprising twist, the BJP managed to secure only 2 seats, including one where the NC and Congress fielded candidates against each other. Additionally, 2 Independent candidates managed to clinch seats. The Aam Aadmi Party failed to make any inroads.

The election, which took place on October

4, saw a significant turnout, with 77.61% of the 74,026 registered voters using Electronic Voting Machines (EVMs) to cast their ballots.

Despite the BJP's extensive campaign highlighting development initiatives in the region since 2019, their efforts proved less effective in this election. Notably, the image and popularity of MP Ladakh, particularly among the people of Zanskar, failed to sway the results significantly. The unmet demand for district status appeared to be one of the factors contributing to the BJP's inability to secure all seats in Zanskar.

“Remarkable growth in the 5th LAHDC Kargil election is evident! Our vote count skyrocketed from 2588 in 2018 to an impressive 10, 844, earning us two seats double our 2018 success. While we narrowly missed a few seats, our undeniable progress speaks volumes” he tweeted.

This Hill Council election in Kargil is significant, as it marks the first election of its kind since Ladakh was declared a Union Territory (UT) in August 2019.

While the NC-Congress alliance effectively kept the BJP from dominating, questions remain about the effectiveness of the coalition council. How well it will address the region's pressing needs and concerns is a matter of keen interest.

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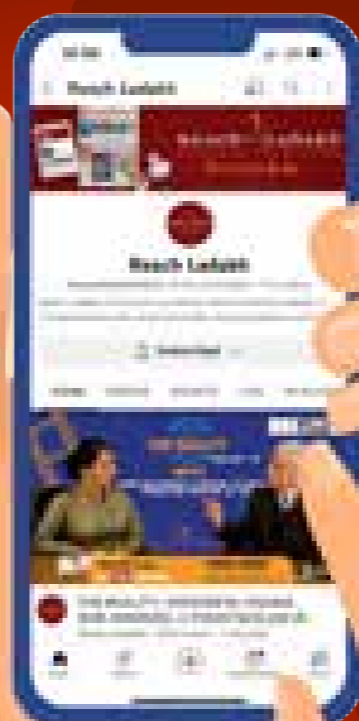
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## Fortnightly News

### Indian Air Force celebrates 91<sup>st</sup> anniversary



During the static display of weapons at Air Force Station Leh.

Reach Ladakh Correspondent

**LEH:** Indian Air Force celebrated its 91st anniversary themed, 'Har Kaam Desh Ke Naam' on October 8 at Air Force Station Leh.

A static display of Rafale aircraft, Cheetal helicopters, Mi-17V5 helicopters, indigenous Akash Missile System, and Medium Range Surface to Air Missile was showcased.

Lieutenant Governor of Ladakh, Brigadier (Dr)

BD Mishra (Retd) attended the celebrations. Air Commodore DS Handa, Air Officer Commanding Air Force Station, Leh and his team including Group Captain Rajnish Jha, Group Captain Sameer Sharma, Group Captain P Saha, civil dignitaries, students, and the general public were also present.

The flying formation of Cheetal helicopters, led by Group Captain Rudra Chattopadhyay, present-

ed an impressive display as part of the IAF Airshow over Air Force Station Leh.

L-G Mishra commended the Indian Air Force for their service to the nation at large and in particular, Ladakh. He stated that India is strengthening its defense capabilities through indigenous manufacturing of all types of aircraft and proudly developing advanced weapon systems which is instilling a great sense of pride in every Indian.

The Air Force officials briefed the guests about the strengths and capabilities of each aircraft and missile system displayed during the event.

Attractive aircraft posters, stickers, and other publicity materials were distributed among the students witnessing the event. It invoked inquisitiveness, particularly among the younger generation, and was a good motivation for them to join the Indian Air Force.

### Two-day seminar on Historical Perspective of Ladakh: Crossroads of Civilisation held

Reach Ladakh Correspondent

**LEH:** Two-day seminar on Historical Perspective of Ladakh: Crossroads of Civilisation organised by Fire & Fury Corps at Rinchen Auditorium on October 5.

Lieutenant Governor of Ladakh, Brigadier (Dr) BD Mishra (Retd) attended the ceremony.

Termining the seminar's subject as important, interesting and challenging for him, L-G stated that Ladakh has always been at a crossroads and highlighted five issues concerning Ladakh- its geography, history, people, security and development requirements. He stated that despite being rugged, remote and far from the main hinterland, Ladakh has always been an integral part of India for centuries. He commended and complimented the people of Ladakh for their nationalism and patriotism and for always being at the forefront of national security.



Talking about the importance of Ladakh, especially in terms of the democracy of India, LG stated that our leaders should work for integration, co-existence, brotherhood and peaceful living of the people from different communities of Ladakh. He also stated that the topmost requirement is integration between people from different religious communities and mutual understanding for their peaceful co-existence. Further stating that the religious sentiments of people from different communities have to be respected, L-G highlighted the need

for leaders to work in close coordination with each other for the overall development of the region.

Highlighting the 11 basic requirements of humans, he stated that bureaucracy is the tool for infrastructure development for which he has asked the Departmental Secretaries, Head of Departments and various other government officials to imbibe six personality traits- transparency, accountability, probity, equal dispensation, mid-course correction and self-auditing. He reiterated his mission to turn the slogan of Corruption and Delay-Free

Ladakh into reality through cooperation from the people of Ladakh.

L-G highlighted the initiatives taken by UT Administration for the benefit of people of Ladakh, including the framing of Recruitment Rules for Gazetted posts which would be submitted to UPSC for necessary action; the completion of developmental projects in Ladakh within a period of three years; the rationalisation of boundaries of Karakoram/ Changthang Wildlife Sanctuaries; the intervention made by the Administration in the declaration of the SSC Selection Posts/Ladakh/2022 exams. Emphasising the importance of serving humanity, the L-G shared his goal to serve Ladakh and its people to the best of his abilities.

He also attended session 1 on Ladakh: The Land of Convergence of History, Geography & Ci-

vilisation moderated by Prof Srikanth Kondapalli comprising panelists such as ex-ambassador to the Republic of Kyrgyzstan, P Stoban; historian and author, Claude Arpi; EX-GOC-in-C Northern Command, Lt Gen Ranbir Singh.

Earlier, GOC, Fire & Fury Corps, Lt Gen Rashim Bali welcomed the guests to the two-day seminar.

General Officer Commanding-in-Chief (GOC-in-C), Northern Command, Lieutenant General Upendra Dwivedi; GOC Fire & Fury Corps, Lt Gen Rashim Bali; Army officials from Fire & Fury Corps, ITBP/ITBF; ADGP Ladakh Police, Dr SD Singh Jamwal; Secretary to LG, Ravinder Kumar; scholars/students from Jawaharlal Nehru University/ University of Ladakh; ex-servicemen and other concerned officials were present during the event.

### Advisor stresses to expedite appointment orders for 562 posts

Reach Ladakh Correspondent

**LEH:** Advisor Pawan Kotwal discussed the vital process of issuing appointment orders pertaining to select lists issued by the Staff Selection Commission.

He emphasized the need for swift action, noting that out of a total of 562 posts, results have been declared for 481 positions. To ensure transparency and information dissemination, he directed the concerned officers to hold a press conference every week, as appointment orders have already been issued for eligible candidates.

During the meeting, Advisor Kotwal and the concerned officers delved into the appointment process, scrutinization procedures, and the delegation of au-



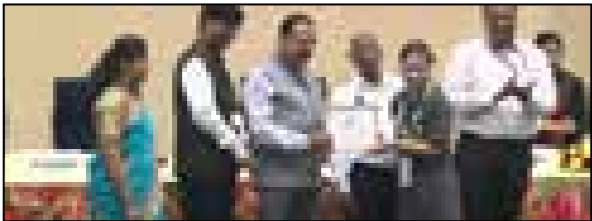
thority. Administrative Secretary was granted the authority to sign the appointment orders on behalf of the administrative authority, ensuring the efficiency of the process.

Advisor Kotwal further directed each department to establish a dedicated cell responsible for providing regular updates through weekly press conferences. Additionally, a specific day was designated for the review of appointment orders, promoting account-

ability and timely action. The meeting also featured discussions on district recruitment, with a focus on addressing challenges and concerns surrounding the ongoing recruitment efforts.

Advisor Dr. Pawan Kotwal, along with Principal Secretary, Secretaries, and relevant officers and officials, actively engaged in discussions to address problems and issues related to the recruitment process.

### Tsering Dolker wins 10th National Level Exhibition and Project Competition, 2023



Tsering Dolker, student of Govt. Higher Secondary School, Disket receiving the award after winning 10th National Level Exhibition and Project Competition, 2023.

Reach Ladakh Correspondent

**LEH:** Tsering Dolker, student of Govt. Higher Secondary School, Disket won 10th National Level Exhibition and Project Competition, 2023. The competition was organised by the Department of Science & Technology, Govt. of India and National Innovation Foundation India under 'Inspire Manak' held at Indira Gandhi Sports Complex, New Delhi from 9-11 October.

Chairman/CEC, Tashi Gyalsong and Dy Chairman, Tsering Anchuk congratulated her for the achievement.

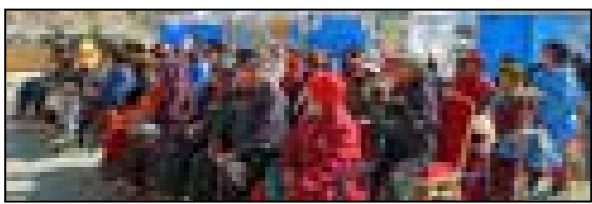
CEC congratulated all the participants from UT of Ladakh who represented the region at the National level competition namely, Zahra Batool of Govt. High School Minji (now

in GHSS Trespone), Skarma Stanzin Chosdan & Stanzin Kunsal from JNV School, Leh and Stanzin Gyatso of Govt. High School Yourho.

Tsering Dolker competed with participants from across the nation and presented her project on "Solar Water Room Heater" during the competition and exhibition. Around 450 students from all states and UTs participated out of which 60 students and their projects were shortlisted for the final round.

CEC Tashi Gyalsong congratulated and appreciated the dedicated and collective efforts of the teachers, mentors, and parents. He also termed her achievement at the national level a proud and inspirational moment for the entire people of Ladakh.

### Multi-speciality camp for senior citizens held at SNM hospital



Senior citizen during the multi speciality camp at SNM hospital.

Reach Ladakh Correspondent

**LEH:** Celebrating International Day of Older Persons 2023, the Health and Family Welfare Department, Leh organised a multi-speciality camp for senior citizens at SNM Hospital on October 12, as part of the National Programme for Health Care of Elderly (NPHCE).

