



རིམ་ལ་དྲུག་མ་གསར་འགྱུར།

April 01- 15, 2023

REACH LADAKH BULLETIN



In Conversation with

Namgyal Angmo, (IAS), SDM Govt. of NCT, Delhi

Fortnightly Special

Drug abuse: A growing concern

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Delegation of LBA, LGA meets L-G; raises several issues



Delegation of LBA & LGA with Lieutenant Governor.

Stanzin Dasal

LEH: A delegation of the Ladakh Buddhist Association and All Ladakh Gompa Association met Lieutenant Governor, Brig. (Retd) Dr. BD Mishra at Raj Niwas on March 28 and raised several issues of the Ladakh region.

Thupstan Chhewang, President, LBA in a press conference stated that the LBA and LGA have submitted a copy of the memorandum to the Lieutenant Governor and are very hopeful that the L-G will consider it.

LBA requested two kanal of land in addition to the land allotted at Kurbathang plateau for Gonpa construction in Kargil, Anti-conversion law in Ladakh, sufficient number of Bhoti teachers in schools, setting up of separate departments for Ladakh studies under all

the Universities within the UT, recruitment, and posting of a Registrar, Controller of Examination, Finance officer, teaching staff and other officials to run the CIBS deemed to be University, adoption of heritage law and guideline to stop further damages to the religious/cultural assets, creation of Yatri Niwas at various pilgrimage places like Sarnath, Vaishali, Kushinagar and Dehradun, financial assistance to LBA for renovation and upgradation of the Buddhist Viharas available at Delhi and Bodhgaya and the need of super-specialty hospital with modern amenities for patients in Ladakh, and need of patient Sarais in Delhi and Chandigarh.

All Ladakh Gonpa Association in its memorandum demanded financial assistance to monasteries

of Ladakh for the development of Buddhist/Tibetan Arts and Culture from the Ministry of Culture BTI section.

"The Gompas of Ladakh received financial Assistance for the development of Buddhist/Tibetan Arts and Culture from the Ministry of Culture BTI section. However, the support has not been consistent for some monasteries during the last few years. The Financial Assistance may be continued with an increase in size and even supplemented with a sizable UT share as our monasteries are repositories of Indian wisdom of Nalanda tradition", the memorandum reads.

Gonpa Association also demanded basic facilities eg Safai Karamchhari/watchman, proper road infrastructure, parking spaces and public conveniences in monasteries, adequate teachers in CIBS branch Gonpa schools, and pensions for the old aged monks in different monasteries.

They also stated that the

...Continues on page 2

World Theatre Day: Theatre body stages the play 'Gyurja'



Participants staging the play 'Gyurja' during the World Theatre day celebration.

Deachen Spaldon

LEH: Celebrating World Theatre day, the play 'Gyurja' directed by Mipham Otsal, Director, Ladakh Theatre Organisation was showcased on March 27 at Lotsava Auditorium, Culture Academy, Leh.

The celebration was organised by Ladakh Theatre Organisation in collaboration with the Ladakh Academy of Art, Culture & Language Leh.

This year's play 'Gyurja' aimed at showcasing the blind development, and transitioning of people from their traditional way of living to follow the trends resulting in the loss of one's culture and identity. The play was written

by Sangeet Natak Academy Awardee and LTO Director, Mipham Otsal in the year 2001.

A total of 20 students from different parts of Ladakh participated in a theatre workshop for 20 days.

Congratulating and appreciating the organizers and participants, CEC, Hill Council, Leh Tashi Gyalson emphasized the importance of such play in society to spread awareness on various social issues.

He further added that for the preservation and protection of theater in the world of films, we need to celebrate this day.

M P Ladakh, Jamyang Tsering Namgyal stressed the importance of play in Ladakhi society and its prevalence for a very long time. He congratulated the students and stressed that such plays will help them in their lives in the long run. He also congratulated Mipham Otsal, Director, of Ladakh Theatre Organisation for organizing the event and his contribution to preserving theatre.

Mipham Otsal, Director, Ladakh Theatre Organisation expressed gratitude to all the theatre lovers, supporters, and participants.

The International Theatre Institute chose "Theatre and a Culture of Peace" as the World Theatre Day 2023 theme. Message for World Theatre day written by Samiha AYOUB, an Egyptian actress (Egypt) was also read out.

World Theatre Day is celebrated internationally on March 27. This was initiated in 1961 by the International Theatre Institute. The first World Theatre International message was written by Jean Cocteau in 1962.

Eat Right India
सही भोजन, बेहतर जीवन.

Jssai

LADAKH
DISCOVER yourself

ཕྱུ་རེལ་མི་ལེན།

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Fortnightly News

L-G visits Ladakh Scouts Centre; interacts with troops



Reach Ladakh Correspondent

LEH: Lieutenant Governor of Ladakh, Brigadier (Dr) BD Mishra (Retd) visited Ladakh Scouts Regimental Center (LSRC) at Phyang on March 25.

General Officer Commanding (GoC), 14 Corps, Lieutenant General Rashmi Bali, and Commanding Officer (CO), LSRC, Col RS Parihar accorded a warm welcome to Lieutenant Governor.

nor.

L-G Mishra laid a wreath and paid tribute to the brave hearts of LSRC at the War Memorial.

CO LSRC Col RS Parihar gave a detailed presentation on the history of Ladakh Scouts Regimental Centre from its early inception as Nubra Guards in 1948 to its becoming a full-

fledged infantry regiment in 2000. He informed about the heroics of the LSRC troops in Operation Meghdoot and Operation Vijay for which around 146 awards have been given to its soldiers. He also informed about the contribution of LSRC to the people of Ladakh.

