

རིམ་ལ་དྲུག་མ་གསལ་ལྟར་འགྲུབ།



May 16-31, 2023

REACH LADAKH BULLETIN

In Conversation with

Dr. Stanzin Angmo, All India Institute of Ayurveda Internal Medicines

Fortnightly Special

Status of Govt. schools in Leh



Find us on FACEBOOK: Reach Ladakh



ReachLadakhBulletin

Visit our website: www.reachladakh.com

JK Security Solutions

We deal in all brands of CCTV, Fire extinguisher, Biometrics, Intercom, PA systems, Projectors, Fire alarms, Vehicle trackers, School bus cameras and Automatic school bell. We also refill fire extinguishers.

OUR GOAL IS TO DELIVER THE BEST SERVICE AND PRICES

Shop no. 30, First floor, Taru Namgyal complex, Leh Contact: 9622968086 or 9419304234

Email: jkcommunicationleh@gmail.com

DISCLAIMER

Reach Ladakh does not take responsibility for the contents of the Advertisements Display/classified published in this newspaper. The paper does not endorse the same. Readers are requested to verify the contents on their own before acting there upon.

SUBSCRIBE NOW

You Tube CHANNEL

Subscribe to our You Tube Channel 'Reach Ladakh' to get all the latest updates from Ladakh and don't forget to click the notification bell

REACH LADAKH Experience the Richness

Correction and clarification

It is the policy of 'Reach Ladakh Bulletin' to correct significant errors as soon as possible. Please specify the edition, date, news item or the article.

You can contact at 9858394403 or email at editor@reachladakh.com.

All communication must carry the full postal address and telephone numbers

REACH LADAKH BULLETIN

Owner, Publisher & Printer: Tundup Dorjey

Editor: Stanzin Dasal

Reporter: Deachen Spaldon Yangchen Dolma

Sales & Marketing: Tsering Morup

Designer: Dhondup Tashi

Published at: Reach Ladakh, Skara Yokma, Airport Road, near Councillor Quarter Contact: 9858394403

Printed at: Ala Printing Press 3636 Katra Dina Baig Lal Quan Delhi -110006

Concern over feral dog-bite cases in Leh

Feral dogs are also causing loss of livestock as well as wildlife



Free-ranging dogs in Leh's main market. (Photo courtesy: Narendra Patil source Down to Earth)

Stanzin Dasal

LEH: Dog bite cases are increasing in Leh where a total of 771 cases, including 167 in January, 210 in February, 183 in March and 211 in April months have been recorded at SNM hospital.

In the year 2022, 1,380 cases were recorded from April to December..

On March 25, 2023, a 79-years old woman was mauled to death by stray dogs in the Rantaksha village of Zanskar. Officials identified the deceased as Tsering Kunzes who was living alone in her house. Residents of the village said that feral dogs attacked the woman between 7 to 8 am and killed her near her house. Such a horrific case is not reported in Ladakh for the first time; in 2014, 9 years old girl was eaten by stray dogs in Spituk village and in December a woman in her 30s was brutally killed by a pack of dogs in Saspol village. In 2015, a 48-year-old woman was badly injured on the 30th of July morning after she was attacked by a group of stray dogs at Tukcha. In 2017, another woman was killed by dogs in Nyoma. Similarly, reg-

istered dog bite cases in Leh district have only been growing up. In all the cases, women were the victims and the death of three women and a child in such attacks is shocking and tragic.

The rising stray dog menace and such fatal incidents have become a nightmare among the residents creating panic and fear to move around freely.

A resident of Choglamsar, Dorjey Daya said, "Stray dog menace is a huge issue and out of control in Ladakh now. The street near my house is full of stray dogs. They constantly bite people visiting our home and my children can't go out freely due to fear of dog attacks. Moreover, during night time they howl, bark, and make noises, we can't sleep properly and also make places nearby dirty and unhygienic."

The problem of dogs growing wild and

...Continues on page 2

Ladakh Travel Trade Alliance, religious organisations ban non-local investment in Ladakh



Heads of religious organisations and Ladakh Travel Trade Alliance addressing the media.

Deachen Spaldon

LEH: Stressing the demand for constitutional safeguard under the 6th schedule for Ladakh, all religious organizations and Ladakh Travel Trade Alliance called for a ban on non-local investment in the tourism businesses of Ladakh.

This was stated during a joint press conference on May 9 at Hotel Zen Ladakh.

On 10 March 2022, Ladakh Travel Trade Alliance including, All Ladakh Guest House and Hotel Association, All Ladakh Tour Operator Association, Bikers Union, Tempo, and Taxi Unions resolved to protect the tourism business for the Residents of Ladakh. Around 20 properties leased to non-residents of Ladakh were blacklisted. So far a total of four resolutions to stop outside investment were passed by the stakeholders.

Stating tourism as one of the primary sources of income for the people of Ladakh, Thupstan Chhewang, President, LBA said, "People of Ladakh have been de-

pendent on tourism businesses directly or indirectly for a very long time. For many the sector is the only source of livelihood. Thus, it becomes of utmost importance to keep the sector safe for the people of Ladakh only, by banning the non-local investors".

"With this decision, those who already have investors involved in their businesses must stop by in the next two months", LBA President added.

The stakeholders also highlighted the incident of a nonlocal who allegedly claims a disputed land in Leh. LBA said that despite having a stay order on the land by the High Court, the man went back there and got involved in an argument with the caretaker.

"Apart from this, many more cases and similar incidents can be there and go unnoticed. Until and unless the law isn't in

...Continues on page 2

Overland Escape

Adventure With Care for Nature...

WE'VE GOT A NEW LOOK, FULL OF EXCITING FEATURES AND SOLUTIONS TO MEET ALL YOUR NEEDS

www.overlandescape.com

<https://www.overlandescape.com/>

FILGHT

TAXI

HOLIDAY PACKAGES

SHORT ACTIVITIES

HOTELS

Overland Escape Adventure With Care for Nature...

Home Company Destination Guides Contact Us Pay Online My Account

Flight Cab Holiday Packages Short Activities Hotels

Search Holiday Packages

Type a Destination Number of days Select Month Explore

Fortnightly News

'Project Trees for Life' to be held in Lardho-Liktse on May 17-18

Reach Ladakh Correspondent

LEH: Review meeting to oversee the progress and preparations ahead of the mega plantation drive scheduled to be held in Lardho-Liktse was chaired by CEC, Tashi Gyalsong on May 11.

The mega plantation drive, known as "Project Trees for Life," is being carried out under the guidance of H.E. Khamtak Rinpoche, Jigmet Nawang Namgial. This initiative aims to overcome environmental challenges and promote a greener earth. This mass plantation drive will witness the

participation of various esteemed delegates spiritual leaders, and volunteers from different regions of Ladakh and outside Ladakh as well.

The departmental heads provided an update on the developmental progress at the plantation site thus far. Various issues were also discussed, and CEC Gyalsong directed all officers to promptly address and resolve these issues. He further instructed them to ensure the provision of all necessary facilities, including health, sanitation, drinking water, secu-

urity, and electricity, at all the designated plantation sites.

The meeting was attended by Councillor Kungyam Thinles Nurboo; ADC Leh, Sonam Chosjor; SE R&B Leh, Nissar Ahmed; CMO Leh, Dr. Nurzin Angmo; Dy SP (HQ) Ladakh Police Leh, Regzin Sangdup; Xen PDD Leh, Xen REW, AEE I&F&C and PHE Division, representatives from RDD, and the committee members of Project Trees for Life. SDM Nyoma, Jigmet Wangchuk, and Xen SSD Nyoma attended the meeting virtually.

L-G Mishra meets Union Minister Giriraj Singh at Raj Niwas

Reach Ladakh Correspondent

LEH: Lieutenant Governor of Ladakh, Brigadier (Dr) BD Mishra (Retd) accorded a warm welcome to Union Minister for Rural Development and Panchayati Raj, Giriraj Singh at Raj Niwas on May 11.



Lieutenant Governor of Ladakh, Brigadier (Dr) BD Mishra (Retd) welcoming Union Minister for Rural Development and Panchayati Raj, Giriraj Singh at Raj Niwas.

The minister concluded his tour of Changthang. He visited border villages along the Line of Actual Control (LAC) as part of the Central Government's 'Vibrant Villages Programme'.