The camp will continue to provide services to senior citizens until October 17. Theme for this year's event is 'Fulfilling the Promises of the Universal Declaration of Human Rights for Older Persons: Across Generations.' Throughout October, India is observing elderly

month to honor and support its older population.

The multi-speciality camp offers a range of medical services, including Geriatrics, Orthopaedics, Ophthalmology, ENT, Dental, Psychiatry, Amchi, Dermatology, and more. Various stalls have been set up to provide services such as registration, NCD screening, pharmacy access, and information on programs like Jan Aushadhi, NTCP, TB Prevention, Nutrition/NCD Counseling, Ayushman Bharat Golden Card, and the Elder Line (National Helpline for Senior Citizens) provided by Help

Age India Shey. Additionally, the Social Welfare Department has set up a stall to create awareness about various government schemes that benefit senior citizens.

Mission Director, National Health Mission/ Director Health Services, Dr. Motup Dorje was the chief guest during the inaugural ceremony.

Other dignitaries present included Dr. Rinchen, the Medical Superintendent of SNM Hospital in Leh, Dr. Jigmet, Deputy Medical Superintendent, Dr. Dolma Chuskit, Deputy Chief Medical Officer, Dr. Jamila, District Health Officer, and several multi-specialist healthcare professionals from SNM Hospital.

Senior citizens from the Old Age Home in Shey, along with all staff members and the NCD/IEC team, also participated.



Reach Ladakh Correspondent

**LEH:** Lieutenant Governor of Ladakh, Brigadier (Dr) BD Mishra (Retd) convened a meeting with Departmental Secretaries and Head of Departments (HODs) at Raj Niwas on October 6 and reviewed the progress of ongoing/pending project works.

L-G discussed various such as the non-issuance of tickets and the non-availability of conductor in the e-bus operating on the Leh-Kharu route; the progress on the purchase of the MRI machine for the Kargil District Hospital; the formation of the committee

in the transfer/detachment of teaching/non-teaching staff due to closure of school or medical cases; the need for clarification of recruitment of candidates from Leh district only for 125 posts issued by NWF ITBP; the need for proper Standard Operating Procedures (SOPs) for deposition of arms issued to police personnel; the update on deposition of pending dues by defaulting officials along with the tendering of Moonland Hotel for its operation; the proposition to give the operation work of Ladakh Emporium at Delhi to SIDCO; the num-

### UT Ladakh Foundation Day: Students from Ladakh to showcase cultural performance at Raj Bhawans of all states/UTs

Reach Ladakh Correspondent

**LEH:** To mark the celebration of UT Ladakh Foundation Day on October 31, students and teachers from different schools of Leh district will be representing UT Ladakh and performing at Raj Bhawans/ Raj Niwas in all states/ UTs.

Commissioner Secretary, Tourism and Culture, Department, Mehboob Ali Khan informed the LG about the ongoing preparations to send cultural troupes comprising school boys and girls to every Raj Bhawans and Raj Niwas of the states and union territories of the country. He said that a committee constituted under the supervision of



Lieutenant Governor of Ladakh, Brigadier (Dr) BD Mishra (Retd) interacting with the students and teachers at Sindhu Sanskriti Hall.

the Deputy Commissioner of Leh and Kargil selected boys and girls from different schools of Leh and Kargil districts. He informed that the cultural troupes comprise 18 from Leh (10 girls and 8 girls)

from the Leh district and 17 boys and girls from the Kargil district.

Lieutenant Governor of Ladakh, Brigadier (Dr) BD Mishra (Retd) interacted with the students

and teachers on October 9 at Sindhu Sanskriti Hall. Commissioner Secretary, Mehboob Ali said that one common cultural performance specific to the place where students belong to will be performed by each group. He informed that the Culture Department would provide common costumes and musical instruments to students and would be holding camp in Leh from October 19 onwards to bring perfection to the performances of the troupes.

Stating that the boys and girls would represent Ladakh in all the states/UTs of India, LG asked them to leave a lasting impression of the rich culture and heritage of Ladakh in all Raj

Bhawans/Raj Niwas. He instructed the Commissioner Secretary the culture Department, to ensure proper rehearsal of the troupes so that their performances could be perfected. He instructed that the students would perform two cultural programs in which they would wear similar costumes and carry identical instruments.

Commissioner Secretary, Tourism and Culture, Kachho Mehboob Ali Khan, IRS; Deputy Secretary, Culture, Leh, Tsewang Paljor; Under Secretary, Tourism, and Culture, Ladakh, Muhammad Ali Tak, officials of Culture Department, teachers and students were present during the interaction session.

### 8th Ladakh Zanskar festival held

Reach Ladakh Correspondent

**ZANSKAR:** The 8th edition of Ladakh Zanskar Festival-2023 was inaugurated by the Commissioner/Secretary, Tourism and Culture, UT Ladakh, Kachho Mehboob Ali Khan at Padum on October 13.

Addressing the gathering on the occasion, the Commissioner/Secretary stated that the organisation of this festival is an attempt to preserve Ladakh's different regions' cultural heritage, promote them and bring them to the fore so that the future generations of Ladakh know & learn its cultural heritage. He also said that cultural exchange is important to appreciate the cultural diversity of Ladakh and learn from each others' experiences and practices. The Commissioner/Secretary appreciated the people of Zanskar for preserving



their culture & identity. He said that Zanskar Festival has become one of the principal festivals in the UT and he hoped that Zanskar will be a beacon of light for other regions of the UT in the field of culture and traditions.

The Commissioner/Secretary emphasized that the Culture department's

going to different parts of Ladakh.

He affirmed that the UT Administration is committed to working for the transformation of Zanskar, with a focus on comprehensive development across various sectors such as road connectivity, electricity, telecommunications, tourism, education, health facilities, and many more.

Deputy Secretary, LAACL, Nazir Hussain, expressed gratitude to the dignitaries, artists, and attendees who had travelled from far-off places such as Himachal Pradesh, Leh, Kargil, and all the remote hamlets of Zanskar.

Nazir stated that the success of the Zanskar Festival is attributed to the unwavering enthusiasm and support provided by the

people of Zanskar and the LAACL.

SDM Zanskar, Sonam Doorjay in his speech mentioned that the Zanskar Festival has the potential to bolster the tourism sector in the Sub Division. Further, he conveyed his gratitude to the UT Administration for approving the development of amenities and facilities at six significant Buddhist monasteries in Zanskar.

After inaugurating the event, the Commissioner/Secretary toured various stalls on display representing different departments, entrepreneurs, villages of Zanskar, and women's organizations. Following this, various cultural troupes from Zanskar, Changthang, and rock artists delivered captivating performances that enthralled the audience.



## Fortnightly News

### Review meeting on bio-mining for sustainable waste management held

Reach Ladakh Correspondent

**LEH:** Advisor Dr Pawan Kotwal chaired a review meeting focusing on Bio-mining in the region, at the Civil Secretariat, Leh on October 10.



Advisor Dr Pawan Kotwal chairing the review meeting focusing on Bio-mining in the region, at the Civil Secretariat, Leh.

The Housing and Urban Development Department provided a comprehensive presentation on the procurement of a waste disposal system for the processing and disposal of remediated waste in Bombarh, Leh.

The presentation highlighted the existing challenges at the dumpsite in Bombarh. These challenges included overcapacity, improper waste segregation, and environmental pollution. The absence of adequate waste disposal mechanisms in the region was emphasized. The presentation outlined the steps and procedures involved in the procurement of a waste disposal system, including the legal and regulatory aspects, budget considerations, and the timeline for implementation.

Participants discussed

the incorporation of advanced technologies and equipment to streamline bio-mining processes. The expected positive outcomes of implementing an efficient waste disposal system, such as improved environmental quality, better public health, and overall community well-being discussed. The adverse environmental impact of the current waste management practices, such as soil and water contamination, air pollution, and harm to local ecosystems was also discussed in the meeting.

Dr Kotwal emphasized the importance of effective waste management in Ladakh, a region known for its pristine natural beauty.

He highlighted the need for innovative solutions to tackle the growing waste disposal issues while preserving Ladakh's unique environment.

The meeting emphasized the dual objective of waste management and environmental conservation. Dr Kotwal underlined the importance of minimizing the ecological footprint of bio-mining activities.

He expressed his gratitude to all attendees for their commitment to the cause of sustainable waste management in Ladakh. He reiterated his dedication to fostering a cleaner and greener Ladakh while preserving its unique natural heritage.

### Milk Pasteurization Plant with 2,000-litre per hour capacity inaugurated in Leh

The plant is also being set up in Kargil



L-G along with other dignitaries inaugurating the Milk Pasteurization Plant at Agling.

Reach Ladakh Correspondent

**LEH:** Lieutenant Governor of Ladakh, Brigadier (Dr) BD Mishra (Retd) inaugurated the Milk Pasteurization Plant at Agling on October 4.

The LG later held a meeting with members of the National Dairy Development Board (NDDB) and concerned officials from the UT Administration at Raj Niwas to discuss the Dairy Development Plan of UT Ladakh.

Chairman and Managing Director, NDDB, Dr Meenesh Shah informed the LG that as per the Memorandum of Understanding (MoU) signed by the UT Administration along with LAHDC Leh and National Dairy Development Board (NDDB) last year, the Milk Pasteurisation Plant at Agling, with a capacity to pasteurise 2,000 litres of milk per hour, has been set up at a total cost of ₹ 4.62 crores. He also informed the LG that the total milk producing animal population in Ladakh stands at 46,105 as per the Livestock Census 2019 while the milk production stands at 117 TLPD (Thousand litres per day) as per the integrated survey 2017-18.

Stating that the Indian Army deployed in Ladakh requires 50,000 litres of milk every day, Dr Meenesh informed that milk would be supplied to

the Indian Army to meet their requirement. He added that the Milk Pasteurisation Plant will provide employment opportunities and benefit dairy farmers from Ladakh in generating income.

Dr Meenesh apprised the LG of the Dairy Development Plan of UT Ladakh under which the dairy value chain will be developed in Ladakh by organising milk producers and regular market access and remunerative returns from the milk business will be provided to them along with making available quality milk and milk products to end consumers at an affordable price; help in enhancing the productivity of animals through appropriate nutrition and breeding based interventions during the project period from 2023-24 to 2027-28.

He informed that NDDB will manage operations of Ladakh UT Dairy Cooperative Federation Ltd (LUTDCF) and constituent units/unions for 5 years; implement the dairy development plan in Leh and Kargil districts and draw support from the Department of Animal/Sheep Husbandry of Leh and Kargil districts for breeding, nutrition and healthcare activities.