CO also informed that LSRC will celebrate its diamond jubilee in June this year. He requested the HLG to increase the ex-gratia to the families of the martyrs from ₹5 Lakh to ₹25 Lakh, provide assistance in the renovation of the museum, etc.

Lieutenant Governor assured to look into the matter.

Later, LG met the troops of LSRC and interacted with them. He commended the bravehearts of LSRC for being one of the most decorated Regiments in the Indian Army.

Workshop-cum-training on child protection held in Leh



Reach Ladakh Correspondent

LEH: To promote child safety and protection, awareness cum workshop on the Juvenile Justice (Care and Protection of Children) Act 2015, the Protection of Children from Sexual Offences (POCSO) Act 2012, and drugs/substance abuse was conducted for child care institutions in Leh district at DC conference Hall on March 17.

The workshop, which was jointly organised by the District Social Welfare Office, Leh, Child Welfare Committee/ Juvenile Justice Board Leh, and District Child Protection Unit, Leh aimed to educate the staff of childcare institutions on the legal provisions related to child protection and care. The participants were also informed about the ways to identify and report cases of child abuse, neglect, and exploitation.

DSWO, Leh, Nilza Angmo briefed about the objective of the awareness cum workshop.

Chairperson, Child Welfare Committee, Leh, Neema Stanzin emphasized that juvenile justice needs urgent attention from all the departments and the civil society as well. He expressed his commitment to providing a safe and secure environment for all children in the district and to preventing and addressing any cases of child abuse or exploitation.

Deliberating on the POCSO Act, Child Welfare Committee, Member Rigzin Angmo said it has the provision for speedy trial through designated special courts to ensure timely justice. Further added that not only penetrative sexual acts but sexual harassment and using a child for pornographic purposes also come under the purview of this gender-neutral Act.

The workshop also focused on the issue of drugs and substance abuse among children and the role of childcare institutions in

preventing and addressing it. The participants were given insights into the various signs and symptoms of substance abuse and ways to tackle the problem.

Speaking about drugs and substance abuse among children, SHO, Women Police Station, Ladakh Kunzang Dolma said that unfortunately, the younger generation got involved in drug addiction and drug peddling. She added that there are many reasons for it such as peer pressure, fun, trauma, easy access to drugs in Schools, and emotional pain among others. She added that teachers and parents can play a decisive role in preventing young students from this ominous menace.

The speakers stressed the need for timely intervention in case of any suspicious behavior or activity involving children.

Earlier, DSWO, Leh, Nilza Angmo also informed that they have formed clubs in various Govt. School known as 'Yato Club' is formed and managed by the children. She added that the objective is to report and prevent drug and substance use among children in school/educational institutions.

An interaction session was also held where suggestions and feedback were given by the participants.

CEC, Leh, meets Union Minister, Dr. Jitendra Singh

Reach Ladakh Correspondent

NEW DELHI: CEC, Hill Council, Leh, Tashi Gyalson met Dr. Jitendra Singh, Union Minister of State (Ind. Charge) Science & Technology, (Ind. Charge) Earth Sciences; PMO, PP/DoPT, Atomic Energy, & Space on March 20.

BJP Ladakh's State President, Phunchok Stanzin, and General Secretary, Dr. Skalzang Dorjey was also present.

CEC Tashi Gyalson discussed various developmental issues of Ladakh at large with the Union MoS. The delegation extended their gratitude for the support and assistance of Dr. Jitendra Singh in developing the much-needed recently announced Dark Sky Reserve at Hanle, Ladakh. He also discussed various agendas including the roles and functioning of LAHDC. He further sought assistance from the Union MoS



for further strengthening the Hill Council's Act in the context of the Union Territory.

MoS Dr. Jitendra Singh assured the delegation headed by CEC Tashi Gyalson of his assistance in resolving the issues raised before him.

CEC Gyalson-led delegation also met with BJP President, JP Nadda and apprised him of the developmental activities that are being carried out in the newly created UT of Ladakh. He also

extended gratitude for giving Ladakh a good opportunity to present and host the Y20 pre-summit under the aegis of India's G20 Presidency to be held from April 26 to 28 this year.

The delegation also discussed various other issues with the National President of the BJP. As informed, BJP National President, J.P Nadda would take a detailed meeting tomorrow with the delegation in the presence of MP Ladakh and other concerned officials.

L-G launches energy efficiency measures at Ladakh event

Reach Ladakh Correspondent

LEH: Lieutenant Governor of Ladakh, Brigadier (Dr) BD Mishra (Retd) attended the launch event of the Energy Efficiency Measures in Ladakh organised by Energy Efficiency Services Limited (EESL) in collaboration with the UT Administration and Hill Council, Leh, at Sindhu Sanskriti Kendra on March 28.

The event is a step towards making Ladakh a carbon-neutral region.

Lieutenant Governor commended EESL's initiatives for providing energy-efficient lighting, heating, and cooking facilities to adopt green practices to reduce carbon emissions and control pollution in the country. He stated that the introduction of zero-emission energy-efficient solutions will prove beneficial for the environment and also the existence and good health of the people of Ladakh. He also stated that energy-efficient measures will further expedite the development process in Ladakh.

He highlighted Pashmina as 'our traditional product' and informed about the Administration's plan to provide zero-emission pens to the nomads to reduce the mortality rate of the kids of pashmina goats, especially during the winter when pashmina goats give birth to kids. Such initiatives are in line with



Lieutenant Governor of Ladakh, Brigadier (Dr) BD Mishra (Retd) addressing during the launch event of the Energy Efficiency Measures in Ladakh.