Union Minister Giriraj Singh informed LG about his visit to Tarchit Phoo, Hemya, Kungyam, Shara, and Chuchot Shamma, where he was involved in several activities such as the inauguration of the PGMSY Roads at Tarchit Phoo and Kungyam Dho villages, the inauguration of Amrit Sarovar Tank at Shara, inauguration of Block Development Office and Chairman Block Development Council Office at Thiksay, interaction with villagers, Panchayati Raj Institution (PRI) members,

members of Self-Help Groups (SHGs), etc.

During his tour, Union Minister reviewed projects and various schemes of Rural Development, National Rural Livelihood Mission, Watershed Development and SVAMITVA along with plans comprising Agriculture, Horticulture, Animal and Sheep Husbandry, non-farm allied activities with MRLM for the uplifting of the economic households, especially women, with active support from banks.

He informed LG about the need

for the completion of the SVAMITVA scheme on a fast-track basis and the need for effective implementation of the NRLM scheme in rural villages of Ladakh for the benefit of SHGs and women engaged for livelihood opportunities and to make villages self-sustainable to avoid migration of people from the border area villages.

The Minister discussed several other development projects/activities with LG. His suggestions and recommendations were taken due note of for implementation.

Concern over feral dog-bite cases in Leh

...Continues from page 1

attacking is seen more in winter months because of the lack of food. In summer all the restaurants, hotels, guest houses, and small eateries are opened up and the production of food waste also increases. The stray dogs are well-fed. In winter, a maximum of the hotels and restaurants are closed and the dogs don't get the requisite amount of food to eat, thus, attacking humans and livestock.

In April 2023, The High Court of J&K and Ladakh issued notice to the Union Territory (UT) of Ladakh on a Public Interest Litigation (PIL) over dog menace. Taking suo moto cognizance of certain facts brought to the notice of the Chief Justice over spiraling dog bite cases in Ladakh, the High Court has initiated the PIL and directed the administration for filing a response within two weeks.

Meeting with all stakeholders to discuss and develop means and measures for tackling the menace caused by stray dogs including threats to life has been carried out often. Sterilization- stabilizing the birth which is said to be one of the best solutions is being carried out in Leh for a very long time.

Under the Animal Birth Control Program of the Department viz vaccination, sterilization, a total of 22, 145 stray dogs have been sterilized by the Department since 2013.

Dr. Mohd. Iqbal, Chief Animal Husbandry Office informed that from 2015 till recently, around 16,621 dogs have been sterilized. He said that in coming years with the swift work, more numbers will be added to it.

Talking about an action plan, Dr. Iqbal said, "We have been involved in a program called Mission Mode wherein speedy sterilizations of the dogs have been done. We had two teams last year and significant work has been done by them for this purpose. The total population of dogs is around 25000 approx, considering this total of 10 teams will be organized as per budget, for expeditious work in this regard. This team will work in different blocks of Ladakh to prevent the dumping of dogs in the cities and yet if there are cases as such, these dogs will be properly sterilized."

"Decline in numbers will be noticed in the next 3-4 years after sterilization", he added.

A resident from Skampari, Tsering Dolker said, "The population of the dog seems to be increased a lot. In Skampari, there are more than 10 dogs in each street. I don't see any changes in the dog population and results of sterilization".

"It is so scary to walk alone because the dogs attack anytime. These dogs are posing a threat to commuters mostly during the night time", she added.

Dr. Ishey Namgyal, President, Municipal Committee, Leh said, "For sterilization good and efficient resources are essential. There are two breeding seasons for dogs, and in between these two periods, 60-70 % of them must be sterilized. If that happens, the impact will be seen on the ground. Secondly, we talk about the vanishing of dogs after sterilization which is not possible because a dog's life span is 13-15 years, so even after sterilization, the population will only be seen less after some time. The success of the story lies when you don't notice many pups at a place."

Not just humans the feral dogs are also causing uncountable loss to livestock as well as wildlife. They are killing birds like black-necked cranes, destroying their nests, eggs, and hatchlings, and even seen attacking Himalayan Ibex, brown bears and snow leopards. Stray dogs are becoming one of the growing concerns and it seems the administration has been fighting this war for a very long time now but, sadly, with no good results.

The introspection and re-evaluation also become necessary to see the outcome of the work done so far- strategies and new planning if it's unsuccessful. The solution to the problems will be effective if society equally cooperates and do its bit. Managing food waste properly becomes very critical to address the feral dog problem because feeding food everywhere also becomes problematic. Adopting stray dogs, informing departments about dogs who are not sterilized, adequate awareness, and preventing the dumping of dogs from one place to another are some of the responsibilities which every individual can take.

Ladakh Monlam Chenmo: MP launches 'Seva for Sangha' camp

Deachen Spaldon

LEH: Five days long 29th Ladakh Monlam Chenmo began at Dharma Centre Choglamsar, Leh on May 11. Monks and nuns from different monasteries of Ladakh congregated for the annual prayer.

The prayer is organized by Ladakh Gompa Association with the sole motive to pray for the survival and spreading of the Dharma in the minds of all sentient beings, world peace, and harmony.

It began as a 3-day festival but in 1992, the celebrations started to be held for 5 days.

This year along with the prayer, a 5-day 'Seva for Sangha' camp initiated by MP Ladakh Jamyang Tsering Namgyal was also launched. His Eminence Togdan Rinpoche inaugurated the camp, which focuses on the 21 various government schemes that could be availed of by the monks and nuns. His Eminence Thiksay Rinpoche while visiting these camps expressed his gratitude to MP Ladakh for this initiative.

'Along with various schemes, health benefits can be also availed by monks and nuns at this camp. This will be especially beneficial for the monks and nuns who are



MP Ladakh addressing the media during the launch of Seva for Sangha camp.

from far villages of Ladakh." Thiksay Rinpoche added.

Talking about the camp, MP Jamyang Tsering Namgyal said that along with the annual Monlam Chenmo prayer, 5 day Seva for Sangha camp has been organized specially for the Sangha community.

Further, he shared that the banks operating the district will provide their services and promote the schemes of PM Jeevan Jyoti Bima Yojana, PM Suraksha Bima Yojana, PM Jan Dhan Yojana and Atal Pension Yojana.

President, Ladakh Gompa Association, Acharya Stanzin Wangtak mentioned that due to long distances or lack of awareness various members of the Sangha community have not been able to avail benefits of government

schemes. He further added that after a brief discussion with MP Ladakh, the decision to set up the camp was done. The benefits provided here can be availed by monks and nuns from places as far as Zankar who have come for the annual prayer in Leh.

At the camp, ITBP is providing free medical aid and they have also provided other required paraphernalia like tents for the smooth conduct of the camp while CIBS has assigned teachers to assist the beneficiaries. Around 20 schemes, including Golden Card, UDID, Disability Pension, Old Age Pension, Health ID, Aadhar enrolment and updation, Pension for Women in Destitute, Ration Card, PM Awas Yojana Gramin, PAN Card, Medical Camps, and Health awareness would be provided by the different concerned departments.

Leh celebrates 2567th Buddha Jayanti



Stanzin Dasal

LEH: The 2567th Buddha Jayanti was celebrated with great religious fervor on May 5 at pologround Leh. The event was organised by Ladakh Buddhist Association. Religious procession "Bhumskor" was carried from Chowkhong Vihara past Namgyal Tsemo and culminated at Polo ground. Different schools exhibited the twelve principle deeds of Lord Buddha.

Buddha Jayanti falls on the full moon day, the 15th of the Fourth month of the Tibetan Buddhist calendar which is known as the Saga dawa dus chen and is the most auspicious day for the entire Buddhist community. The day celebrates Buddha Shakyamuni's birth, enlightenment, and parinirvana. Buddha was born in Lumbini and attained enlightenment under the Bodhi tree in Bodh Gaya. He preached his first sermon or turned the wheel of Dharma in Deer Park, Benaras (Sarnath).

Lieutenant Governor of Ladakh,

Brigadier (Dr) BD Mishra (Retd) wished the people of Ladakh on the auspicious occasion.

Talking about the life of Lord Buddha, he said that the Lord Buddha renounced everything in search of enlightenment and the benefit of all sentient beings. He expressed his happiness over seeing people grandly celebrating Buddha Purnima. LG stated that the teachings of Lord Buddha, particularly the Four Noble Truths and the Noble Eightfold Path, are still relevant today and continue to appeal to people across the globe.