Dr Meenesh, while informing the operationalisation of the Ladakh

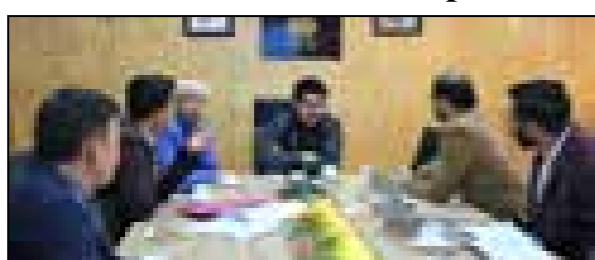
Milk Federation 2023-24, apprised the LG that a Milk Pasteurisation Plant is being set up in Kargil along with the milk procurement targets for 2023-24, the arrangement with Indian Army to supply fresh milk to them; the supply of milk under the brand Oma and the establishment of milk booths at strategic locations; the resources required to initiate operations and the proposed contributions by NDDDB.

Informing the LG about the five-year strategy, Dr Meenesh stated that activities such as the setting up of a quality-based transparent Milk Procurement system, strengthening/setting up of milk processing and marketing infrastructure and Market Development, and Integrated Productivity Enhancement Services would be undertaken by NDDDB. He informed that the total project outlay, including setting up of milk procurement system, strengthening/setting up of milk processing infrastructure such as expansion of existing plant of 5TLPD at Leh to 10 TLPD and setting up of new 5TLPD at Kargil and market development, stands at ₹136.44 crores and efforts would be made by NDDDB to get funds for the said project from Government of India.

Ravinder Kumar, Secretary, Animal and Sheep Husbandry, informed the LG that the milk of Ladakh cattle containing anti-oxidant and hypoxic properties could be promoted among tourists.

L-G stated that dairy farmers and entrepreneurs from Ladakh engaged in the dairy sector should get maximum benefit from the initiative. He highlighted the need to upgrade the infrastructure at the Plant, particularly for the winter months along with proper testing of milk samples.

### CEC, Leh, focuses development of parks, recreational spaces



Chairman/CEC, LAHDC Leh, Tashi Gyalson discussing the plans and preparations of the Forest Department regarding the development of parks and gardens in the district.

Reach Ladakh Correspondent

**LEH:** Chairman/CEC, LAHDC Leh, Tashi Gyalson, chaired a meeting on October 12 and discussed the plans and preparations of the Forest Department

regarding the development of parks and gardens in the district.

CPWD officials presented a detailed PowerPoint presentation about develop-

ing parks and gardens at several locations, such as the Council Complex, Dambuchan, Manglay Bagh Skara, Solar Colony Saboothang, and other places.

CEC stressed the need for the development of recreational spaces inclusive of open gyms, running tracks, shades, playgrounds, parking and gathering spaces, etc.

Executive Councillor, Forest, Ghulam Mehdi; Divisional Forest Officer, Dhawan Kumar Rawat; CPWD officials and other concerned officers/officials attended the meeting.

### One-day national workshop on anti-doping awareness held



Commissioner Secretary, Padma Angmo; Vice Chancellor, Prof. S. K. Mehta and District Youth Services and Sports Officer, Leh, Tsering Tashi during the workshop on anti-doping awareness in sports at the University of Ladakh.

Reach Ladakh Correspondent

**LEH:** One-day national workshop on anti-doping awareness in sports held at the University of Ladakh on October 10.

The workshop was organised by the Department of Physical Education & Sports, University of Ladakh, Leh campus in collaboration with the National Anti-doping Agency, Ministry of Youth Affairs & Sports,

Government of India, and Department of Youth Services and Sports, Union Territory of Ladakh.

The objective of the workshop was to educate the participants about the importance of fair play, the risks associated with doping, and the need to uphold the spirit of sportsmanship.

Commissioner Secretary, Higher Education Depart-

ment UT Ladakh, Padma Angmo was the chief guest for the inaugural program. In her address, she compared doping in sports with cheating in examinations, which kills the very principles of the spirit of sportsmanship and fair play in sports.

Vice Chancellor, Prof. S. K. Mehta highlighted the importance of conducting such a workshop in the University.

Dean of Students Welfare, University of Ladakh, Dr. Jigmat Dachen presented the overview of the workshop.

Commissioner Secretary Padma Angmo and District Youth Services and Sports Officer, Leh, Tsering Tashi, formally handed over the sports equipment worth ₹ 40 lakh under the Special Development Package to the University of Ladakh. The equipment consists

of Ice Hockey, Archery, MTB, Yoga Mats, Track-suits Boxing, etc.

The resource person for the workshop was the Dope Control Officer, National Anti-doping Agency, Ministry of Youth Affairs & Sports, and Government of India, Yogesh Sharma. He conducted several informative sessions throughout the day, covering a wide range of topics such as Doping control procedures and testing protocols, World Anti-Doping Agency (WADA) regulations, and the Prohibited List and Consequences of doping violations, including sanctions and bans.

Special practical demonstrations of the doping control process were conducted to familiarize participants with the procedures involved. Participants actively engaged in discussions and asked questions, demonstrating

their eagerness to learn and comply with anti-doping regulations.

Joint Director, Youth Services & Sports Department, UT Ladakh, Moses Kunzang distributed the certificates among the participants and applauded the Department of Physical Education & Sports, University of Ladakh for conducting the workshop.

The workshop was attended by Physical Education teachers of the Department of Youth Services and Sports of Leh and Kargil, college directors of Physical Education and Sports from the GDC Kargil, GDC Zanskar, GDC Nubra, GDC Khal-tse, GDC Drass, EJM College, Leh, representatives from the Sports Federations and Association of Ladakh, students and faculty members of the University of Ladakh.

### 2nd edition of The Himalayan Film Festival 2023 held

Filmmakers from Himalayan states/UTs showcase their work

Reach Ladakh Correspondent

**LEH:** The five-day 2nd edition of the Himalayan Film Festival (THFF) 2023 concluded on October 2. The festival was organised by the Department of Information and Public Relations (DIPR), UT Ladakh in collaboration with LAHDC Leh and supported by the Film and Television Federation of Ladakh (FTFL).

Lieutenant Governor of Ladakh, Brigadier (Dr) BD Mishra (Retd), inaugurated the festival at the Sindhu Sanskriti Kendra (SSK), Leh.

Stating that THFF 2023 encompasses everything related to art and culture, L-G stated that The Himalayan Film Festival is a good platform for local filmmakers to showcase their talent and commended the organisers and people involved in organising the event. Terming Ladakh youth as talented, L-G also stated that our youth can replace Bollywood actors by showcasing their rich acting and film-directing talent through platforms such as THFF. He



also shared the UT Administration's vision to promote Ladakh youth in the field of acting, singing, and film directing.

L-G launched the THFF 2023 brochure along with LAHDC Leh's. The Carnival of Festivals: September - a month of festivals highlighting a series of events to be held in the month of September from next year onwards.

L-G informed about the plan to celebrate the UT Foundation Day on October 31 on a grand scale by sending troupes comprising Ladakhi boys and girls to different states and UTs of India to showcase Ladakh's rich culture and heritage.

Chairman, LAHDC Leh, Tashi Gyalson stated that THFF was an initiative towards providing a platform for local filmmakers and people from the film fraternity to exhibit their talent. He shared that earlier the local filmmakers despite being immensely talented lacked a proper platform to showcase their talent but that gap has now been filled by THFF. He expressed happiness over seeing filmmakers, who got the chance to showcase their works in the last edition of THFF, shining in their fields.

Commissioner Secretary, Information Department, Padma Angmo informed that 40 films, including 14 from Ladakh, would be screened during the five-

day event.

Screenwriter's lab, photography workshop, and short film competition were conducted as part of THFF 2023 while master classes by top professionals in the field of filmmaking were part of the five-day event.

A combination of Ladakh, mainstream Indian cinema as well as regional films from other Himalayan states was screened. Last Days of Summer - a short film by Ladakhi filmmaker Stenzin Tankong and Jaane Jaan - a feature film by Sujoy Ghosh - were screened on the opening day.

Sun Behind the Cloud by debutant director Sonam Nurboo from Koyoul, Changhang left the audiences spell bounded with his screenwriting skill by beautifully weaving a story sans speech, thus highlighting that storytelling surpasses language or speech for that matter. The Wait by director Rinchen Norbu captured the loneliness and disconnect inherent in modern society, while Kangsing; Art Meet

Ice was a documentation of the works of the local contemporary art group - Kangsing, showcasing local craftsmanship and their journey in the field of ice-sculpting.

Jungwa, the Broken Balance was enthusiastically received by the audience. Director Stanzin Gya later spoke of his journey as a filmmaker and of specifically filming Jungwa in a conflicting scenario during the 2010 flash floods.

Eikhoigyu Yu (Our Home) by Romi Meitei, Kemra by Sameeksha and Sumit Raina, Apic Chuli (1 & 2) and Chuu by If-tikhar Hussain, Dhun by Achal Mishra were also screened on day 2 of the ongoing film festival at Sindhu Sanskriti Kendra, Leh. The trending Netflix film Jaane Jaan by director Sujoy Ghosh and the superhit Bollywood film Jawaan by director Atlee were feature films screened.

Local music band Luyangs captivated the audience with their performance in the amphitheater.

### L-G discusses installation of 4G towers in uncovered areas

Requests Jio representatives to provide telecommunication connectivity in border areas

Reach Ladakh Correspondent

**LEH:** Lieutenant Governor of Ladakh, Brigadier (Dr) BD Mishra (Retd) convened a meeting at Raj Niwas on October 10 and discussed the implementation of the saturation project of installation of 4G towers in uncovered areas of Ladakh under Universal Service Obligation Fund (USOF).

At the outset, LG inquired from the BSNL officials about the reason for the delay in issuing the authorization letter to the contractor to commence the work so that the installation of mobile towers in wildlife/protected areas could be carried out for the benefit of the people of Ladakh residing in uncovered areas of the region.

General Manager, BSNL Leh, informed that the fee for land diversion purposes of all the 65 wildlife/forest

sites has already been deposited and the other formalities would soon be processed by them and the authorization letter would be issued from the BSNL JK Circle Office to the contractor.

MP Ladakh, Jamyang Tsering Namgyal, requested the LG to allot funds for connecting villages with Jio sites with fibre.

Executive Councillor, LAHDC Leh, Tashi Namgyal Yakzee, and Councillor, Chushul, Konchok Stanzin, requested the LG to provide telecommunication connectivity in Hanley and Korzok as both these areas have emerged as tourist attractions.