Prime Minister Narendra Modi's vision of making Ladakh the first carbon-neutral region in the country, he said.

He emphasized the need to sustain our environment and the natural biodiversity so that we leave this earth in a better condition than what we had inherited from our ancestors when we depart from this earth for future generations. HLG highlighted the need to take this effort ahead.

Inverter bulbs to around eight beneficiaries from different parts of Ladakh were distributed. These bulbs are 90% energy efficient and can provide an emergency backup of four hours.

Chief Executing Officer (CEO), EESL, Vishal Kapoor briefed

about EESL's efforts to make Ladakh a carbon-neutral region. He informed that EESL will also work closely with the local government to sensitize the public about the benefits and the need to adopt energy conservation practices and transition towards a sustainable future.

Chairman, LAHDC Leh, Advocate Tashi Gyalton; Member of Parliament from Ladakh, Jamyang Tsering Namgyal; Executive Councillors and Councillors from LAHDC Leh; representatives of PRIs; Advisor, Umang Narula; Administrative Secretaries; Deputy Commissioner, Leh, Shrikant Balasaheb Suse; directors and officials of UT Administration and EESL were present during the event.

L-G interacts with students from Govt School Shara

20 students to visit France for culture exchange programme



Lieutenant Governor of Ladakh, Brigadier (Dr) BD Mishra (Retd) interacting with students of Government High School, Shara.

Reach Ladakh Correspondent

LEH: Lieutenant Governor of Ladakh, Brigadier (Dr) BD Mishra (Retd) met and interacted with all the 20 students of Government High School, Shara who are going to France in April on a 40-day cultural exchange

programme.

LG advised the students to maintain discipline and perform their programmes properly during their visit to France. He also emphasised the need to

evoke a sense of patriotism, say 'Jai Hind' and sing the National Anthem wherever they get the opportunity during their tour to France. He also blessed them and wished for a fruitful visit to France.

Deputy Chairman, LAHDC Leh, Tsering Anghuk requested for LG's intervention in the early process of the visas for the students for their visit to France.

LG assured to take measures to help in the early processing of the visas of the students from Shara. Deputy Chairman, LAHDC Leh, Tsering Anghuk; Councillor, Igoo, Sonam Thardos; Secretary, Ravinder Kumar; President, Ladakh Buddhist Association, Thupstan Chhewang and ace filmmaker Stanzin Dorjey Gya were present in the meeting.

Delegation of LBA, LGA meets L-G; raises several issues

...Continues from page 1

Ladakhi Gonpas have landed assets for the sustenance of the Gonpas and also for the subsistence of the monk population. The Gonpa land was exempt from all taxes during the king's time, the Dogra time, and even during the time of the democratic J&K Government. They requested L-G to kindly maintain the old system in respect of monastery land in Ladakh and to intervene in all the above issues.

The LBA and LGA delegation also demanded constitutional safeguards under the 6th schedule of the Indian constitution for the environment, job and land protection. They requested L-G to share their concerns and support the demand.

They also raised various other issues in the civil secretariat such as keeping the Buddhist officers from governance structure for obscure reasons as not many Buddhist functionaries are seen in important positions eg Secre-

taries, Directors, and even OSDs, in the UT Secretariat, regularization of the daily wagers and for re-engagement of the poor daily wagers who lost their jobs, need to make Ladakh Resident Certificates (LRC) mandatory requirement for future appointment to all posts under UT Ladakh, age relaxation for absorption of these youths also in government services.

The memorandum states, "Appointment through DRB and Service Selection Board has not been happening for a long time. There are ten members in the J&K PSC. Ladakh is entitled to 3-4 members through apportionment, for conducting appointments to the gazette cadres."

It was also stated that the earlier UT setup proved to be very insensitive towards legitimate public issues and requested L-G to restore public trust and hope in the system.

"The Ladakh Autonomous Hill

Council is our dream baby. We had acquired this dispensation after great struggle and sacrifice. Its welfare and health shall always remain a concern for us. The LAHDC Act of 1995 delegates sufficient powers in respect of land, and finance, and all employees are treated as transferred employees to the LAHDC. However, it is painfully observed that these powers are consciously eroded after the formation of the UT, violating the provisions of the LAHDC Act. This issue needs your kind attention and intervention", the memorandum reads.

Creation of Public sector Corporations e.g power development and different Boards, Time-bound promotion cases, creation of KAS/KPS and forest cadres for Ladakh, need for home for the destitute, cradle facility for abandoned children, rehabilitation centre for drug addicts and also psychiatric rehabilitation centre in Ladakh, etc. were also discussed.

Fortnightly News

Ladakh Rural Livelihood Mission signs MoU Telangana rural society

The collaboration will strengthen the capacity of Ladakh Rural body: Advisor

Reach Ladakh Correspondent

LEH: Ladakh Rural Livelihood Mission (LRLM) signed a Memorandum of Understanding (MoU) with the Society for Elimination of Rural Poverty (SERP) on March 25.

SERP will provide support to LRLM in the mobilization of target HHs into Self Help Groups, formation of new SHGs; Strengthening of existing SHGs by providing training on 5 sutra; the revival of default/defunct SHGs; identification of SHG bookkeepers and training; training on micro-credit plan preparation process; training on financial inclusion (Account opening, credit linkages, Access to RF & CIF, etc.); orientation on SHG federation concept and management; formation of SHG federation; identification of active women/nurturing, and introduction of social activities.