Highlighting the vision of the Prime Minister of India, Narendra Modi, to preserve, protect and propagate the rich culture, languages, heritage, and traditions, he advised the youth to follow Lord Buddha's teachings and perform good deeds to become good citizens of India.

L-G also informed about his plan to expedite developmental activi-

ties in Ladakh along with ensuring a good future for the youth from the region. He stated that his objective is to make Ladakh the top Union Territory of India and to make Ladakh a 'Corruption and Delay-Free' UT.

During the celebration, Skyangchag Loskul Tsogspa and Tsewang Nurboo Vivek from Dhamma House Stok were felicitated by LBA for their invaluable contributions towards Buddhism and the Ladakhi society.

His Eminence Thuksey Rinpoche said that the development and promotion of Buddhism in Ladakh lies upon every individual. His Eminence stressed staying united and living in harmony.

During the celebration, monks of Chemday monastery performed a mask dance.

President LBA, Thupstun Chhe-wang greeted everyone and spoke about the teachings of Lord Buddha and the importance of Buddha Jayanti.

Addressing the L-G, Thupstun Chhe-wang said, "We Ladakhi have high expectations and faith in you and we hope that under your able leadership, the aspirations of the people of Ladakh will be well taken care of."

Venerable Dr. Dhammapiya, Secretary General of the International Buddhist Confederation (IBC), Tsultim Gyatso, Sonam Chosdol, and a student of Islamia school also spoke on the occasion.

A spectacular cultural program and skit by the students of different schools were also showcased.

Ladakh Travel Trade Alliance, religious organisations ban non-local investment in Ladakh

...Continues from page 1

our favor more such cases will come in the coming days. Thus, safeguarding our region is of utmost importance and the people of Ladakh should stand united for this demand" he added.

PT Kunzang, President, Ladakh Travel Trade Alliance said, "Amid development in various sectors, locals can avail of benefits to promote their busi-

ness, and there is no need for outside investors. Tourism business should be in the hands of Ladakhi's only to secure their livelihood."

Thupstun Chhe-wang reiterated the importance of the 6th schedule in this context. He said that the land, jobs, and business will only be safe if Ladakh gets the 6th schedule.

Workshop on implementation of Mission Organic Development Initiative scheme held

Emphasis on balancing economic growth and environment protection



During the workshop-cum-brainstorming session on Mission Organic Development Initiative (MODI).

Reach Ladakh Correspondent

LEH: A day-long workshop-cum-brainstorming session to review the progress and status of the Mission Organic Development Initiative (MODI) was organised by the Department of Agriculture and Horticulture, LAHDC Leh on May 6 at the DC Office conference hall. The meeting was chaired by Chairman/CEC, LAHDC Leh, Tashi Gyalson.

EC Agriculture, Stanzin Choshphel informed that the workshop aimed to provide a platform for open and constructive dialogue among the stakeholders, creating an opportunity to collaborate and work towards the common goal of making Ladakh a certified organic UT. He also informed that the workshop was a follow-up session to strengthen the organic farming/sustainable agriculture system that excludes the use of synthetic inputs in farming and relies on on-farm inputs such as crop residues, farmyard manure, enriched composts, vermicompost, etc., for nutrient management of crops.

The participants from various research institutes including DIHAR-DRDO, SKUAST-K, LEHO, GB PANT, LEDeG, TATA Trust, NABARD, etc., shared their valuable insights on the Mission Organic Development Initiative (MODI) in

Ladakh. They presented their research findings and experiences in the field of agriculture and its allied sectors, focusing on sustainable practices and organic farming.

Head of departments also shared their progress on various projects which have been executed in line with the implementation of the MODI scheme in Ladakh and discussed the challenges faced and the potential opportunities that can be explored for the growth of the agriculture sector in the region.

CEC Tashi Gyalson appreciated the contribution from the stakeholders and urged them to work inclusively to achieve the vision together. He highlighted the importance of promoting sustainable agriculture practices and creating a balance between economic growth and environmental protection. Emphasized was made on the need to adopt eco-friendly farming techniques and conserve natural resources to achieve sustainable agricultural practices in Ladakh.

CEC Gyalson also suggested creating a platform for regular interactions among the stakeholders to exchange knowledge, experiences, and best practices to promote sustainable agriculture practices in Ladakh. He assured the stakeholders that

the LAHDC Leh will provide all necessary support to promote sustainable agriculture practices and create a conducive environment for the growth of the agriculture sector in Ladakh.

It was also informed that the feedback provided by the stakeholders will be used to review and redraft the MODI scheme for Ladakh, ensuring that it addresses the challenges and shortcomings faced by the farmers in the region to date.

EC Horticulture/Forest, Ghulam Mehdi, stressed the importance of ecological restoration and biodiversity conservation. He further emphasized the need for scientific research and development in agriculture and its allied sector and urged all the stakeholders to collaborate and promote innovation in the field of agriculture. He also emphasized the need for creating a sustainable value chain in agriculture and its allied sectors and to provide a good market, especially for the farmers.

EC RDD Tashi Namgyal Yakzee stresses several points like organic certification shouldn't be confined to revenue villages but also includes hamlet to transform them into certified organic production hub. Armed with organic certification these hitherto unexplored areas will have direct access to the emerging organic food market of the country.

Director DIHAR Leh, Director NISR Leh, Director Horticulture Ladakh, Associate Director SKUAST-K Leh, SE I&FC Division Leh, Chief Agriculture Officer Leh, DSHO Leh, CAHO Leh, DAO Leh, DHO Leh, BDO Leh, Xen and AEE of I&FC Division Leh, AEE PHE Division Leh, Range Officer Forest Department Leh, Head CAZRI Leh, DDM NABARD Leh, Scientists and representatives from research institutes including DIHAR, GB PANT, LEHO, LNP, LEDeG, Secure Himalaya UNDP, Tata Trust attended the day-long meeting.

CEC approves master plan of Govt. Degree College Khaltse, Club House for LAHDC



During the meeting of the master plan of Govt. Degree College Khaltse and construction of Club House for LAHDC.

Reach Ladakh Correspondent

LEH: A meeting regarding the master plan of Govt. Degree College Khaltse and construction of Club House for LAHDC at Melongthang Leh was chaired by CEC, Tashi Gyalson on May 9.

The consultant gave a presentation on the overall planning and designing of the college in compliance with the norms of the University Grants Commission (UGC) standards. The master plan consists of block-

wise planning which constitutes academic, administrative, residential zone, cafeteria, multipurpose hall, Gazetted officer residence, Non-Gazetted officer residence, Girls Hostel, Shopping Centre, Boys Hostel, library, etc along with the open spaces for the playground.

Later, the consultant also gave a presentation on the Construction of the Guest House, Club for LAHDC at Melongthang Leh. The consultant gave a detailed

overview of the project which is proposed by LAHDC Leh.

CEC Gyalson approved the Master Plan of Govt. Degree College Khaltse with some minor changes like orientations of residential buildings to get the maximum sunlight. He also approved the overall concept of the construction of the Club House for LAHDC at Melongthang Leh and directed the consultant to give Leh city view to maximum areas.

The meeting was attended by Councillor Khaltse, Lobzang Sherab; SE R&B Leh, Nisar Ahmed; Registrar, UOL, Professor Ashok Sharma; Principal Degree College Khaltse, Professor Stanzin Yangdol; Xen SSD Khaltse, Tashi Namgyal; Empanelled Architect Randeep Hooda and Architect Norboo Gyaltsos; JE Construction Division Leh Imran Khan; JE Construction Division Leh Thupstan Targais.

NOTICE

I, Sara Malo W/o Late Ghulam Mustafa Tak R/o Karzoo, Leh UT Ladakh owner of travel agency M/s Rainbow Summer Adventure situated at Karzoo, Leh UT Ladakh wants to change the registration of M/s Rainbow Summer Adventure in the name of my son Ghulam Nabi Tak S/o Late Ghulam Mustafa Tak R/o Karzoo, Leh UT Ladakh. Any objection in this regard may file their report in writing within 7 days from date of publication in this notice to Assistant Director Tourism Department, Leh.

L-G chairs 3rd University Council meeting



During the 3rd University Council Meeting of the University of Ladakh at Raj Niwas.

Reach Ladakh Correspondent

LEH: Lieutenant Governor of Ladakh, Brigadier (Dr) BD Mishra (Retd) chaired the 3rd University Council Meeting of the University of Ladakh, at Raj Niwas on May 13.