Shehzan Hameed from Reliance Jio Infocomm Limited gave a detailed presentation about the functioning of Jio in UT Ladakh. He informed that Jio has covered 68% pop-

ulation of Ladakh across 131 villages, with 239 sites even in remote areas such as Demchok, Siachen, and Zanskar. He also informed that 75% of the sites have been connected with fibre as against less than 50% across all operations in India.

Shehzan informed that the Jio network in Ladakh has triple protection as the fibre routes are on Srinagar-Leh, Gurez-Leh and Leh-Manali so that there is no issue of connectivity even if one of these lines breaks down. He informed about the introduction of the Raman Amplifier technology on the Leh-Manali route - a first in India. He further informed that Jio has 60 USOF site scope covering 57 villages as radiating sites while work on three sites- Thanga Changthang, Chumur Tegazong, and Shun-Shadey - are on hold and shared the issues faced by them in carrying out



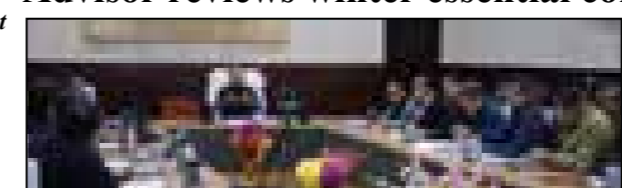
Lieutenant Governor of Ladakh, Brigadier (Dr) BD Mishra (Retd) convening a meeting with officials on the telecom network at Raj Niwas.

work in these areas, especially Shun-Shadey.

Commending Shehzan and the team for their track record and also for completing various telecommunication projects in Ladakh, LG asked Shehzan to prioritize mobile telecommunication in two areas, i.e. the border areas such as Galwan and uncovered villages such as Phobrang in Durbuk

sub-division for the ease and convenience of the people residing in those areas as these areas are still uncovered by mobile towers. LG stated that the UT Administration's motto is to provide telecommunication connectivity to every citizen of Ladakh. He asked the Jio representatives to complete the project work in Shun-Shadey and other areas at the earliest.

### Advisor reviews winter essential commodities stockin



Advisor Pawan Kotwal assessing the stocking status of essential commodities in Leh and Kargil districts.

Reach Ladakh Correspondent

**LEH:** Advisor Pawan Kotwal assessed the stocking status of essential commodities in Leh and Kargil districts in preparation for the upcoming winter season on October 11.

In a comprehensive discussion during the meeting, representatives from various departments, including Food, Civil Supplies and Consumer Affairs (FCS&CA), Food Corporation of India (FCI), Cooperatives, Health, Power Development, Forest Division, Animal/Sheep and Fisheries, as well as Hindustan Petroleum Corporation Lim-

ited (HPCL) and Indian Oil Corporation Limited (IOCL), presented detailed item-wise stocking reports.

It was informed that Leh and Kargil districts possess sufficient stockpiles of essential items, encompassing food grains, petroleum products (petrol, diesel, kerosene), medicines,

animal feed, and fodder, to meet the demands of the winter season.

Advisor Pawan Kotwal had earlier stressed the importance of timely dispatch of essential commodities to remote areas such as Zanskar and other far-flung regions to preempt potential delays caused by winter road clo-

sures, with a goal to have ample stocks in place until April 2024.

Advisor Kotwal directed the Deputy Commissioner to craft a comprehensive distribution plan, ensuring equitable distribution across both districts. Additionally, he advised concerned officers to establish inspection squads for regular market monitoring, with a focus on rates and the sale of expired or substandard products.

The meeting was attended by Secretary, FCS&CA, Ladakh; Secretary, Cooperatives, Ladakh; Chief

Conservator of Forest, Ladakh; Deputy Commissioner of Leh and Kargil, along with heads of various departments from both Leh and Kargil districts. Representatives from IOCL, HPCL, Merchant Association, Leh/Kargil, and Cooperative Consumer Societies, Leh, also participated.

This proactive approach to winter preparations underscores the Ladakh administration's commitment to ensuring the well-being and supply stability of its residents during the challenging winter months.



## Expert Talk:

## Prioritizing Road safety in Ladakh

By Yangchen Dolma



**Dr Tashi Motup /Senior Consultant Surgeon SNM hospital Leh:** The rise in road traffic accidents in Ladakh is a growing epidemic that threatens not only the lives of the local population but also the numerous tourists who flock to this breathtaking region. As a senior consultant surgeon at SNM Hospital Leh, I have witnessed the devastating consequences of these accidents firsthand. It is imperative that we address this issue with urgency, dedication, and comprehensive solutions.

Over the past decade or so, Ladakh has seen a troubling surge in road traffic accidents. What was once a land of peaceful coexistence with nature has now become a battleground of sorts, with vehicles of all kinds speeding down the newly paved highways. The collateral damage of this rapid development has been an increase in accidents that result in physical disabilities and, far too often, the loss of precious lives.

It's as if road traffic accidents have become a new affliction for our society, silently eroding the vitality of our region. One of the most disheartening aspects of this crisis is the fact that a significant portion of the victims falls into the age group between 17 and 45, often referred to as the productive phase of life. These individuals, in the prime of their youth, are the lifeblood of our community. Yet, when an accident occurs, it can shatter their dreams, impose significant hardships on their families, and, in the worst cases, lead to fatalities. It is a sobering realization that modernity has also brought with it a culture of reckless behavior, including drinking and drug use, which contributes too many of these accidents and, tragically, fatalities.

The immediate medical response to accidents is crucial in determining their outcomes. In our remote region, where access to medical facilities can be challenging, every minute counts. If a critically injured person doesn't receive medical help promptly or isn't transported to the hospital in a timely manner, the consequences can be dire. We, as a community, must understand that it is our collective responsibility to help in such situations, rendering assistance and ensuring that the injured reach the hospital without delay.

Ladakh experiences two distinct seasons - summer and winter. The summer season brings with it an influx of tourists, longer days, and an increase in road traffic accidents. This rise in accidents during the working season is alarming, with sometimes more than 30-40 fatal cases being reported. Unfortunately, this year has seen an uptick in such cases, emphasizing the pressing need for action. It is a testament to the urgency of the situation, and it calls for collective responsibility and immediate intervention.

While it is undeniable that modernization and development are essential for Ladakh's progress, it is equally important that this progress is accompanied by responsible behavior on our roads. Every individual who gets behind the wheel must drive with care, attention, and a sense of responsibility. The consequences of reckless driving are not limited to the driver alone; they extend to fellow passengers, pedestrians, and even innocent animals that share our roads. It is our duty to ensure that our actions do not endanger others.

Promoting road safety in Ladakh requires a multi-pronged approach. First and foremost, stricter criteria should be imposed for obtaining a driver's license, especially for young drivers. Teenagers, in particular, need comprehensive training and must demonstrate responsible behavior before they are allowed to drive. Longer training periods, comprehensive written and practical tests, and mandatory driver education programs can help raise the standards of our drivers and make our roads safer.

In addition to this, we need to consider implementing a graduated licensing system, which places certain restrictions on new drivers and gradually grants more privileges as they gain experience. Such a system ensures that young drivers acquire essential skills and judgment before they have full access to the roads. It's a proven method to reduce accidents involving young and inexperienced drivers.

Stricter enforcement of traffic rules and regulations is another crucial aspect of road safety. Penalties for violations should be more stringent to serve as a deterrent. Law enforcement agencies should be provided with the necessary training and resources to ensure the effective implementation of traffic laws.

While individual responsibility and law enforcement are vital, we must also address systemic issues to prevent accidents.

**Solutions**

- **Establish Trauma and Rescue Centers:** Ladakh's highways, especially in tourist-frequented areas like Nubra and Changthang, must have trauma and rescue centers. These facilities should be well-connected and adequately equipped to ensure timely assistance to accident victims. Basic facilities are a necessity to ensure prompt rescue and protection.

- **Centralized Road Safety Authority:** The establishment of a centralized road safety authority is crucial. This authority would coordinate road safety policies and initiatives, oversee improvements in road infrastructure, lead public awareness campaigns, and provide resources for law enforcement agencies to enforce traffic rules effectively.

- **Invest in Road Infrastructure:** Improved road infrastructure, including better road design, well-placed signage, and adequate lighting, is essential to reduce accidents. Remote areas should not be neglected in this effort.

- **Public Awareness Campaigns:** Launching public awareness campaigns on road safety and responsible driving can educate the community and visitors about the importance of safe driving practices. These campaigns should be culturally sensitive and accessible to all.

- **Training and Resources for Law Enforcement:** Law enforcement agencies should receive training and resources to enforce traffic rules and regulations effectively. Stricter penalties for violations may also be considered as a deterrent.

- **Accident Data Recording:** Maintaining a comprehensive database to record road accident data is essential for understanding the causes and patterns of accidents. This data can guide targeted interventions and improvements in road safety measures.

In conclusion, the rising number of road traffic accidents in Ladakh is a matter of grave concern that demands immediate attention. We must work together as a community, along with government agencies and organizations, to implement these solutions and prioritize road safety. Let us commit ourselves to safer roads, fewer accidents, and the preservation of life and well-being in our beloved region.



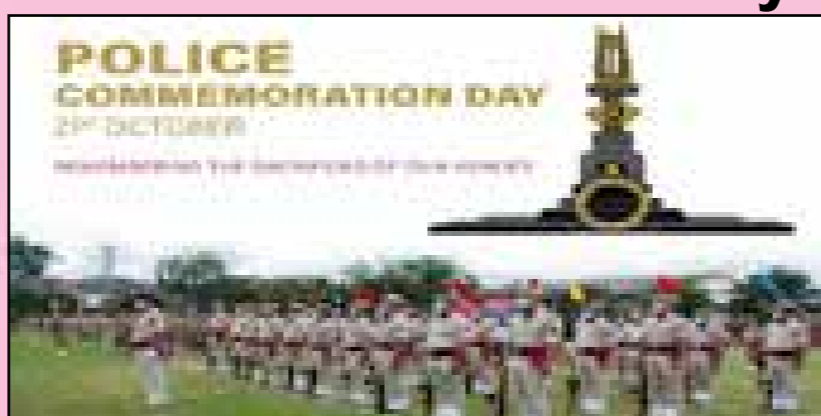
**Rigzin Sangdup JKPS, DYSP Personnel Police Headquarter:** In recent times, Ladakh has witnessed a remarkable transformation - one that has seen a significant decrease in road accidents. This positive change, compared to the challenging years of 2019-2020, has been the result of relentless efforts, cooperation, and the shared vision of creating a safer Ladakh for all.

The establishment of the Ladakh Traffic Police has marked a pivotal turning point in Ladakh's journey towards improved road safety. This dedicated unit, working in close collaboration with various government departments, has emerged as a driving force behind the reduction in accidents. Through data-driven studies and the implementation of crucial safety measures such as crash barriers and dividers, Ladakh has made great strides in ensuring safer roads. Areas that were once known for their accident-prone nature, such as those under PWD, GREF, and Project Vijayak, have seen substantial improvements.