The MoU was exchanged be-



tween Director, Rural Development Department, Ladakh, Tahir Hussain, and Director, SERP, Y.N. Reddy in the presence of Advisor Ladakh, Umang Narula, and Secretary RDD, Saugat Biswas at the Civil Secretariat, Leh.

Advisor Narula expressed his delight and spoke about the importance of the partnership between LRLM and SERP. He highlighted that this collaboration will provide crucial support and strengthen the capacity of LRLM, and acknowledged the challenging work that SERP

undertakes in building social infrastructure and promoting livelihoods.

Advisor Narula expressed his confidence that the successful model of SERP's work in Telangana can be replicated in Ladakh, which will immensely benefit the people of the region. He emphasized the importance of rural development, livelihood promotion, and self-help groups in the overall development of the region and stressed the need for capacity building, skill improvement, networking, and credit linkages.

Principal Secretary flags off 'Food Safety on Wheels'

The mobile unit has an inbuilt lab



Principal Secretary, Dr. Pawan Kotwal flagging off the first ever 'Food Safety on Wheels'.

Reach Ladakh Correspondent

LEH: The first ever 'Food Safety on Wheels' (FSW) funded by FSSAI at a cost of Rs 45 lakh was flagged off by the Principal Secretary, Dr. Pawan Kotwal who is also the Commissioner of Food Safety on March 23 at Civil Secretariat.

Dr. Kotwal emphasized that awareness and availability of safe food are crucial components of the food safety ecosystem, and through this mobile unit, the department can interact with and provide services to

consumers at various locations or points of contact to increase their overall impact.

The FSW is a mobile unit that includes an inbuilt laboratory and has three main components: awareness, testing, and training. It will be deployed in the field.

The Assistant Commissioner, Food Safety Leh, Tamchos Gurmet, said that the FSW vehicle will be taken to every village and block to conduct milk product testing, sugar levels of juices and jams, and water testing. He added that domestic households will be able to test their water, milk, etc., and the public can call a toll-free number for grievances.

L-G interacts with Panchayati Raj Institutions representatives

Appeals to work with honesty & dedication for overall progress

Reach Ladakh Correspondent

LEH: Lieutenant Governor of Ladakh, Brigadier (Dr) BD Mishra (Retd) met and interacted with Panchayati Raj Institutions (PRIs) representatives at Raj Niwas on March 23.



Lieutenant Governor of Ladakh, Brigadier (Dr) BD Mishra (Retd) interacting with Panchayati Raj Institutions (PRIs) representatives at Raj Niwas.

LG informed that he wanted to meet the representatives of Panchayati Raj Institutions and learn about the functioning of the governance and benefits being provided to the people of Ladakh at the grassroots level. He also informed that his main aims are working for the benefit and overall development of the people of Ladakh. He requested the PRIs representatives for their cooperation to help him in the overall development of the people of Ladakh.

He informed the PRIs representatives that grassroots democracy would be strengthened by utilizing funds from the Centre for all three tiers of Panchayati Raj. He highlighted the need for PRIs representatives to spend the funds allocated to them with

honesty in a transparent manner to ensure quality work in a time-bound manner so that all the people of Ladakh in the remotest corners of the region avail of its benefits.

The PRIs representatives were requested to maintain and follow transparency, accountability, probity, equal dispensation, self-audit, and mid-course correction while carrying out their duties for the welfare and development of the people of Ladakh.

L G informed about the efforts being made by the Administration to

conduct surveys for the establishment and upgradation of schools, police stations, health centres, and administrative centres in consultation with the concerned stakeholders.

Chairpersons of BDCs and sarpanches raised their queries regarding streamlining of functioning of PRIs, early sanctioning of funds, increasing the budget for PRIs for development activities, the need to increase their honorarium, the revival of the Back to Village programme and the delimitation of panchayat halqas, etc.

L-G flags off Earth Hour 2023 walkathon

Highlights importance of nature conservation

Reach Ladakh Correspondent

LEH: Lieutenant Governor of Ladakh, Brigadier (Dr) BD Mishra (Retd) along with First Lady Neelam Mishra flagged off the Earth Hour 2023 Walkathon at Shanti Stupa on March 25.

The event was organized by World Wide Fund (WWF) for Nature or WWF-India.

L-G commended WWF-India and the participants, particularly girls, for taking part in the event in large numbers. He informed about the impact of humans on the environment such as global warming, environmental degradation, biodiversity loss leading to an increase in water levels and the melting of glaciers at an alarming rate. He emphasized the need to take the resolution to sustain our environment and the natural biodiversity so that we leave this earth in a better condition than what we had inherited from our ancestors when we depart from this earth.

He highlighted issues prevalent in society such as the dumping



During the flagging off of the Earth Hour walkathon at Shanti Stupa.

of garbage in water bodies and raised the need to protect water, air, mountains and land. He emphasized the need to sensitize the younger generation about protecting the environment. He urged the Ladakhi youth to dedicate themselves for the protection and preservation of the fragile ecology of the region.

L-G stated that observing Earth Hour for one hour is an effort for the conservation of nature as it will help both the present as well

as future generations.

Associate Coordinator, WWF India Rohit Rattan informed about the WWF's Earth Hour to be observed on the evening of March 25 in which the lights will be switched off for one hour to mobilize people around the world to give an hour for Mother Earth.

Secretary, Ravinder Kumar; students from EJM College and a large number of participants were present on the occasion.