Vice-Chancellor, UoL, Prof SK Mehta informed the members of the University Council about various activities, developments, and achievements of the University, including the implementation of National Education Policy-2020 in post-graduation courses from last year; the admission for various post-graduate/undergraduate courses in the University; the recruitment drives at the University; the setting up of National Knowledge Network in UoL Campus and Colleges; the sanctioning of the herbal garden by Ministry of AYUSH; various sports events, workshops, and

conferences held at UoL Campus and Constituent Colleges and MoUs signed with leading organisations from India and abroad, etc.

Registrar, UoL, Asok K Sharma, apprised LG of the action taken report of the 2nd University Council meeting held last year, viz. transfer of satellite campuses of the University of Kashmir to UoL; installation of two 100 KWp solar power plants at two of its Campuses; various construction activities; adoption of Government Middle School, Karith; additional land allotted to UoL; permission to its faculty for pursuing part-time Ph.D. from private universities; creation of more posts; establishment of South Asian & Central Asian Studies and Himalayan & Trans-Himalayan Studies at UoL; establishment

of Tribal Research Institute at Kargil Campus; formation of Ladakh Region Knowledge Cluster; budgetary allocation of Constituent Degree Colleges and consider for placement of funds of all Constituent Colleges at disposal of UoL in form of Grant-in-Aid; place the faculty and staff of Constituent Colleges under UoL, etc.

There was discussion on the need for change in the University of Ladakh Act along with the recruitment rules.

LG instructed that necessary guidelines laid down by University Grants Commission (UGC) have to be followed for the recruitment of staff for the University. Further, any amendment to the University of Ladakh Act, along with legal backing, must have the students benefiting impact and should be fully supported by cogent and genuine reasons in the public interest, he stated.

He also launched Himbabs- the college magazine of Govt Degree College, Drass.

Chairman, LAHDC Kargil, Feroz Ahmed Khan; Chairman, LAHDC Leh, Tashi Gyalson; Advisor, Umang Narula; Vice-Chancellor, UoL, Prof SK Mehta; Commissioner/Secretary, Padma Angmo; Vice-Chancellor, Mata Vaishno Devi University, Prof RK Sinha; former Vice-Chancellor, University of Kashmir, Prof Talat Ahmed; Principals and other officials from UoL and Constituent Colleges were present in the meeting.

Health Department, Leh, gets 7 Basic and Advanced Life Support Ambulances

CEC, Tashi Gyalson flags off ambulances to far-flung areas

Reach Ladakh Correspondent

LEH: Chairman/CEC, Tashi Gyalson flagged off 7 Basic and Advanced Life Support Ambulances from SNM Hospital, Leh on May 8. The ambulances will be stationed at a range of 50 km in far-flung areas including Spangmik, Barma (Tangtse), Rongo, Samad, and Yulchung villages to provide immediate medical assistance to people in need.



CEC, Tashi Gyalson flagging off 7 Basic and Advanced Life Support Ambulances from SNM Hospital, Leh.

Out of the 7 ambulances, 2 have been purchased under District CAPEX Budget for emergency usage at the office of the Chief Medical Officer, Leh, and 5 ambulances were donated by ICICI Foundation under their CSR initiative to the Health Department, Leh.

The ambulances are equipped with state-of-the-art medical equipment and will be staffed by trained medical professionals to provide immediate medical assistance in emergency situations. The toll-free numbers Dial 108 and Dial 102 will ensure that help reaches the people in the short-

est possible time, especially for immediate response in medical emergencies and casualties.

Speaking on the occasion, CEC Tashi Gyalson stated that the CSR initiative of providing these ambulances by ICICI Foundation is a significant and welcome step towards assisting in strengthening the existing healthcare infrastructure in the region. This will provide much-needed medical assistance to the people of far-flung areas, where access to healthcare facilities is limited.

Tashi Namgyal Yakzee, EC, RDD; Stanzin Choshphel, EC, IT; Shrikant Suse, DC, Leh; Dr. Motup Dorje, Director Health Services Ladakh; Konchok Stanzin, Councillor, Chushul; Ishey Spalzung, Councillor, Nyoma; Karma Namdak, Councillor, Korzok; Dr. Nurzin Angmo, CMO and officials of ICICI Foundation including Manager, Shrikant Reddy and Development Officer, Leh, Thinles Norboo, and the officials of the Health Department, Leh were present during the flag

NOTICE

Sonam Dechen widow of Army No JC-588878M Rank Sub Chhering Phunchok R/o Chuchot Gongma, Leh UT-Ladakh has claimed that her name Sonam Dechen has been wrongly entered as Sonam Deachen instead of Sonam Dechen in her Late husband's Army record and produced an affidavit duly verified by Notary public Leh with Certificate No. IN-LA04751170136444V to this office for making necessary correction. Hence the notice is hereby served through press to file objection if any in the concerned office within 7 days from date of publication failing which necessary correction will be made.

NOTICE

An application has been received from Tsering Norboo S/o Smanla Rigzen R/o Hanu, Leh, Ladakh owner of vehicle no. JK10 A 3542 for issuance of duplicate Fitness Certificate of the above said vehicle in lieu of the lost documents. Now, it is therefore notified for the general public information that objection if any shall be filed in writing in the office of the Assistant Regional Transport Officer ARTO within a period of 7 days from date of publication of this notice.

People's Voice

Status of Govt. schools in Leh

Interviewed by Deachen Spaldon & Stanzin Dasal



Sonam Gyaltzan, National Teacher Awardee: Preferring private schools over the government for children's education has always been there and it still is prevailing in society. When it comes to educating children parent's never hesitate to spend large sums of money- which is a positive thing. But there is also a misconception among people regarding the quality of education being better in private schools compared to government schools. Today we have government schools with the topmost quality of education provided with all the facilities needed in a school.

Since govt schools have been now affiliated with CBSE, major changes are being brought in the schools. Enrollment of students has also increased significantly now. However, it will take a considerable amount of time for people to change their mindset and it sure will take some time for that to happen. Educators are also well qualified since they have been selected after various exams and interviews. It also becomes easier for them to cope with the change in the syllabus as well.

If we talk about infrastructure- smart classes have been operational in certain higher and higher secondary schools and are setting up in many other schools. Information and communication (ICT) training for teachers is also imparted both online and offline- so that they can have a better understanding of technological advancement in education. A lot has yet to be done in this area.

About the closure of government schools in various places- the number one reason that comes out is fewer children, which I for one completely disagree with. There's a large population of children, especially in large villages such as Shey, Thiksey, Nimo, Sakti, etc. As for villages with only a few households, it is possible that due to fewer children, schools might have closed. So the problem lies in the preference and mindset of people choosing private schools over it. Most of these children are getting enrolled in private schools and due to this very reason govt schools get shut down. To change this mindset, the improvement of government school infrastructure and quality education becomes very important. For eg, if we talk about govt school in Sakti, there has been a large enrollment since the overall quality of the school has improved. Parents willfully bring their kids for admission here. Responsibility and commitment of every stakeholder are predominant in the upliftment and development of govt schools in any place.

With that - change in perspective is also important, when I first began the initiative to bring change to Govt school of Sakti, I went to the doorsteps of people's houses, made them understand the importance of government schools, and urged them to enroll in their children here. To make that commitment and assure them of the best quality education for their children is also necessary.

Today we see the beautification of hospitals in villages- we can tell from afar that it's just not any building but a medical center. Exposure tours are given to employees of various departments. If the same amount of focus is given to school infrastructure and exposure tours are given to teachers, it will be highly beneficial.

Solutions:

- Responsibility and commitment of every stakeholder to bring change is of utmost importance.
- Since early education is the most important thing in human life- more focus on primary schools by the government is also necessary.
- Change in the mindset of people and more focus on the education department by the government will be highly beneficial.



Sonam Dorjai Namgyal, Chief Education Officer: In Leh district, we have 299 Govt. schools which include Primary, Middle, High, and Higher secondary, and the total number of students enrolled in 1941 in pre-primary school, 2559 in primary school, 1316 in upper primary schools and 2576 students in High and Higher secondary schools.