Notably, the Leh area, particularly from the Petrol Pump to Choklamsar, has experienced a significant drop in

...Continues on page 6

## Police Commemoration Day



Every year, October 21 is observed as Police Commemoration Day. It is a day that is commemorated to honour the ten CRPF personnel who lost their lives in serving the nation from external tensions. The idea behind observing this day is to remember the sacrifices of those police officials in the line of duty.

In 1959, October 21st was a sad day for the Indian police force as 10 CRPF (Central Reserve Police Force) men were killed in an attack by Chinese PLA troops. The attack happened near Ladakh's Hot Springs area, and the police officers lost their lives in the line of duty.

On October 20th, 1959, as the CRPF patrolled the India-Tibet border, three separate units of the 3rd Battalion were sent to independent patrols near the Hot Springs area in Ladakh. The objective was to keep a lookout on the India-China border that lies to the east of Ladakh. Hot Spring in Aksai Chin in Ladakh is situated between 15,000 and 16,000 ft above the sea level on the Indo-Tibet border which was being manned by the Indian Police.

While the other two units returned, one did not. The missing unit contained a porter and two police constables.

To search for the missing unit, CRPF created a new unit led by DCIO Karam Singh. As the unit approached a small hill, Chinese troops started firing. Ten policemen died in the firing, while the Chinese captured seven. A month later, the Chinese soldiers returned the bodies of the martyred Indian police officer.

After this incident, in January 1960, a resolution was passed at the Annual Conference of Inspectors General of Police of States and Union Territories, recognising October 21st as the Police Commemoration Day.

## DID YOU KNOW



Have you ever put an apple into the water and noticed the apple float? Yes, apples float on water. It is because apples are made of 25 percent air!

People say, 'Bless You' when you sneeze because when you sneeze, your heart stops for a millisecond.

The blood of mammals is red, the blood of insects is yellow in colour, and the blood of lobster is blue.

The fastest bird is the Peregrine falcon, clocked at speeds of up to 240 miles per hour.

Hearing is the fastest human sense. A person can recognize a sound in as little as 0.05 seconds.

Dogs can smell at least 100,000 times more than humans.

A human heart beats nearly 115,000 times every day. It is an organ that continuously works throughout the lifespan of an individual and never rests.

According to the Art Loss Register, over a thousand works of Picasso's have been listed as lost, stolen or disputed. They even continue to be

stolen to this day, with a spate of robberies happening between 2010-2012.

With collections and museums dedicated to the artist across the world, Picasso's body of work spans 91 years and over 150,000 different works.

Over a thousand tame sika deer roam the streets of Nara, Japan. Once considered heavenly creatures, the deer are now classified as a national treasure (though some are being culled for destroying plant life), and can be seen bowing to tourists in exchange for crackers that are sold on site.



Pablo Picasso

## SoulSpeak

Dr. P.P. Wangchuk

## The 'good morning' magic



The GMM (Good Morning Musing) that I send to my friends with great care and love pleases me more than my friends. I can feel their good vibes as soon as I dart out my GMM to them. And, that my friends too like/love it was proved when one of them had to go without the GMM for a few days. He was desperate and getting worried that I may not be keeping well. I told him that it was just a 'miss' and not because of any contrived and deliberate reason.

The love and concern shown by this friend is perhaps an indication that all is well with me and my small world that keeps me 'happily vibrating'. My GMM has a few years of history in the sense that I had begun sending it to my son and daughter several years ago. Later, after a year or so, I found myself sending it to a few dearest friends too. The trend continued and the 'circle' began to widen.

A 'good morning wish' is the first thing that one would like to begin the day with. It evokes a sense of belongingness to a bigger world than your own, and that you are not the only person around. It also creates hope, love and an urge to think and act. Great are those who understand this simple act of love and regard that go a long way in shaping and reshaping one's world! Every morning comes up with sunlight and promises that one can unfold and try to do the best use of life.

In the words of US author Sarah Smiley, "Every morning makes us see the unseen, and that far-off beauty and glory, vanquishing all their vagueness, move down upon us."

Yea, every morning has the potential of making your day a masterpiece because there is always a 'morning' within us too that could be lighted up to dispel all kinds of darkness in our lives!

Courtesy: WongWorld

The writer is a New Delhi-based Editor-at-large, columnist and professional speaker.



## Fortnightly News

# In Conversation with Dr. Sunil Kumar, Professor, Surgical Oncology Department, AIIMS

Interviewed by Stanzin Dasal

**Q. What are the early signs and symptoms of Cancer?**

Cancer is a complex and often misunderstood disease, impacting lives across the globe. Early signs of cancer can be elusive, but there are several common symptoms to watch out for. While the symptoms can vary depending on the type and stage of cancer, there are some common signs that should not be ignored. These include the presence of lumps or bumps under the skin that don't subside, unhealed ulcers or wounds that bleed, and bleeding during activities like coughing, vomiting, urination, or defecation. Public awareness regarding the early symptoms of cancer is needed. Additionally, symptoms such as difficulty in swallowing, frequent vomiting, unexplained weight loss, loss of appetite, and jaundice in individuals aged 40-50 can be indicative of cancer. However, it's important to note that these symptoms can also resemble less serious illnesses, and having them does not necessarily mean one has cancer.

**Q. Can specific foods like seabuckthorn and buckwheat in Ladakh have anti-cancer properties?**

It is essential to base claims about the anti-cancer properties of specific foods on valid scientific evidence. As of now, there is insufficient scientific proof to substantiate the idea that foods like seabuckthorn and buckwheat in Ladakh possess elements that can cure cancer. Therefore, making definitive statements about these foods' effectiveness in cancer treatment would not be accurate.

**Q. Though there is no proper data on the number of cancer patients in Ladakh but we often hear that cancer is growing in Ladakh specially stomach cancer cases. Since you have been visiting Ladakh for a medical camp from a very long time, what is your view on it?**

Cancer is a growing concern in Ladakh, and if the current trend continues, it may become one of the leading causes of death in the region. While there is a lack of precise data regarding the number of cancer patients in Ladakh, my observations during medical camps over the past 7-8 years suggests an increase in certain cancer cases, particularly stomach cancer, food pipe cancer, and colorectal cancer. However, it is crucial to note that this observation is not supported by concrete statistical data, making it essential to conduct a comprehensive scientific study to analyze the rate of cancer patients in Ladakh compared to other regions. It is imperative to be aware of the disease, consult a doctor when symptoms appear, and not delay seeking medical attention. Remember that early diagnosis and timely treatment are fundamental for effective cancer management.

**Q. What factors contribute to the rise in stomach and foodpipe cancer in Ladakh?**

A significant factor contributing to the increased incidence of stomach and foodpipe cancer is reflux. Reflux, which should not occur in the stomach or foodpipe, is amplified by dietary habits and lifestyle choices in the region. The eating habits, smoking, and alcohol consumption in

Ladakh collectively raise the risk of reflux, which, in turn, leads to a higher prevalence of these cancers in comparison to other parts of India.

**Q. How important is it for individuals to undergo regular medical check-ups to prevent cancer?**

Early detection of cancer is vital. It's important to remember that cancer can develop silently over several years without any noticeable symptoms. In some cases, cancer may manifest with symptoms that worsen rapidly. This is why it is advisable to consult a doctor without delay if you experience any symptoms that could be indicative of cancer. In many Western countries, regular screening for various types of cancer, such as breast, cervical, and prostate cancers, is performed to detect the disease at an early stage, enabling timely treatment.

**Q. What are the approaches and procedures for the cancer treatment?**

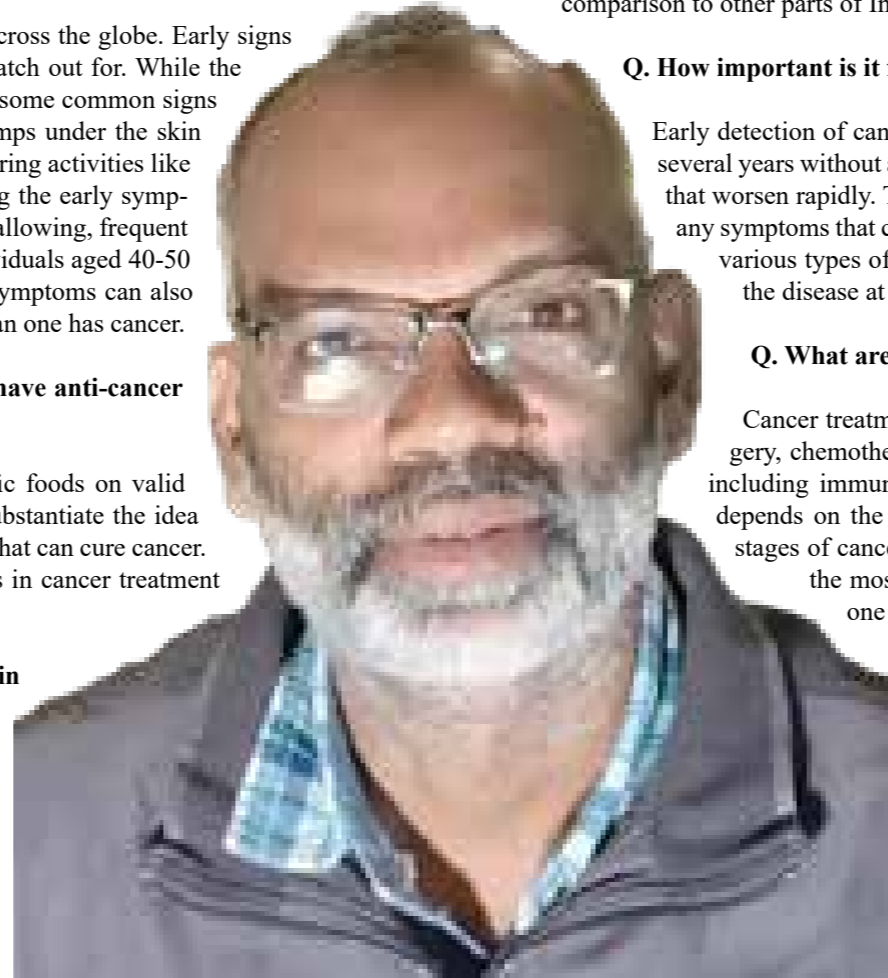
Cancer treatment encompasses several modalities, with the common treatments being surgery, chemotherapy, and radiation therapy. In addition to these, there are other procedures, including immunotherapy, targeted therapy, and hormone therapy. The choice of treatment depends on the specific type and stage of cancer. The primary treatment goal at the early stages of cancer is to eliminate cancer from the body or destroy all cancer cells. Surgery is the most common approach for this purpose. While some patients may require only one treatment modality, such as surgery, others may receive a combination of treatments, such as surgery combined with chemotherapy and/or radiation therapy. In cases where cancer is particularly sensitive to radiation therapy or chemotherapy, such as blood cancer, chemotherapy is the primary treatment option. The choice of treatment is tailored to the specific type and stage of cancer.