G20 event on environment and socio-economic issues held



Reach Ladakh Correspondent

LEH: University of Ladakh and the Indian National Young Academy of Sciences (INYAS) jointly celebrated the G20 awareness program on environmental and socio-economic issues of the Ladakh region on March 28.

While addressing the gathering, Prof. (Dr.) Ashok K Sharma encouraged and emphasized the students to the adoption of innovative skills in their routine activities to protect and preserve

the fragile environment of Ladakh.

A quiz competition was also organised in which eight teams participated from different schools of Leh city including Govt. Boys Higher Secondary School Leh, Govt. Girls Higher Secondary School Leh, Kendra Vidyalaya, and Jawahar Navodaya Vidyalaya.

K.V. team secured the first position while the second position was secured by J.N.V. Leh and the third position was secured by Govt. Girls Hr. Sec. School Leh. A speech competition on a topic of their choice within the given themes was also held. Sonam Ladol of UOL, Bhuvu Pandita of K.V. Leh, and Liyaquat Ali of UOL secured 1st, 2nd, and 3rd positions respectively. Also, a photography exhibition cum competition was organised where students of the University of Ladakh, Padma Angmo, Stanzin Youtan & Mudasir Ahmed Mir secured 1, 2nd & 3rd positions respectively.

Advisor chairs 5th GBM of 'Yountan Society' Samagra Shiksha



Reach Ladakh Correspondent

LEH: The 5th Governing Body Meeting of 'Yountan Society' Samagra Shiksha, UT Ladakh was held under the chairmanship of Advisor Ladakh, Umang Narula on March 28.

Director, School Education Department, Ladakh, Safdar Ali gave a detailed presentation on the following agenda items viz. Financial and Physical progress of Samagra UT Ladakh; Performance Grading Index (PGI); Operationalization of Kasturba Gandhi Balika Vidyalaya (KGBV); Status of implementation of Vocational Education; Status of New Educational Policy; NIPUN Bharat Mission under NEP; CBSE/Setting up of SCERT and decision on JK BOSE employees; MoU with NGOs for handholding support; Eklavya Model Residential School Society, UT Ladakh, and Fresh Proposal for the year 2023-24, amongst others.

Deliberating on the intervention-wise projections under

Samagra Shiksha and fresh proposals, it was exhorted that proposals for regular posts should be prepared for approval by the competent authority. Advisor Narula impressed upon the officials that sustained capacity-building training for the teachers should be maintained and to adopt the requisite modalities as per the norms for the strengthening of schools.

It was intimated during the meeting that the process of affiliation of schools of UT Ladakh with CBSE is completed and all Government schools are now affiliated with CBSE. Also, 10 KGBVs of Type 1 (for class VI to VIII) have been sanctioned and made functional.

About New India Literacy Programme (NILP) which is a new initiative by the Ministry of Education to impart functional literacy & numeracy, basic education & critical life skills to adult illiterates with a special focus on women to achieve 100% literacy

in the country, it was informed that during 2021-2022, 10,000 adult learners have been covered and assessment by NIOS have been carried out. 40,000 illiterate populations were recorded in the Survey conducted under the scheme by SED. In this regard, 417 voluntary teachers and 54 teachers have been engaged and the translation of 4 Primers and teacher guidelines has been completed with 632 functional literacy centres.

About MoU with NGOs such as Kaivalya Education Foundation: For Teachers Training; ICS Education Limited: For Career Counseling; Save the Children: For Peace Education program; Indus Action: Implementation of Right to Education (RTE Section 12); 17000th ft foundation: Early Childhood Education program and Samarthaya: Implementation of parents as partners (SMC) for providing handholding support to Yountan Society, it was informed that so far MoU with 4 NGOs have been signed amongst the list. Their services shall be utilized as per the agreement for the overall development of the educational standard.

Furthermore, Committee members, Kacho Isfindyar Khan (IAS ret'd) and E.S Gergan provided insight on the adoption of Bodhi and Purgi as a third language and deliberated on the challenges and solutions for the same.

Expert Talk

By Deachen Spaldon



Deachen Wangmo, Principal, Sidhartha High School

Drug abuse is major concern in our society and in many region nowadays, and it can have devastating consequences on individual, families, and communities. The reason can vary, but some common factors include stress, mental health issues, peer pressure to the most extend, lack of support, stress because of extra marital affair of parents, separation of parents and nowadays easy access to chew tobaccos and sometime drugs.

It's not just the teachers and parents who plays critical role in preventing drug abuse among youth or minors but it's a big responsibility of each stakeholder from Government to Non Government, each one must understand the consequences of it in near future.

I being a parent and teacher feel it.

Teachers Roles

Teacher can educate and create awareness by including information about drugs abuse and its consequences in their curriculum. They can also provide a supportive environment and encourage students to seek help if they or someone they know is struggling with drug abuse.

Use school based drug prevention programs to reinforce the message about the danger of drug abuse.

Collaborate with parents and other professional to identify and support students that may need interventions related to drug abuse

Parents Roles-

Parents involvement is vital in creating a secure and healthy environment at home, maintaining open communication with their children and providing guidance and care.

Parents educate themselves about the danger of drugs and talk to their children openly about it.

Monitor their children's behavior, friends, and activities to look for any warning signs of drug abuse Seek professional help if they suspect their child is using drugs and support their child's recovery process

Also, I feel that at each village level, headed by Goba, The village can organize seminar to educate parents, guardians and even minors on the dangers of drug use. They can discuss the effects of drug use on an individual and society.

Outreach programe and support Groups: the community can set up outreach programs and support group that focuses on the rehabilitation of minors who have been affected by drug use.