If we compare the status of Government schools then and now, we can see so much of changes and positive development. Earlier, there were not-so-good and qualified teachers in schools, teaching methods, staff, results, infrastructure, and student enrollment are many other challenges. Today, the scenario is quite different. There are well-qualified teachers in every school, regular training for teachers is conducted at DIET; adequate funds, etc. have improved the quality of education in govt. schools. Along with growing and changing with today's world, the focus is not just given to academic or curricular activities of schools but on moral and ethical education for the overall development of every student.

Looking at the results of government schools, we can see huge differences. Earlier just passing the examination was a great thing, the majority of students used to pass the examination with third and second division. First division and distinction are very rare. Today, students have become competitive, and with good quality education, students of government schools are clearing the examination with very good scores. This is one of the positive achievements.

Ladakh after becoming Union Territory and with the CBSE affiliation of government schools, many changes are witnessed along with various challenges also. One of the prime challenges faced by the department in the initial days was the infrastructure development of schools as per CBSE norms. Earlier, the department was affiliated with the Jammu and Kashmir Board of School Education (JKBOSE) and the infrastructure was not so developed in all schools. Now, we have to look for infrastructural development of all schools such as multipurpose halls, libraries, laboratories, and other things as per CBSE norms. Similarly, the need for subject teachers also became necessary in CBSE and accordingly, we have advertised various posts and some are in process. Availability of Hindi teachers became one of the major challenges as after CBSE affiliations Hindi subjects became compulsory to all. Earlier in JKBOSE there is no Hindi subject, thus making Hindi teachers available in every school is a bit challenging and we are working on it.

With every positive change, the enrollment of students in government is also rising. We have instances of schools in Gompa, Sankar, Taru, and Skumpata villages that were shut down due to no children being

...Continues on page 6

International Museum Day



National Museum, New Delhi

Every year since 1977, International Council of Museums has organised International Museum Day (IMD), which represents a unique moment for the international museum community. On this day, participating museums plan creative events and activities related to the International Museum Day theme, engage with their public and highlight the importance of the role of museums as institu-

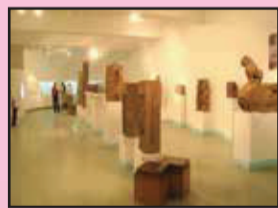
tions that serve society and its development.

The objective of International Museum Day is to raise awareness on the fact that, "museums are an important means of cultural exchange, enrichment of cultures and development of mutual understanding, cooperation and peace among peoples". Organised each year on and around 18 May, the events and

activities planned to celebrate International Museum Day can last a day, a weekend or a whole week.

Participation in International Museum Day is growing among museums all over the world. In 2021, the celebration amplified its impact by the development of hybrid activities all around the world, reaching 89 million Internet users through social

media, news articles, blog posts, podcasts and more!



Courtesy: International Council of Museum's website

SoulSpeak

Dr. P.P. Wangchuk

You and your self-created problems



The problem with most of us is that we cry that we have to face "sooo... many" problems. We don't care to see and understand that problems do not arise out of nowhere, and that you happen to play a major role in creating your own problems. There is a lovely book, *The MOUNTAIN IS YOU*, by Brianna Wiest, that makes you aware of self-created problems.

Someone had said that 99% of failures in life occur because of our excuses that we so easily come out with. And we are too good at churning out excuses for not doing or getting into action for a positive outcome. Of course, psychologists tell us that we resist as we get a kind of fear psychosis whenever we face a challenging task or a new thing to be taken up. That is because we want to remain in the comfort of our existing cocoons. And, that is where your own self-created 'mountain' comes in and stands between you and your goal.

So, one can say that most of the problems that we apprehend are no problems at all. It is the resistance, the fear and the 'not-ready-self' that force you see problems all around. One can also say that it is all because of our lack of understanding or even our unwillingness to understand the reality of the situation as it is.

So, what is the solution to get rid of such self-defeating habits? Albert Einstein gave the answer repeatedly, beautifully and effectively: "We cannot solve our problems with the same thinking we had used when we created them." That means that there has to be a drastic mindset change, and for that one has to be very consciously aware about the falsity of the problems one sees. Of course, it is true that not all the problems are self-created, but most of them surely are. It is here that we need to get some realisation and be more practical.

Courtesy: WongWorld

The writer is a New Delhi-based Editor-at-large, columnist and professional speaker.

DID YOU KNOW

• From the 4th century BC for around 1,000 years, India was the only source of Diamonds in the world. The original diamonds were found in the Krishna River Delta. In the 18th century, more diamond deposits were discovered in Brazil, and soon after, in South Africa.

• It is impossible to lick your own elbow.

• You probably know that snails are petty slow creatures, but did you know that they also take the longest naps? One nap can last up to three years!

• Most people know dolphins have incred-

ible sonar abilities. But did you know they were studied as war tools during the Cold War? They really are as smart as people say they are.

• You may know that everyone's fingerprints are different, but did you know that the same is true of everyone's tongue print?

• The bookworms will appreciate this fun fact: Isaac Asimov is the only author to write a book in every Dewey-decimal category.

• The Sahara Desert can reach up to 136 degrees. Its average temperature is actually about 100 degrees Fahrenheit, so it's pretty



much always hot.

• Vatican City is actually the smallest country in the world at only 0.2 miles wide.

Fortnightly News

In Conversation with

Dr. Stanzin Angmo, All India Institute of Ayurveda Internal Medicines

Interviewed by Yangchen Dolma

Q. Brief us about yourself and choosing Ayurveda as a career.

I am from Chuchot Yokma, completed my school till 8th standard at Ladakh Public School, thereafter till 10th standard from Leh Lamdon, and Senior secondary from Hamdard public school, New Delhi. On a usual weekly seminar at school in Delhi I got to interact with an ayurvedic doctor who said, "There is no pill for every ill, but there is an ill following every pill", the adverse drug reaction and growing cost of health care in present times made me choose BAMS (Bachelor of Ayurvedic Medicine and Surgery) as my career. I choose to become a doctor because it has been my dream and it renders service to humanity and a Nobel profession.

After completing BAMS which is 5.5 years including a one-year internship, I prepared for the PG entrance exam during my internship and cleared at the first attempt with All India rank 2nd. At present, I am pursuing MD (general medicine) from All India Institute of Ayurveda (AIIA), New Delhi.

Q. Tell us about the status of Ayurvedic treatment in Ladakh? Isn't technology becoming a challenge?

Ayurveda is a holistic medicine that aims to restore health by understanding and treating the root cause of the disease by detoxifying, strengthening, and cleansing the body tissues (dhatus) and balancing the doshas) bringing health and wellness to not just the body but the mind and spirit too.

In Ladakh diseases like Gastrointestinal Disorders, respiratory, and life-style-related disorders including Hypertension (HTN), Diabetes Mellitus (DM), Thyroid, PCOD, PCOS, etc are rising at a high pace. Working in the apex institute of Ayurveda in Delhi I have seen such patients getting cured completely with improved overall quality of life. E.g. Acid Peptic Disease includes several clinical conditions like Gastroesophageal reflux disease (GERD), Esophagitis, gastritis, etc the treatment in Ayurveda is emphasized restoring metabolism, body detoxification by medicated emesis and medicated purgation therapy which is included in Panchkarma procedure this pacifying the involved pathological factor with drugs. This in turn leads to inhibition of inflammation and excess



acid production thus reducing pain and improving overall gut health. Similar results on musculoskeletal disorders, respiratory, integrative oncology, and many other branches made me believe that Ayurveda has the treatment for almost every other disease prevalent not just in Ladakh, India but worldwide.

I feel that technology in medicine has led to better diagnosis and treatment of patients, over the years has improved quality of life and has saved many lives. It helps in organization and data management also for the development of pharmaceuticals and is a major tool for the development of research too

Q.As a cure how effective is traditional medicine?

Ayurveda emphasizes both preventions as well as cure. For prevention purposes, it includes a range of daily routines for maintaining the Circadian rhythm for eg. Dinacharya (daytime regimen), Ritucharya (seasonal regimen), and yoga , for the balance of doshas and to ensure optimum health of mind, body, and soul. And in the Cure part, in recent years we have seen tremendous results that modern medicine could not explain how is it possible. Doctors from institutes like AIIMS Delhi, Maulana Azad acknowledge the fact that in diseases like rheumatoid arthritis, spondylitis; ayurveda is very effective in the management of pain and mobility without the use of drugs like NSAIDS, and antibiotics which in the long term gives side effects to the patients.