**Q. What precautions should cancer patients take?**

It's crucial for cancer patients to understand that the disease can recur even after successful treatment, a phenomenon known as cancer recurrence. Consequently, it is essential for patients to continue regular follow-up visits with their doctors and not discontinue medical appointments, assuming they are entirely cancer-free. After cancer treatment, particularly chemotherapy, a patient's immune system may be compromised for a period, increasing the risk of infections. To mitigate this risk, patients are advised to maintain good hygiene, consume a nutritious diet, and avoid pollution. Regular check-ups are recommended for at least two years following treatment.

**Q. Tell us about the survival chances in Cancer.**

The survival of a cancer patient depends on the stage at which the disease is diagnosed and the prompt initiation of appropriate treatment. In stages 1 and 2, patients have a good chance of leading a normal life after successful treatment. However, in stage 3, the risk of cancer recurrence increases. In stage 4, where the disease has advanced and spread to other parts of the body, survival chances are grim. Early consultation upon noticing symptoms and the need for regular check-ups after cancer treatment are of paramount importance in improving survival rates.



### MESSAGE TO THE READERS

**“ Cancer is a reality in Ladakh and the growing numbers suggest that it might become a leading cause of death in the region. Awareness, early detection, and a proactive approach to cancer are paramount in the fight against this formidable disease. The people of Ladakh, like all communities, must stay vigilant and informed to better their chances in the battle against cancer. ”**

## Fortnight Highlights



Delegates from Mongolia including Boatarchulun, Mayor of Baruunbayon-Uloon Soum village, and Khorolsuren Chultem, Teacher at Baruunbayon-Uloon Soum village, Mongolia met Hill Council, Leh. They discussed extending cultural exchange initiatives and strengthening developmental ties between Ladakh and Mongolia.



LAHDC Leh in collaboration with Ladakh Flying School, Ladakh Aero Sports Association, and Ladakh Paragliding Adventure with the support from a team of volunteers from Space Apples Mumbai jointly organised the first Ladakh Aero Expo Fest, 2023 at Ranbirpur, Leh. Students got the opportunity to learn about drones, airplanes, and other aspects of aviation.



UT Ladakh Junior Girls (Under 17) Football Team participated in the AIFF Nationals at Jodhpur, Rajasthan from 4th-15th October 2023.



107 progressive female farmers from Kargil were sent for an exposure tour to Srinagar, Jammu and Kashmir, to learn best agriculture practices. The tour has been organised by the Agriculture Department Kargil under the centrally sponsored scheme ATMA.



Sanjay Kishan Kaul, Judge, Supreme Court of India and Executive Chairman NALSA inaugurated the Legal Aid Clinic at Tangste. The programme was organised by the District Legal Services Authority, Leh under the aegis of Ladakh Legal Services Authority.



A thirteen days National Integration Tour was organised by Forever in Operations Division under the aegis of Fire and Fire Corps of Indian Army for 25 students of different age groups accompanied by three teachers of Lamdon High School, Padum, Zaskar Valley of Ladakh.



Chairman/CEC, LAHDC Leh, Tashi Gyalsen in presence of Secretary, School Education, Sanjeev Khirwar held an extensive meeting to discuss issues regarding the recent teacher's recruitment process.



Amrit Kalash Yatra program as part of the "Meri Mitti Mera Desh" campaign was held at various panchayat halqa of Skurbuchan Block. Barley/soil was collected from door to door of each Panchayat of block Skurbuchan which was further collected in Amrit Kalash at block Headquarters.



## Fortnightly News

### World's highest international fashion runway held at Umling-la

Reach Ladakh Correspondent

**LEH:** The world's highest motorable road at 190024 ft 'Umling-la' scored another World Record by successfully hosting the World's Highest International Fashion Runway on September 28, under the Vibrant Ladakh Festival, in which international models from 14 nations across the world participated.

The event was organised by UT Ladakh Administration and LAHDC Leh in partnership with Ladakh Art and Entertainment Alliance and supported by the Indian Army and Border Roads Organisation.

With the participation of international models including two Ladakhi models, the Umling-la Fashion Show aimed at symbolizing and promoting the vibrant culture of India espoused in 'Vasudhaiva Kutumbakam' and the highly valued GI tagged Pashmina of Ladakh, all rooted in the promoting sustainable and responsible tourism. The costumes donned by the models introduced the colour palette of the Spring/Summer 2024 and also showcased products made from Pashmina which is produced in the Changthang region.

Chairman/CEC, LAHDC Leh, Tashi Gyalsen applauded the World Record achieved at the height of



190024 ft at Umling-la by the historic participation of brand ambassadors from around 14 nations in the first-of-its-kind Ladakh International Fashion Runway. He extended gratitude to PM Narendra Modi and Home Minister Amit Shah for the decision of the Home Ministry to allow foreign tourists to stay in Hanle, enabling the overnight stay of the models in Hanle as well.

He lauded the spirit of Vasudhaiva Kutumbakam reflected in the participation of the international models, which was further strengthened during the foundation stone laying ceremony for the Buddha Statue. Promoting the 'One Earth, One Family' theme of G20 India, a foundation stone was laid for the construction of Lord Buddha's statue at Umling-la for World Peace, in which the sand brought by the models from their respective countries was also immersed.

CEC Gyalsen also appreciated the exemplary

administrative support extended by the Indian Army and BRO led by Brigadier Gaurav Karki and Colonel Ponung Doming.

Executive Councillor Tashi Namgyal Yakzee lauded the dedicated efforts of the organisers and the empowered women models for successfully conducting the historic World's Highest International Fashion Runway at World's Highest Motorable Road Umling-la in Changthang. He added that such unique initiatives will play a significant role in promoting and strengthening 'Border Tourism', which undoubtedly received a major impetus under the visionary leadership of Prime Minister Narendra Modi.

Being the first international tourists allowed for a night stay in Hanle, the villagers expressing their elation over the landmark decision of the Home Ministry felicitated the models and performed exclusive cultural performances in their honour.

### Health Department Kargil, observes World Mental Health Day

Reach Ladakh Correspondent

**KARGIL:** Health Department Kargil in collaboration with Government Degree College Kargil observed World Mental Health Day theme, 'Mental Health is a Universal Human Right' on October 10 at the college campus. The program aimed to bridge the gap between existing mental health conditions and the awareness around it.

Additional Deputy Commissioner, Kargil, Ghulam Mohi-ud-Din Wani talked about World Mental Health Day and its overall objective of raising awareness of mental health issues around the world and mobilizing efforts in support of mental health.

He said the day provides an opportunity for all stakeholders working on mental health issues to talk



Students of GDC Kargil giving a message to end stigma on World Mental Health Day.

address workplace stress, help adolescents in schools along with the caregivers and families of people living with mental health issues and proactively address stigma and discrimination associated with mental health that creates barriers to access care and treatment.

MS District Hospital Kargil said the day provides an opportunity to talk about mental health in general, addressing issues related to how to break the stigma around it and the importance of speaking out when struggling with a mental health issue.

He said along with the treatment gap, one must

Students of GDC Kargil presented a skit and sang a song regarding mental stress. They presented a message for all to get out of the stigma associated with mental health issues.

MD Psychiatrist, Dr. Tashi Tundup emphasizes the significance of World Mental Health Day. He provided a comprehensive overview of various mental health issues and their associated signs and symptoms. Dr. Tundup stressed the importance of seeking medical assistance when facing mental health challenges and called for the end of stigmatization surrounding mental health.

### Secretary Transport chairs meeting on Rationalisation of Motor Vehicles in Ladakh



Reach Ladakh Correspondent

**LEH:** Meeting on rationalisation of Motor Vehicles in Ladakh was chaired by Amit Sharma, IAS, Secretary Transport, Union Territory of Ladakh on October 6.

A committee had recently been constituted by the UT Administration to examine all the Motor Vehicle proposals from various departments so as to assess the current status and actual requirement of vehicles in the UT of Ladakh.

Secretary Transport Amit Sharma explained the basic objective and rationale behind the constitution of this all-important Com-

mittee under the visionary and dynamic leadership of Lieutenant Governor Brig (Retd) Dr B.D Mishra and Advisor Dr Pawan Kotwal so as to ensure that the transportation resources of the UT of Ladakh can be optimally and rationally utilised.

All the members of the Committee chaired by Transport Secretary Amit Sharma and including Director Accounts and Treasuries Safdar Ali, Deputy Director Planning Tsering Angdus, Deputy Director Garages Dr Namgyal and Under Secretary to LG Vivek Sharma, held detailed deliberations on the

subject and later on briefed Advisor on the decisions arrived-in during this meeting.

The committee will have to initially acquire the data on all existing vehicles under usage in UT Ladakh and then decide on the rationalisation subsequently. Further, Transport Secretary Amit Sharma directed the concerned to seek all the required data on newly purchased vehicles, old vehicles fit for condemnation and data on functional and public utility vehicles in the UT of Ladakh in a time-bound manner.

Amit Sharma said that once the requisite data is received by the Committee, a comprehensive report shall be prepared on the optimal requirement of motor vehicles in the UT of Ladakh and their rational utilisation, especially keep into consideration the tough terrains and severe weather conditions prevailing in the Union Territory of Ladakh.

### Banega Swasth India Campaign: Stanzin Puzang wins 2nd Dettol Hygiene Olympiad



Reach Ladakh Correspondent

**LEH:** 12 years old Stanzin Puzang from Spituk monastery, Ladakh won Dettol Hygiene Olympiad, the biggest Hygiene Olympiad in India under its flagship campaign Dettol Banega Swasth India.

Dettol Hygiene Olympiad 2.0 reached over 30 million children from 28 states and 8 union territories of India. The offline examination was held from September 4 to 15, providing children aged 6 to 16 years an impetus to explore the nexus between hygiene, health, and safeguarding their family. One winner from each state and

union territory was announced and felicitated in Mumbai on October 2. Stanzin Puzang received a cash prize of ₹35,000 and was honoured by Ayushman Khurana and Banega Swasth India Team. His achievement showcases the talent and dedication of Ladakh's youth in promoting hygiene and sanitation awareness.