Early Intervention: The community can collaborate with schools, colleges and other organization to detect signs of drugs use early. This effort can help the minor to receive help and support before they become addicted to the drugs. The community can also refer them to the rehabilitation facility if it's available in leh.

Enforcement of law: The community should collaborate with law enforcement officials to enforce laws that prohibit the sale of tobaccos, drugs to minor. They should also report any suspicious activity to the relevant authorities.

The drug abuse should be an absolute 'NO' for all and I sincerely hope that our students will never ever try to consume drugs and will completely stay away from its use.

Remember that our country needs you as you are its future harbinger of progress.

Drug abuse: A growing concern



Dr. Tashi Tundup, MD Psychiatry, SNM hospital Leh:

As such we don't have any official data but we see the rise of substance abuse cases since COVID-19, by the number of patients we receive in the hospital. During COVID days, schools remained closed and the learning capabilities were not met but the expectations of performing well remained the same causing stress among students. Various studies show that adolescents aged 10-19 go through stress due to various reasons such as covid as I mentioned earlier, unemployment, etc.

Now if we talk about the contribution of mental health to substance abuse, WHO has given various definitions of mental health and mental illness. The concept of mental health is something we can function harmoniously in our daily lives in our houses, workplaces, etc. Then there is a concept of Substance use disorder which also has two categories- substance use such as social drinking at a gathering occasionally, but he/she doesn't let this use hamper their social responsibilities. They are not completely dependent on the substances. Another category is dependent ones - where people are completely dependent on substances to function in their daily lives. This eventually leads to various physical health-related issues such as liver/pancreas damage, early detection of dementia, etc. Secondly, there will be financial issues- they will spend their money on substances due to their addiction. In some cases, people are not able to sustain their work due to this and they lose their job. Even then since they are now completely dependent on substances, their last resort then will be criminal activities such as theft, and lending money which results in adding up more debts. Eventually, there will be fissures in one's relationship as well, be it among their family, friends, workplace, etc. The argument might lead to physical altercations as well. So dependent intake of substances takes the form of an addiction, it becomes

a biological illness. There is a treatment for this but the misconception when people consider this to be something morally wrong with a person leads to hampering the treatment as well. The person will be isolated from society and they will be discriminated against as well. Awareness of the information that the illness is out of the control of the patient needs to be understood loud and clear.

Most of the patients that we tend to come with mental health issues- suffering from psychosis, depression, etc.

According to the research done, we know that the beginning of substance use starts with 'non-harmful trying out' smoking cigarettes, and drinking beers in almost 90% of the cases. Why did this happen to begin with? It's because of the easy availability of it. Secondly, frequent use of substances occurs in our homes as well- during marriage gatherings or any other ceremonies. The local wine is also being served very enthusiastically, the problem lies somewhere here. We teach kids that taking these substances is morally wrong, theoretical knowledge is given at home and in schools. The problem is children learn more by watching, and they know that drinking and smoking have been normalized in functions and it is being served with such enthusiasm. A conflicting message is delivered among children that substance intake is not that harmful after all. Another aspect is that our relatives, especially males, have their drinks and the next day they perform their social responsibilities well. The children know these people are substance users, and they will never understand that there can be much more harmful consequences of substance intake.

The adolescent age is the age group where there is a sudden spurt of hormonal and physical growth and this is also the most vulnerable.

...Continues on page 6

The World of Juniors Earth Day

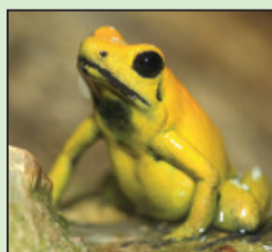


Earth Day is an annual celebration that honors the achievements of the environmental movement and raises awareness of the need to protect Earth's natural resources for future generations. Earth Day is celebrated on April 22 in the United States and on either April 22 or the day the spring equinox occurs throughout the rest of the world.

Environmental activism during the 1960s inspired Wisconsin Sen. Gaylord Nelson to create a national celebration uniting the environmental movement. With the help of Denis Hayes, a graduate stu-

dent at Harvard University, Nelson organized the first Earth Day on April 22, 1970, educating participants in the importance of environmental conservation. Attended by 20 million people across the United States, the event strengthened support for legislation such as the Clean Air Act (updated in 1970) and the Endangered Species Act (1973). In 1990, Hayes organized a global Earth Day, with more than 200 million participants in more than 140 countries. Earth Day now brings together citizens and activists from around the world to raise awareness and take action regarding such environmental concerns as global warming and renewable energy.

DID YOU KNOW



Golden poison frog

Almost 80% of all the planet's earthquakes occur along the rim of the Pacific Ocean, called the "Ring of Fire" a region that encircles the Pacific Ocean and is home to 452 volcanoes (over 75% of the world's active and dormant volcanoes).

The largest recorded earthquake in the United States was a magnitude 9.2 that struck Prince William Sound, Alaska on March 28, 1964. The largest recorded earthquake in the world was a magnitude 9.5 in Chile on May

22, 1960.

4000 years old noodles were discovered in ancient ruins in China.

The skin of a golden poison dart frog contains enough toxins to kill up to 100 people.

Alligators can live to be 80 years old.

A camel doesn't sweat until its body temperature reaches 106 degree F.

A snail would take about 220 hours to crawl one mile (1.6 km) nonstop.

The world's biggest flower found in an Indonesian rain forest- can grow wider than car tyre.

The Himalayan Mountains grow a half inch (1.3 cm) taller each year.

SoulSpeak

Dr. P.P. Wangchuk

Learning to die while living!