I also witnessed the tremendous cure results in diseases related to Gastroenteritis, female /male infertility, gynecological problems, ophthalmic conditions ranging from myopia to optic neuritis, neurological disorders, cancer, and every lifestyle-related disorder

Q. Is there any particular situation, disease, or people for which Ayurveda is more valuable?

As there is a specialty branch in PG courses including pediatrics, obs/gynecology, surgery, general medicine, ENT, Pathology and so on I will say there is no condition as per disease that Ayurveda cannot work on, it works on every kind of patient and of any age.

MESSAGE TO THE READERS

“Eat right, train hard, live healthy, and take care of your mental health because it's the body that listens to the mind. In a sound mind resides a sound body and the most important is to ask for help whenever needed.”

...Continues on page 7

Fortnight Highlights



Hill Council, Leh welcomed Indian Women's Ice Hockey team upon their arrival at the KBR Airport on May 9. The Indian National Women's team comprises athletes from Ladakh who put up a remarkable performance in the Ice Hockey Women's Asia and Oceania Championship and reached the semi-finals.



A training programme on Disaster Management was organized in two sessions at Govt Higher Secondary School, Tharuk and Community Hall of Panchayat Halqa Tangtse.



MP Ladakh, Jamyang Tsering Namgyal along with CEC, Tashi Gyalson welcoming Union Minister for Rural Development & Panchayati Raj, Giriraj Singh on his arrival in Leh.



MP Ladakh Jamyang Tsering Namgyal accompanied by Dy Chairman, Tsering Angchuk, EC Minority Ghulam Mehdi, Councillors of Nubra region along with other concerned officials felicitating team of doctors and staffs for the successful conduct of first ever Laparoscopic Cholecystectomy surgery.



An official delegation from the Local Tibetan Administration (LTA), headed by Speaker Dhondup Tsering met Chairman/CEC Tashi Gyalson.

Fortnightly News

Member, National Commission for Minorities, visits Sankoo

Discusses PM's 15-point plan and implementation of Central schemes



Member, National Commission for Minorities, Govt. of India, Rinchen Lhamo during her visit to Sub Division Sankoo.

Reach Ladakh Correspondent

SANKOO: Member, National Commission for Minorities, Govt. of India, Rinchen Lhamo on May 3 visited Sub Division Sankoo and discussed the implementation of the Prime Minister's new 15-point program, Centrally Sponsored Schemes (CSS) and issues faced by the minority communities.

Various delegations raised several issues such as the upgradation of Girl's High School to Girl's Higher Secondary School, Kendra Vidyalaya at Panikhar and Sankoo, Minority Hostel at Sankoo, Restoration of Panikhar Tourist Bungalow, Jio Tower at Panikhar, hospital, Lady Nurse at Juldoo, Rangdum, Sarai for Rangdum villagers and implementation of minority schemes such as Nai Manzil Scheme, Sekho or Kamao, Nai Roshni, reservation for the Ladakhi student in various institutions of India based on Schedule Tribe.

Zonal Education Officer Sankoo informed about the status of scholarships and the education of minority communities. She directed the ZEO for a detailed report to her office for the upgradation of Girl's High School to Girl's Higher Secondary.

Member, National Commission for Minorities directed various heads of many departments for the early redressal of the same. She also directed the SDM, San-

partments informed about the implementation of schemes under minority affairs and briefed about works and welfare schemes for minorities executed in Kargil such as minority scholarship, minority schemes, women empowerment schemes, skill development, and also apprised certain issues related to the schemes.

She said all CSSs should be implemented in Ladakh such as Sekho Aur Kamao to make educated youth financially independent and make them job providers rather than job seekers. Also, she stressed on Tourism Department to restore the old monuments and asked to preserve heritage. Installation of the signages at various tourist spots, promotion of winter tourism, and timely advertisement of every event were stressed.

koo to prepare a Detailed Project Report (DPR) for Minority Hostel, Sarai at Tai Suru for Rangdum villagers and sorted various minor issues. She also assured that the Ministry will make efforts for the formulation of overall policy, planning and assured to redress all the issues with concerned departments on priority.

She informed that the government is implementing a 15-point program formulated by the Union Government aimed to implement the schemes being formulated for the welfare of minorities living in India.

She also informed about various schemes such as 'Padho Pardesh', Educational Loans for overseas studies for the students belonging to Minority Communities, and said that the ministry is introducing new schemes for the welfare of minority students.

Rinchen Lamo also chaired a review meeting of district officers at Conference Hall, Baroo to discuss the implementation of Centrally Sponsored Schemes (CSS) and Prime Minister's New 15-point program.

She apprised about the grievances and memorandum of the villagers which she collected during her maiden visit to Chiktan, Drass, and Sankoo Sub Divisions.

The concerned heads of the de-

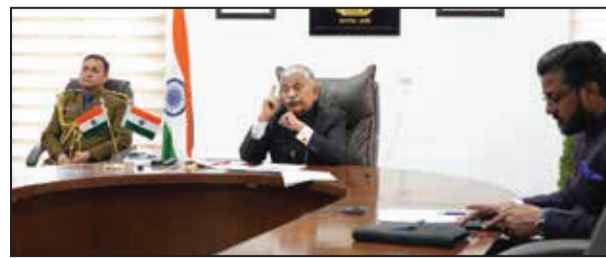
Rinchen Lamo also reviewed the status of JJM in the Kargil district and directed to speed up works in Drass, Shakar Chiktan, Sankoo, and Wakha to achieve the targets. She also advised to handhold the PRIs to adopt the Centrally Sponsored Schemes.

Member NCM also directed the concerned department to install mobile towers at Henasku, Panikhar, and other uncovered villages which have network issues. She was also informed about the skills development schemes, Pre-Matric and Post Matric scholarship schemes.

She said, "Since Ladakh is a full minority UT, all minority-related welfare schemes should be implemented and the purpose of the visit is to assess the ground situation".

She hoped that the District Administration will implement these schemes and assured that the Ministry will make all the effort for the formulation of overall policy and planning.

L-G inaugurates Kargil Girls Hostel at Jammu



Lieutenant Governor of Ladakh, Brigadier (Dr) BD Mishra (Retd) during the virtual inauguration of Kargil Girls Hostel at Majeen Sidhra in Jammu.

Reach Ladakh Correspondent

LEH: Lieutenant Governor of Ladakh, Brigadier (Dr) BD Mishra (Retd) virtually inaugurated the Kargil Girls Hostel at Majeen Sidhra in Jammu on May 6.

The Girls Hostel, with a capacity to house 154 students in its single, double, and triple-bedded 64 rooms and spread over five kanals of land, has been constructed for Rs 14.92 crores.

L-G commended Chairman LAHDC Kargil, Feroz Ahmed Khan, and concerned officials for the qualitative expenditure of the funds allocated for the construction of the hostel in little over two years despite the prevalence of the Covid-19 pandemic and also for ensuring all possible facilities for the girl students at the hostel. He emphasized the need for a medical assistance room at the Girls' Hostel.

Chairman, LAHDC Kargil, Feroz Ahmed Khan, informed that the Girls Hostel at Majeen Sidhra in Jammu was a long-pending demand from the girl students from Kargil studying in Jammu. He thanked Jammu Development Authority for allotting land for the hostel and PWD Ladakh for completing the construction of the hostel in a short period despite the prevalence of the Covid-19 pandemic. He informed that a transparent process will be adopted for the admission of girl students to the

hostel.

Feroz Ahmed highlighted various issues, including the negligible execution of work on the ground in Kargil by construction agencies due to which they have to surrender funds sanctioned for the project works; the need for reservation of seats for Ladakhi students in educational institutions in J&K; the need for expediting recruitment of gazetted posts and the need for an ambulance for the Girls Hostel at Jammu under the MP Fund.

Commissioner Secretary, PWD, Ajeet Kumar Sahu, informed that the hostel will provide safe and secure accommodation for girl students from Kargil. He also informed that the hostel will have facilities such as a kitchen, visitor hall, reading room, multi-purpose hall, and gym.

LG informed about the process being initiated to blacklist construction agencies that fail to execute project works in Ladakh within the stipulated time frame thereby hampering the overall development of Ladakh. He also assured to take up the matter of reservation of seats for students from Ladakh in educational institutions in Jammu and Kashmir to ensure that our youth have access to quality education. He further assured to expedite the process of drafting recruitment rules for gazetted posts along with its notification through UPSC

so that the aspiring candidates do not cross their age limit and also to ensure that there is no 'brain drain' of talented Ladakhi youth to other states of India.