Aimed at building awareness around the role hygiene plays in the prevention of illnesses among children, this unique initiative offers an interactive platform for children to learn about hygiene and healthy habits. Dettol Hy-

giene Olympiad 2.0 is supported by over 100 partners which include, Plan India, MAMTA HIMC, Gramalaya, Jagran Pehel, AJYS, FICCI ISC, ASSOCHAM Foundation, Apollo Total Health, SARDS, and CARPED, among others.

Jagran Pehel an NGO operating in Leh, Ladakh since 2022 have been actively involved in promoting sanitation and hygiene awareness in the region, with a particular focus on providing training to sanitation workers, educational institutes, and hotels under the world toilet college initiative.

The World Toilet College (WTC) center, situated within the Heart Foundation campus, has been instrumental in delivering comprehensive training to sanitation workers in Ladakh. They also work with educational institutions and hotels, equipping them with essential training, certificates, and safety equipment at no cost to them.

### Civil Aviation dept plans training program on AN-32 Courier Service in Kargil



Reach Ladakh Correspondent

**LEH:** Secretary, Civil Aviation, Ravinder Kumar convened a preparatory meeting on October 13 for a comprehensive one-day training and awareness program on AN-32 Cour-

ier Service in Kargil. During the meeting, it was highlighted that the essential arrangements were being made to initiate the operation of the AN-32

Kargil Courier Service, catering to the needs of the passengers. The Chief Coordinator of the AN-32 Kargil Courier Service focuses on the extensive training of newly appointed Liaison Officers (LO) and Assistant Liaison Officers (ALO) in collaboration with experienced officers, ensuring their optimal performance.

Secretary Civil Aviation directed the Additional Deputy Commissioner, Kargil to conduct training sessions, and he was informed that these training sessions, led by Vibhor Gupta and his team, will be supplemented with

### Leh observes World Mental Health Day

Dr. Tashi Tundup stresses seeking professional help for mental health issues



Participants observing World Mental Health Day in Leh.

Reach Ladakh Correspondent

**LEH:** Health Department, UT Ladakh in collaboration with District Mental Health Programme and Tele-MANAS, UT Ladakh marked World Mental Health Day themed 'Mental health is a universal human right' at Ladakh Heart Foundation, Dambuchan Leh on October 10.

MD Psychiatrist, Dr. Tashi Tundup emphasizes the significance of World Mental Health Day. He provided a comprehensive overview of various mental health issues and their associated signs and symptoms. Dr. Tundup stressed the importance of seeking medical assistance when facing mental health challenges and called for the end of stigmatization surrounding mental health.

A question-and-answer session followed, allowing attendees to engage in an informative discussion. Tele-Manas Coordinator, Diskit also highlighted the importance of men-

tal health and encouraged individuals to call the toll-free number for Tele-Manas (14466) for support and guidance.

Assistant Legal Aid Defence Council, Advocate Phuntsog Stobgail spoke about the rights of individuals dealing with mental health issues under various legal acts, shedding light on the legal framework that protects their rights.

Chief Medical Officer, Dr. Diskit Dolma; State Immunization Officer, Dr. Iqbal Ahmad; District Immunization Officer, Dr. Skarma Diskit; Deputy CMO, Dr. Dolma Chuskit; and General Secretary of the Intervention Meditation Center, Ven Nagasana were present.

Additionally, Tele-Manas staff and students from EJM College Leh joined the occasion, making it a collaborative effort to promote mental health awareness and support in the Leh region.

### ADDC, Leh, reviews district Capex Budget for Education Department



Reach Ladakh Correspondent

**LEH:** Additional District Development Commissioner (ADDC), Leh reviewed the progress of SAMAGRA SHIKSHA ABHIYAAN and District Capex Budget for Education Department, Leh in the DC conference Hall on October 12.

ADDC issued a series of directions to ensure the effective implementation of the SAMAGRA SHIKSHA ABHIYAAN and the timely utilization of funds from the District Capex Budget for the education department.

He emphasized the importance of the SAMAGRA SHIKSHA ABHIYAAN, a flagship program aimed at providing quality education to all students. He urged the Chief Education Officer (CEO) and the Zone Education Officers (ZEOs) to diligently follow up on the Detailed Project Reports (DPR) and Administrative Approvals (AA) to expedite the implementation of this initiative.

Reviewing the District Capex Budget for the Education Department, he directed the ZEOs to closely

monitor ongoing projects in collaboration with the executing agencies, ensuring that these projects are completed before the financial year-end.

It was stressed that the Education Department should make effective use of the allocated budget ceiling for the year. ADC, Leh directed the department to ensure that all available resources are efficiently utilized for the betterment of the educational infrastructure and programs in Leh. Further, the Additional District Development Commissioner instructed the Executive Engineers (Exen) to conduct a thorough review of the Education Department's financial expenditure.

The meeting was attended by; ZEP, Leh; AD, RDD, Leh; Executive Engineer, R&B/Construction, Leh; Executive Engineer, SSD-Khalti/Nyoma/Nubra (Virtually); Block Development Officers; District Education Planning Officer, Leh; Zonal Education Officer/Zonal Education Planning Officers, Leh. Besides, officers stationed at sub-divisions also attended the meeting.

### Expert Talk: Prioritizing Road safety in Ladakh

...Continues from page 4

fatal accidents. The reason behind this achievement lies in meaningful discussions and the invaluable data sharing partnership established with the Border Roads Organization (BRO). The outcome of these collaborative efforts cannot be overstated, as they have resulted in fewer accidents and fewer lives lost on these treacherous roads.

Yet, even in the midst of such positive developments, challenges persist. Ladakh, like many other regions, grapples with reckless and negligent driving by locals, often compounded by inadequate road infrastructure. During the winter season, accidents stemming from vehicles slipping on snowy roads remain a concern. Furthermore, tourists, while contributing to the region's economy, can unknowingly contribute to road safety challenges, given their unfamiliarity with Ladakh's unique road conditions.

One common thread running through these issues is the need for heightened awareness. Despite efforts to educate and inform, there remains a noticeable gap in the public's understanding of traffic rules and road safety. This can be attributed in part to the rapid transition of Ladakh from a district to a Union Territory, leading to the immediate implementation of traffic rules. Such transitions take time, and it is only with the collective commitment of the Ladakhi people that these rules will become ingrained in daily life, resulting in a safer Ladakh.

While significant progress has been made, the need for continued infrastructure development remains apparent. Roads need to be improved, and proper parking facilities must be provided, especially given the registration of approximately 45,000 vehicles. Inadequate road labeling and speeding, particularly on the Leh-Manali route, continue to pose challenges and need to be addressed comprehensively.

To enhance emergency response and aid accident victims, the placement of rescue centers and ambulances in strategic lo-

cations is vital. While efforts have been made to advocate for these measures, their full implementation has not yet been realized. The establishment of highway petrol stations, designed specifically for accident emergencies, serves as a step in the right direction.

Another concern that has surfaced over the past two years is drunk driving, primarily within city limits. Hit and run cases, often involving younger individuals but occasionally middle-aged individuals as well, have become more prevalent. In such cases where the accused and victim cannot be identified, it is categorized as a hit and run incident. However, the resolve to solve these cases has been remarkable, with more than 50% of them resolved thanks to human intelligence. The Ladakh police are actively working to address this issue through the implementation of a CCTV network, which will be particularly valuable in areas like Leh, where surveillance is less established.

Nevertheless, the responsibility for installing CCTV cameras should not solely rest on the police. Every citizen, including shopkeepers and residents, should take an active role in enhancing security. The severity of penalties for those found guilty will be determined based on the extent of the injury inflicted.

Solution

Enhance community awareness, stricter law enforcement, and continual investment in infrastructure and technology.

Automatic Challan/Fine system will be implemented to issue fines for over-speeding and violations through technology.

These measures will only bear fruit when coupled with collective responsibility. If Ladakhis, along with all those who traverse its breathtaking terrain, join hands in embracing road safety, Ladakh will undoubtedly serve as a shining example for the rest of the country. Together, we can ensure that Ladakh's roads are not only a gateway to adventure but also a promise of a safe journey for everyone.

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# Fortnightly News

## National Wildlife Week: Bird watching program held in Zaskar



Reach Ladakh Correspondent

**ZANSKAR:** Marking National Wildlife Week, bird watching program was organised by Zaskar Forest Range, Kargil Forest Division on October 8.

The event was held at Sunny Lake and Stakingmo Zaskar, where many species of birds were witnessed by the students of Government High School

Tungri. Dr Abid Hussain, Assistant Professor Govt. Model Degree College Zaskar briefed about the species of birds with common name, scientific name and their habitat. More than 15 students from Govt. High School Tungri, Zaskar along with incharge teacher and

officials from Zaskar Forest Range participated in the event.

The event concluded at Forest Range Office Padum, where prizes and certificates were distributed among the meritorious students by the chief guest Dr Abid Hussain and guest of honour Stanzin Topgyal (teacher).

The Range Officer Zaskar highlighted the contribution of WWF for providing posters, handbooks and coaster of birds and animal of Ladakh among the students.

## Zaskar Festival-2023: Singing, music, paper presentation, poetry symposium held



Reach Ladakh Correspondent

**ZANSKAR:** Ladakh Academy of Art Culture and Languages in collaboration with Government Model Degree College, Zaskar organised a day-long children singing and music competition on October 12.

Dr Abid Hussain officiating principal welcomed the guest and students. SDM Zaskar, Sonam Dorjay who was the chief guest on the occasion also addressed the occasion.

The event also comprised poetry symposium and paper presentation. More than seventy students from different schools of Zaskar Sub Division participated in the event.

tant Director Tourism Kargil, Syed Toha and other Sub Divisional officers were also present on the occasion.

Schools that took part in the event included Higher Secondary Padum and Phey, Duzin Photang School, SECPAD School, Lamdon Model High School, Jamyangling Model School, High School Karsha, Zangla, Eicher, and Marpaling Middle School. Additionally, students from Government Degree College Zaskar participated in the competitions.

In the painting competition, Stanzin Lakdan from Duzin Photang School secured the first position, while Tsering Dolma from GMDC Zaskar and Stan-

zin Spalbar from Government High School Zangla were awarded the second and third positions, respectively.

Likewise, in the music competition, Stanzin Konchok from Lamdon Model High School Ufti secured the third position, while Tashi Chuskit from Duzin Photang School claimed the second position.

The first position was jointly shared by Stanzin Tantar of Government High school Karsha and Thinlay Namgyal CERPAD School. The event also featured a literary session where numerous poets from Zaskar Sub Division presented their literary compositions. Additionally, over five scholars presented papers on various subjects, including social, cultural, historical, and other aspects of Zaskar.