I happened to watch someone on Facebook recently, giving an interesting statement that went somewhat like this: It will do a lot of good if we learn to die while living. That is what I have been saying for a long time now. Why should one be learning to die while living? Is there nothing better to do? Relax, the point here is not to die but to learn the art of dying. Therefore, the whole idea lies in the fact that we are scared of death, and that most of us do not get ready to welcome death as the attainment of our ultimate goal.

Death can become as easy as it is for rivers to get submerged and be one with the ocean. For that, we need to understand the nature of life and its ultimate purpose, only then life in us gets a smooth sailing without any scare as death approaches us. In fact, many among us are already too eager to 'exit' quietly and happily only because they understand fully well that what comes must go.

How does one learn the process of dying while living? Yes, there are several steps: Accumulation of spiritual traits, consciousness and conscientiousness, humility, and a serious effort to be one with the Supreme Being. The last one could be optional because that depends on whether you are or not a believer in some form of a Supreme Being and the like.

We need to understand that death, in a way, marks the fulfilment and the culmination of the longest journey that we undertake soon after birth. As such, that gives us no valid and solid reason to be afraid of death.

Spanish poet Federico Garcia Lorca says it so beautifully: "Those who are afraid of death will carry it on their shoulders." That says it all. We need to do everything that is needed to give death the ultimate meaning of success that has to be welcomed eagerly and happily!

Courtesy: WongWorld

The writer is a New Delhi-based Editor-at-large, columnist and a professional speaker.

Fortnightly News

In Conversation with Namgyal Angmo, (IAS), SDM Govt. of NCT, Delhi

Interviewed by Deachen Spaldon

Q. Tell us about yourself?

I belong to Nimoo village in Leh and completed my primary schooling from Moravian Mission School, then studied in Lamdon School until the 10th standard. From then on, I was fortunate to receive scholarships to study in the United World College in Pune and then move to the United States for my graduation. I moved back and was able to get into the Delhi School of Economics for a post graduate degree in Economics, then worked for a couple of years in the corporate sector in Bengaluru. I decided to quit in 2018 to start preparing for the 2019 UPSC Civil Service exams which I cleared and was allotted the Indian Administrative Service in the AGMUT Cadre. Having completed my training and probation last year, I am currently posted as a Sub Divisional Magistrate in the Government of NCT of Delhi.

Q. How was your UPSC preparation? What are the key points one should know while preparing for it?

I would say the preparation process was a mixed bag – lots of learning and eye-opening moments but a lot of stress as well. There were times when I really enjoyed the process and felt driven and productive but many more when I felt directionless and had almost no motivation to continue. Nonetheless, over that year, I did manage to put in consistent efforts and stick to what I was doing. I was also fortunate to have a strong support system in my family, relatives and friends.

So, while preparing for the exam, one needs to be open minded and accept

that one may need to invest several years and be consistent throughout that process. I believe that it does not help to blindly follow someone else's strategy and it is extremely important to experiment and find one that works for you and one that you can sustain for a long time - which means that it cannot be all work and no play either! In terms of material, it is best to stick to the basics, keep up with current affairs and get in multiple rounds of revision. The importance of mock tests/test series should not be underestimated and should be started as early as possible.

Q. We see that very few Ladakhis are able to crack UPSC exams. What do you think are the reasons? Where are we lacking?

I think that observation is true not just for the UPSC Civil Services but



also for other competitive exams and other fields as well. Reasons could be a lack of exposure, low confidence levels and a tendency to give up easily. Although everyone knows about this exam and the level of input it demands, I feel that what is lacking is the institutional set up that can foster and support such young aspirants. Now, as we are aware, the administration has come up with a number of initiatives to guide and provide financial support to UPSC aspirants. However, that alone will not suffice since it is not merely the preparation phase that determines success in this exam. I feel that the individual's overall foundations, personality and outlook play a major role and that is something that starts to get molded at a very early age. Therefore, with an improvement in the quality of schooling, and one that offers a well-rounded education, these aspects will organically improve and there would be no reason why our students can't perform on par and better than those in any other part of the country. However, I feel that this is already happening, and you see so many young people from Ladakh doing really well in all sorts of avenues, that too at the national level.

Q. People talk about every individual being talented in specific fields and encourage them to pursue their dreams. Why do you think there is still so much importance given to only government jobs?

There is indeed a disproportionate preference for government jobs, not just in Ladakh but in most other communities in the country, especially smaller towns and rural areas. In larger cities and the metros, this is less of a phenomenon, given the growth prospects, a greater choice of careers and an evolving work culture. So, this is something that will most probably change as the society and economy of Ladakh evolves.

The prevailing traditional emphasis on government jobs also has to do with the perception that it is more secure since the stability factor is given a lot of importance. However, this is also going to change with time, as the government sector gradually adopts practices such as performance monitoring and focuses more on efficiency and outcomes.

The aspect of stability in government jobs was widely discussed during the Covid 19 lockdown that brought most other activities to a standstill.

MESSAGE TO THE READERS

“Nothing in life that is worth anything comes easy. Cultivate the habit of holding yourself accountable for accomplishing everything that you set out to do and never measure your worth against others' achievements. Set your own goals, stay true to yourself and minimize the external noise and distractions.”

...Continues on page 7

Fortnight Highlights



A team of 22 girls from UT Ladakh will be participating in the Hero 27th Senior Women's National Football Championship 2022-23.



The first phase of training on disaster management organised by DDMA Leh in collaboration with UTDRF and Aapda Mitra volunteers concluded in the Khatse sub-division on March 23.