He also informed about the efforts to be made by the UT Administration with consultation with both Hill Councils and PRIs institutions to take up a few developmental projects and complete them within a short period instead of taking up a lot of development projects which take a lot of time for completion. He informed that he will seek funds under Special Development Package from the Centre for projects that need special attention.

LG emphasized the need for managing and using water judiciously along with taking care of water sources and water bodies to save drinking water for posterity. He informed about the five-member team from the Ministry of Jal Shakti who will assess works being carried out in different locations of Ladakh under the Jal Jeevan Mission to assess the total work completed to date and necessary measures that need to be taken to complete the work under the scheme. He informed that necessary measures will be taken to ensure that water bodies are not polluted and restrictions will be put on borewells in Ladakh.

He further informed about the order issued to Departmental Secretaries to hold meetings with citizens of Ladakh three days a week to look into their issues. He sought cooperation from the citizens of Ladakh to make Ladakh a 'Corruption and Delay-Free' Union Territory.

Executive Councillors- Mubarak Shah, Aga Syed Mehdi Fazily, and Mohsin Ali along with Councillors; Deputy Commissioner, Kargil, Santosh Sukhdeve; Vice-Chairman, Jammu Development Authority, Pankaj Magotra; members of students association and other students were present during the inauguration.

Chushul Councillor & Project Founder of Sustainable Ladakh Initiative meets L-G

Submits proposal for the setting up of a Yak village

Reach Ladakh Correspondent

LEH: A delegation from Lalok Changthang comprising Councillor Chushul constituency, Konchok Stanzin, and Project Founder, Sustainable Ladakh Initiative, Chamba Tsetan, met Lieutenant Governor of Ladakh, Brigadier (Dr) BD Mishra (Retd), at Raj Niwas on May 6.



A delegation from Lalok Changthang, Secretary, and concerned officers interacting with the Lieutenant Governor of Ladakh.

Secretary, Animal Husbandry, Ravinder Kumar was also present at the meeting.

Chamba Tsetan submitted the project proposal for the establishment of Yak Village and the incorporation of modern technological interventions such as Drone shepherding with the traditional practices for 'ease of shepherding' in Ladakh. He informed LG about the traditional shepherding techniques still being used by the shepherds and the reluctance of their children in adopting shepherding/livestock rearing as a source of livelihood. He further informed that the people of Kargyam Chibra have almost discontinued the tradition of rearing livestock and adopted the rearing of yaks due to convenience.

Chamba also informed LG that the data collection and AI-based automation will help in the all-around development of the profession of shepherding.

The pilot project will not only introduce new technology for shepherding but also help in assessing other interventions needed during the winter period, especially fodder for the livestock, he said.

Chamba said that the introduction of modern technological interventions, which will ease the practice of shepherding, will encourage the youth from Changthang to carry forward this tradition of shepherding.

Konchok Stanzin requested for providing exposure tours to shepherds from Changthang to help them familiarize themselves with new technologies adopted by shepherds from other countries. He also raised the need for the maintenance of traditional water mills in Changthang and Durbuk.

Ravinder Kumar stated that the adoption of modern technological interventions would enable the acceptance of the occupation of shepherding among the youth from the Changthang area.

LG emphasized the need to take necessary steps on all fronts for the promotion of pashmina along with taking necessary measures to reduce the mortality rate of kids of pashmina goats to increase their population. He also highlighted the need to provide zero carbon-emission shelters/corrals along with ensuring fodder for the livestock and their protection against attack from predators.

LG instructed Chamba to make necessary changes in the project proposal and incorporate the development of both the yak and pashmina goats of Ladakh.

Market checking squad imposes ₹8000 fine on defaulters in Padum

Reach Ladakh Correspondent

ZANSKAR: A team of Government officers and officials headed by Naib Tehsildar Zanskar, Ibrahim Khan conducted a market check in the main market Padum and its adjoining areas on May 9.

General stores, restaurants, Dabas, vegetable sellers, and chick-

en sellers were checked. 1 quintal of rotten chicken, 1 and a half quintals of rotten vegetables, around 30 kg of rotten fruits, and expired grocery items from general stores were seized.

An amount of ₹8000 was collected as a fine from the defaulters.

The market checking team also imposed fines on the restaurants

and Dabas owners who were using domestic cylinders. They were instructed to keep their restaurants neat and clean. In the end, the team disposed of the seized food items and chickens.

The team comprised the Block Medical Officer, officials of Food, Civil Supplies and Consumer Affairs (FCS&CA), and Animal Husbandry Department, and Police.

Expert Talk: Status of Govt. schools in Leh

...Continues from page 4

reopened again with a good number of students. In these schools, students of well-educated and financially sound families are also studying. Parents have taken out their children from private schools and get them enrolled in government schools, which is a very positive thing. Similarly, we have a few other schools in different other villages which are successfully running. E.g. Ayu Saboo schools which have around 150 students studying, such schools are run with the support of Hill Council also. There are bus facilities and all the needed facilities.

Parents are now getting confidence in government schools, understanding its importance and most importantly, the competition of enrolling children in private schools has changed.

I must say that there are lots of government initiative and schemes in the education department which needs to be availed by the people. Maybe all those schemes and affiliation of government schools with CBSE are one of the prime reasons for the growing enrollment in government schools.

Teacher transfer and the lack of teacher performing duty in far-flung areas have been issues so far. I must say that issues such as teachers staying in Leh

as attached whereas he/ she is posted in far-flung villages are all sought. We have addressed all these issues now.

To strengthen and develop government schools every individual plays an important role. School cannot be run just by the department or teachers or students; the community plays a major role in it. The officials of the department cannot be present and inspect the schools of every village at all times, the people of every village must check and monitor their schools. Give us suggestions and feedback if there is any issue regarding teachers, academics, infrastructure, etc for early redressal. We are stressing upon community owning of schools to improve the overall development of the schools. We all must work unitedly and collaboratively to strengthen government schools.

Solutions:

- **Community ownership of the school is very important. This helps the overall performance of the school and the issues can be redressed early and easily.**
- **With the support and collaboration of every stakeholder, we can strengthen and develop government schools in Ladakh.**

Fortnightly News

The Administration of Union Territory of Ladakh Power Development Department Ladakh

Sub: Notice Inviting Expression of Interest (EOI) for empanelment as Statutory Auditors under Ladakh Power Development Department (LPDD)

**E-NIT No15 OF 2023-24
Dated: 02-05-2024**

For and on behalf of Hon'ble Lt. Governor of Ladakh, Ladakh Power Development Department (LPDD) invites proposals through Expression of Interest (EOI) from eligible and experienced C&AG empaneled Chartered Accountant Firms for providing their services as Statutory Auditors at Ladakh Power Development Department (LPDD) for Annual and Quarterly Audit of Accounts. The empanelment will be initially for a period of five years for complete audit (all aspects of Income, Expenditure, Assets & Liabilities) of accounts, subject to satisfactory performance provided that Audit Firms registration remains valid.

Interested Chartered Accountant firms meeting the eligibility criteria may submit the complete proposals, in prescribed format along with requisite documents/ certificates including receipt of document fee of Rs 1000 (paid in favor of Executive Engineer Distribution Division Kargil) online through RTGS/NEFT in the designated Bank Account (Copy of screenshot to be attached with the bid). The detailed Notice for EOI containing Terms of Reference (ToR) and application form shall be available on our website www.tenders.ladakh.gov.in with the schedule of critical dates as below

1	Date of issue of Notice for EOI	02/05/2023
2	Date of start of Downloading	03/05/2023 from 12:00 Noon
3	Last date for receipt for request for clarification	05/05/2023 up-to 5:00 P.M
4	EOI submission End Date	15/05/2023 up-to 04:00 PM
5	Date and time for opening of EOI	16/05/2023 after 12:00 Noon
6	Application fee (through RTGS, NEFT)	Rs 1000/- (Nonrefundable)
7	Account details	A/C No. 0096010200000064 IFSC Code JAKA0KARGIL J&K Bank Ltd, Main Branch, Kargil

EMDK/No.: 217-22
Dated:-02-05-2023

Chief Engineer
Power Development Department Ladakh

Jal Jeevan Mission: CEC, Kargil, flags off Prachar Rath, water tanker



CEC, Kargil, Feroz Ahmad Khan in the presence of DC, Kargil, Santosh Sukhadeve flagging off the Prachar Rath.