The event concluded with the distribution of prizes and certificates to the victorious students who participated in the competition.

## Booklet on culturing techniques of newly discovered mushroom 'Kargil Dingrii' launched

Reach Ladakh Correspondent

**DRASS:** Department of Botany, University of Jammu launched a booklet on the culturing techniques of newly discovered mushroom, Kargil Dingrii, at Government Degree College Drass on October 9.

Professor Yash Pal Sharma, Dept. of Botany, University of Jammu organised an awareness campaign on "Mushrooms for Nutrition, Health and Well-being" at GDC Drass under the project National Mission on Himalayan Studies (NMHS). A booklet dealing with the culturing techniques, crop management, and conservation of Kargil Dingrii, a newly discovered mushroom from the Drass was also released at the event.

National Mission on Himalayan Studies is a Central Sector Grant-in-aid scheme, targets to provide

much-needed focus, through a holistic understanding of the system's components and their linkages, in addressing the key issues relating to the conservation and sustainable management of natural resources in the Indian Himalayan Region (IHR). As the Mission specifically targets the Indian Himalayan Region (IHR), the jurisdiction of NMHS includes 11 Himalayan states (i.e., Arunachal Pradesh, Himachal Pradesh, Jammu & Kashmir, UT Ladakh, Manipur, Meghalaya, Mizoram, Nagaland, Sikkim, Tripura and Uttarakhand) and two states partially (i.e., hill districts of Assam and West Bengal).

Principal, GDC Drass, Dr Amjad Ali Abbasi provided a brief introduction of the guest speakers and also briefed the college students about the purpose of



Launching of the booklet on the culturing techniques of the newly discovered mushroom, Kargil Dingrii, at Government Degree College Drass.

the event.

The guest speaker, Professor Yash Pal Sharma, started with a brief introduction of the NMHS Project, and how he and his team worked with the project to explore the mushrooms of the Drass and Kargil region. It was after the immense labour work put into play that several new species of mushrooms were discovered from the mentioned regions, the

speaker said.

One among the newly discovered mushrooms was Shentelii, a purely endemic species to the Drass region. It has been named as the mushroom of Tiger Hill, Drass Dingrii, and Kargil Dingrii based on the locality where it was discovered.

Furthermore, the speaker demonstrated how the Shentelii was identified using Mycobank, Gene-

banks, and how it can be cultured in the laboratory. He also discussed at length how this mushroom can be grown in the field using the agri-wastes and litter from which a Shentelii cultivating unit can easily be set up.

The other newly found edible and non-edible mushrooms by Professor Sharma such as Lactarius Drassinus, Amanita hemiphaba, Auricularia auricula, Ophiocordium sinensis, Termitis mushrooms, Kandi mushrooms, etc. from UT Ladakh and Baderwah, Jammu were also showcased to the audience, comprising of both students and faculty of the college.

Prof. Harish Chander Dutt spoke about the expedition to UT Ladakh to explore its biodiversity. He also brought into the limelight the importance of ethnobotany and preservation of the traditional knowledge.

## District level FLN TLM mela in Leh



Reach Ladakh Correspondent

**LEH:** District Institute of Education & Training, Leh organised a District-level FLN TLM Mela 2023 as part of the NIPUN Bharat Mission at Eco Park, main market Leh on October 5. This event witnessed participation from the top ten schools representing all zones of Leh District.

their daily classroom activities to enhance learning outcomes.

Deputy Commissioner Leh, Santosh Sukhadeve visited all the stalls, motivating the participants to integrate such creative tools into their teaching methods.

CEO Leh, S D Namgail Govt Primary School Igoo Lankor secured the first position, while Council Model School Alchi secured the second position and Govt High School Korzok Puga secured the third position.

Certificates and trophies were distributed to the deserving winners.

## Delegation of general line teacher aspirants meets L-G

Reach Ladakh Correspondent

**LEH:** A delegation comprising BEd and CTET holders aspiring for general line teacher posts led by Rigzin Dolma met Lieutenant Governor of Ladakh, Brigadier (Dr) BD Mishra (Retd), at Raj Niwas on October 13.

MP Ladakh, Jamyang Tsering Namgyal; Principal Secretary, Sanjiv Khirwar and Director, Department of School Education, Tsering Paldan were present in the meeting.

Rigzin Dolma informed L-G that candidates who hold BEd and CTET certificates were looking forward to appearing in the written exam for the post of Teacher, Science Teacher (Science/Math), Language Teacher (Bhoti), Language Teacher (Urdu), Language Teacher (Hindi), Special Education Teacher, but the said exam scheduled to be held on October 15 has been postponed.

Principal Secretary, Sanjiv Khirwar apprised the LG that candidates must have BEd and CTET passing certificates (both Paper 1 and 2) as per the guidelines of the Government of India and they should also hold graduation degrees to become eligible for the posts of the general line teachers advertised by DSSRB Leh. He informed that CTET exams are held twice a year and the candidates who clear both Paper 1 and 2 can appear in a written examination for general line teachers. He also apprised the LG that more posts of teachers will be created in the future.

LG said that there is no requirement for any change in the recruitment rules and asked the concerned officials to conduct the written examination as per the existing recruitment rules.

He also stated that the Administration will make decisions keeping the benefit of students in mind.

## Commissioner/Secretary reviews status of ongoing developmental works in Kargil

Reach Ladakh Correspondent

**KARGIL:** Commissioner, Tourism, Culture, Labour and Employment, UT Ladakh, Kacho Mehboob Ali Khan reviewed the progress of ongoing works, both physical and financial, of various departments at the Tourism Development Authority Office, Kargil on October 13.

Assistant Labour Commissioner/Secretary, Tourism, Culture, Labour and Employment, Kargil; Senior Librarian, District Library, Kargil besides other concerned officers were present during the meeting.

The Commissioner/Secretary sought details regarding the status of ongoing and new works and expenditures under the State sector and SDP as of September 30, 2023. He also reviewed the performance of departments during the period from April to September 2023.

He instructed the officials from the Labour Department to conduct a thorough review of both the expenditure and the progress of ongoing projects. He emphasized the need to expedite the booking

of payments against work done so that the released funds are spent expeditiously.

The Commissioner/Secretary emphasized the importance of expediting the process of recording expenditures in line with the physical accomplishments achieved thus far.

He directed the concerned officers to provide facilities in the district and sub-district libraries, which are functional as of date. He emphasized that the ongoing work on the district library building be completed at the earliest without compromising the quality & quantity as per the DPR.

Comprehensive discussion and deliberation took place concerning the ongoing works and booking of payment of verified work done bills. Commissioner/Secretary directed the concerned officials to ensure that all expenses and billing status are submitted by the end of October 2023.

Earlier, the Commissioner/Secretary chaired a meeting to discuss ongoing works under SDP and the

## 2nd phase of Reinforced Teacher Training program concludes



During the conclusion of the second phase of the Reinforced Teacher Training (RTT) program.

Reach Ladakh Correspondent

**LEH:** The second phase of the Reinforced Teacher Training (RTT) program, conducted under the aegis of LAHDC Leh, successfully concluded on October 13 at DIET Leh.

The comprehensive program commenced in March 2022 and is aimed at enhancing the skills of English Language Teachers in the Leh district and is being implemented by Golden Miles Learning.

Principal, DIET Leh, Chetan Dorjey emphasized the importance of English Language Teachers incorporating the lessons

learned from the Golden Miles RTT Program into their respective schools. It was informed that the next phase will kick off in March 2024, furthering the development of English language education in the district.

In addition to the RTT program, a Golden Mile Mentorship Program for a select cohort of teachers is set to commence on October 30 at DIET Leh. This initiative aims to provide ongoing support and guidance to educators, ensuring the continued improvement of English language teaching in the region.

## Kargil CJM finds man guilty in 2016 road accident case

Reach Ladakh Correspondent

**KARGIL:** The Court of Chief Judicial Magistrate, Kargil, Ladakh presided over by Fariqa Nazir on October 13 convicted a man Manzoor Ahmad Dar in a road accident case in 2016.

After hearing the Public Prosecutor Tsering Phuntsog and defense counsel, the court said that the accused had been found guilty.

The accused has been sentenced to undergo simple imprisonment for a period of one year for a commis-

sion of offense U/S 304-A RPC. The accused is also sentenced to payment of a fine to the tune of Rs 30,000 U/S 304-A which shall be paid to the family of the deceased.

The accused is further sentenced to undergo imprisonment for a period of one month for the commission of offense U/S 279 and 337 RPC. Both the sentences shall run concurrently. The accused is also sentenced to the payment of a fine to the tune of Rs 1000/- for the commission of offences under sections 39/192, 56/196, 146/196 MV Act.

### NOTICE



Whereas Lobzang Takdan S/o Stanzin Phunchok R/o Lungnak Tangzey Tehsil Zaskar, District Leh Kargil UT Ladakh had claimed that his name is wrongly been recorded as Lobzang Takdan in his MA marks card and Degree certificate duly issued by Central Institute of Buddhist Studies under Enrolment no. CIBS1704504.

An Affidavit duly attested by Notary Public is produced to this Office for making necessary correction in the MA marks card and Degree certificate.

Hence, notice is hereby served through press to file objection if any in this regard to Central Institute of Buddhist Studies, Leh-Ladakh office within 7 days from the date of issue of this notice.

**E-AUCTION / SALE NOTICE**

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S. No.	Particulars	Lot Size	Lot Price	Lot No.
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2	100 Shares of Rs. 100/- each	100	10000.00	2
3	100 Shares of Rs. 100/- each	100	10000.00	3
4	100 Shares of Rs. 100/- each	100	10000.00	4
5	100 Shares of Rs. 100/- each	100	10000.00	5
6	100 Shares of Rs. 100/- each	100	10000.00	6
7	100 Shares of Rs. 100/- each	100	10000.00	7
8	100 Shares of Rs. 100/- each	100	10000.00	8
9	100 Shares of Rs. 100/- each	100	10000.00	9
10	100 Shares of Rs. 100/- each	100	10000.00	10

Auction will be held on 14/10/2023 at 11:00 AM at the office of the Auctioneer, Leh.

**NOTICE**

**I, Rigzen Dolkar D/o Tashi Dorjay & Tsering Disket R/o Hemis Shukpachan, UT Ladakh lost her class 10th Diploma Certificate duly issued by The Jammu and Kashmir Board of School Education through Govt. High School, Hemis Shukpachan, Leh under Roll no. 961121 with Registration No. 00N-JRF-950677. Now I have to apply for issuance of duplicate Diploma Certificate. Objection if any may be sent to the Jammu and Kashmir State Board of School Education Jammu/ Leh within 7 days from date of publication of this notice.**



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