Reach Ladakh Correspondent

KARGIL: Prachar Rath, Workshop Van and Water Tanker of Jal Jeevan Mission (JJM), to spread awareness among communities regarding JJM was flagged off by Chairman/CEC, LAHDC, Kargil, Feroz Ahmad Khan in the presence of DC, Kargil, Santosh Sukhadeve on May 11.

The Prachar Rath also aims to make Pani Maah (Water Month) in the Kargil district successful. Pani Maah is a comprehensive month-long campaign that will be held at Block and Panchayat level across the Kargil district.

CEC inspected the equipment

and other facilities available in the vehicles and appreciated the initiative of the PHE Department and the objectives of the month-long campaign. He said that the campaign will ensure clean and safe drinking water in every village, extensive water testing at the source and delivery points with the involvement of the community like the Village Women Committee and user groups.

CEC talked about the importance of Pani Mah and efforts to be taken by the JJM to aware people of the 125 villages in Kargil district. He said the initiative will train people about the use of water

testing equipment.

Khan said the workshop van will remove the electricity problems in villages. He directed the PHE department to complete the targets of Pani Mah and ensure safe drinking water facilities at the doorsteps of people.

DC Kargil also talked about JJM works in the district and said 70 percent of the works are completed while the remaining will be completed in a short period of time. He said the JJM scheme ensures the purity of water that helps in the elimination of various diseases caused by contaminated water. To make the scheme 100 percent successful, the department needs public cooperation and participation.

SE Maqbool Hussain explained the objective of JJM and the initiative of providing vehicles for awareness in the villages. He said the Village Women Committee at every village will be guided with proper training and also equipped with Field Testing Kits (FTK).

To implement this campaign at the ground level, representatives like Councilors, BDC Chairpersons, Sarpanchs, Panchs, and people will also be involved and imparted detailed training for the purpose.

Horticulture officers assess infestation of leaf defoliator

Reach Ladakh Correspondent

KARGIL: Following reports of emergence of an insect defoliator (yellow tail moth) in Hardass Gond area of Kargil district, Chief Horticulture Officer Kargil, along with Chief Agriculture Officer Kargil and the concerned field functionaries of Horticulture and Agriculture Department visited villages like Karkitchoo, Hardass Gond/Thang, Chanigond for on spot inspection and assessment of the infestation on May 8.

It has been observed the presence of web on fruit trees particularly on apricot trees in some specific location of Hardass Gond. The Sarpanch Roqaya Banoo, Naib Sarpanch, Ghulam Mohd, Panch Fiza Banoo besides the fruit growers of the area were present during the visit.

The farmers and village representatives present on spot were given awareness regarding life cycle and organic management of the



devastating insect/pest, beside demonstration regarding its control and management.

Social media through WhatsApp groups is also being used for wide publicity and awareness among the masses. In the meantime, the field functionaries of the department were instructed to visit their respective areas and report the status for further appropriate necessary action.

The following integrated pest management (IPM) practices should be adopted for effective control of the insect (Yellow Tail moth).

The webs in which the pest (larvae) survives should be removed by way of clipping the particular web with the help of lopper and destroy it by dumping them into pits and covering it by soil.

Farmers gave been advised that the trees having large dead, injured twigs and branches which serve as shelter for these insects need to be discarded.

Orchard sanitation should be maintained. Autumn survey should be conducted to check the un-shaded leaves and its destruction for breaking the life cycle of insects.

In conversation with Dr. Stanzin Angmo, All India Institute of Ayurveda Internal Medicines

...Continues from page 5

ayurveda can be used as only therapy to manage the complications.

Along with the treatment, great importance is provided to one's dietary regimen (pathyaahar), a life-style which involves dinacharya, yoga, etc

Q. In Ladakh, cancer is becoming one of the major concerns, What do you have to say about it and how Ayurveda plays an important role?

I think focusing on Cancer prevention and screening part is more important in Ladakh as patients remain unaware and reach out to the doctors when they are in the end stages and very minimum treatment option is left. Oncology is a vast branch, where out of three main branches of medical, radiation, and surgical oncology ayurveda works mainly on medical oncology where it works on preventing recurrence (metastasis), building immunity strength in patients who have completed conventional treatment and reducing the adverse effect of chemotherapy and radiotherapy-induced fatigue, hair loss, neutropenia, nausea etc, in the form of rasayan therapy, brinhan, Balya,panchkarma, and Sam shaman mode of treatment In advance stages of cancer where palliative care is the only option,

Hence I believe that identifying high risk, focusing on wellness rather than illness, and prevention is the best aspect. We all need to understand the disease, educate ourselves about it and stop the stigma.

Q. Brief us about the scope and potential of Ayurveda in Ladakh?

There are BAMS doctors in Ladakh working in NHM, PHC's, etc but no pure ayurvedic practitioners in Ladakh as such till now, perhaps owing to the perception of getting govt. jobs and stability factor. But you can work in Ladakh as a medical officer after clearing PSC/UPSC exam, run a clinic set up, or can work as an entrepreneur owing to no academic scope because of a lack of institutional setup.

Ayurveda has tremendous scope in terms of panchkarma therapy because it is the backbone of the treatment part as per Ayurveda protocol. And the fact that Ladakh is a tourist destination it adds more value to the same.

NOTICE

We the following persons, propose to register a Non-profitable NGO under the name and Style as 'Munsel Society' Leh- UT Ladakh with the Registrar of Societies UT Ladakh under Society Registration Act 1860.

List of Executive members of the Society:

S.No	Name	Parentage	Residence	Designation
1	Dr. Tsering Landol	D/o Lt. Rigzin Namgail	Kalon Changspa Leh	President
2	Dr. Dolma Tsering	W/o Dr. Nawang Tsering	Phey	Vice-President
3	Stanzin Tundup	S/o Chultim Wangbo	Pishu Zanskar A/P Choglamsar	Secretary
4	Nawang Lotus	S/o Kunga Stanzin	Saboo	Joint Secretary
5	Sonam Stanzin	S/o Tsetan Tashi	Alchi	Organizer
6	Sonam Chuskit	D/o Tundup Namgail	Saspol	Cashier
7	Kunzang Palkit	W/o Takpa Wangail	Kanji	Member
8	Kunzes Dolma	W/o Tashi Gailson	Lamayuru	Member

Objection if any, in this regard may kindly be submitted to General Manager Industries, Leh UT Ladakh within a period of 21 days from the publication of the Notice.

President
'Munsel Society' Leh UT Ladakh

NOTICE

I, Stanzin Norboo S/o Tsering Tundup R/o Hanlay, Leh UT Ladakh Prop of M/s Umling La Tour and Travel applying for the registration with the Assistant Director Tourism Office, Leh. Any objection in this regard may file their report in writing within 7 days from the date of publication of this notice.

Advertisement

INDIAN ARMY

CENTRAL MEDICAL INSPECTION ROOM

KARU, LADAKH

1. Invites applications for the role of civilian attendants for Central Medical Inspection Room, Karu on contractual basis.

2. **TOTAL NUMBER OF VACANCIES : 03**

(a) Female - 02 (b) Male - 01

Note : Vacancies are subject to change as per organizational requirement

3. **CONDITIONS OF ELIGIBILITY :**

- (a) **Nationality :** Local residents of Ladakh, preferably from Karu, Sakti or Chemdey
- (b) **Age limit :** 21-40 years on the date of application
- (c) **Experience :** Previous experience of working in any government/ private healthcare facility with dental services for > 04 years
- (d) **Language proficiency :** Candidate should be conversant in Hindi and Ladakhi languages

Applications to be submitted by on plain white paper to :
Central Medical Inspection Room, 3 Infantry Division, Karu, Ladakh

Last date of application : **27 May 2023**

Get the latest news and updates from Ladakh

Subscribe to 'Reach Ladakh' Youtube channel NOW!


reach-Ladakh
Experience the Richness

རི་ཅ་ལ་དྲུག་ལ་སྡེ་ཚན།

Follow us on:

Website: www.reachladakh.com

 Facebook: Reach Ladakh

 Instagram: reachladakh99

 Twitter: ReachLadakhBulletin



Don't forget to like and click the notification bell.