Indian Army, STALKERS Battalion under Fire and Fury Corps organised the 'Ladakh Regional Archery Competition 2022-23' under Operation Sadbhavana on March 24 at Phyang. 14 modern archery teams from Leh and Kargil districts participated.



Nehru Yuva Kendra (NYK) Kargil organised a day-long district-level "Neighbourhood Youth Parliament" program at Auditorium Hall, Kargil.



The week-long Cultural Revival Workshop and Language Awareness Camp jointly organized by LAHDC, Kargil and Ladakh Cultural Academy Kargil concluded at Balti Bazaar, Kargil.



As part of G 20 events, Govt. Model Degree College (GMDC) Zanskar conducted an awareness-cum-interactive-session on "Cyber Crime and Drug Addiction" on the college premises.



**THE ADMINISTRATION OF UNION TERRITORY OF LADAKH
OFFICE OF THE EXCISE AND TAXATION OFFICER,
EXCISE RANGE LEH-KARGIL**

Public Notice

In pursuance to the Excise Policy 2023-24 of the Union territory of Ladakh, the Excise Department has decided to grant liquor license of retail vends (LAEL-2) at the following places in the Union territory of Ladakh through e-Auction portal at <http://eAuction.gov.in>.

1. Ward No. 6, Municipal Committee, Leh.
2. Ward No. 4, Municipal Committee, Leh.

It is for the information of the general public of the Union territory of Ladakh that the Excise Department is going to conduct Workshop for awareness of Prospective Bidders for allotment of Retail Liquor Vend License (LAEL-2) for the year 2023-24 as per Excise Policy 2023-24 on **30th March, 2023 at 11:30 AM** at Conference Hall of Hospitality and Protocol Department near Moon Land Hotel, Airport Road Leh.

Interested persons may attend the Workshop on the above date and time.

This issues with the approval of competent authority.

Excise and Taxation Officer
Excise Range Leh-Kargil
Dated: 25-03-2023

No. ETO/LEH/2022-23/361-63

Copy to the:

1. Director, Hospitality and Protocol Department, Union territory of Ladakh.
2. Joint Director, Public and Information Department for broadcasting and publishing in leading news papers.
3. Technical Director, NIC civil secretariat Leh for publishing on web portal.



**OFFICE OF THE EXCISE COMMISSIONER
UNION TERRITORY OF LADAKH**

Bid Document Ref No. M-13/192/2021 (FINANCE)

Dated: 27-03-2023

E-Auction Notice

E-Auction of retail vends of liquor in Union territory of Ladakh

Online e-auction for retail vends of liquor in Union territory of Ladakh are invited from interested bidders of Union territory of Ladakh for the following locations:

1. Ward No. 6, Municipal Committee, Leh
2. Ward No. 4, Municipal Committee, Leh

S/No	Particulars of Auction	Date and Time
1	e-Auction Published Date	27-03-2023, 02:00 PM
2	Document Submission Start Date	27-03-2023, 05:00 PM
3	Document Submission End Date	10-04-2023, 05:00 PM
4	Approval Start date	11-04-2023, 10:00 AM
5	Approval End Date	12-04-2023, 04:00 PM
6	Auction Start Date	13-04-2023, 10:00 AM
7	Auction end Date	13-04-2023, 04:00 PM

The details of bid document of e-auction will be made available on website <https://eauction.gov.in>.

Sd-
Excise Commissioner
Union territory of Ladakh

NOTICE

I, KUNZANG LADOL (Existing name of spouse as per change of next of kin Record/ Service document), spouse of TSETAN DORJEY (Name of Husband) resident of Takmachik (Address) have changed my name from KUNZANG LADOL (Existing name of spouse as per change of next of kin Record/ Service document) to KUNZANG LHADOL (Proposed/adopted new name) vide affidavit/self declaration Date 20 March 2023 (Date of affidavit/ self declaration in DD/MM/YYYY Format)

NOTICE

An application has been received from one Jigmet Angmo D/o Tsering Tashi R/o Saboo UT Ladakh to transfer the vehicle No. JK 10 7120 owned by Yangchan Dolma D/o Tsewang Stobdan R/o Saboo UT Ladakh. Now, it is therefore notified for general information that objection if any to the proposed transfer shall be filed in writing in the office of Assistant Regional Transport Officer (ARTO) within a period of 10 days from date of publication of this notice.

No: ARTO/ UT/Leh- 3471-72
Date: 27-03-23

Asstt. Regional Transport Officer
Leh Ladakh

Phone 01985-233949

E-mail: jdinfoadakh@gmail.com



**The Administration of Union Territory of Ladakh
Directorate of Information & Public Relations
Office of Joint Director
(HQ Kargil)**

Notification of posts by Staff Selection Commission (2023)

Vide Advertisement No. Selection Posts/Ladakh/2023 dated 24.03.2023, the Staff Selection Commission (SSC) has invited online applications for recruitment against 205 posts for residents of Ladakh. It is available on the official website of SSC. Aspiring candidates are advised to read the advertisement carefully before submitting their applications and submit within the time schedule specified by SSC.

Furthermore, **Para 5** of the advertisement notification provides that a window for uploading the Resident Certificate will be open from **24.04.2023** until **28.04.2023** (until 1700 hours) after the closing of the Correction Window. This aspect needs to be kept in mind.

Eligible and interested candidates will be able to apply for the exam on the official website of SSC (ssc.nic.in) till 12th April, 2023. The Computer-Based Examination for these posts will be conducted tentatively in June-July 2023.

Candidates are also advised to read the official notification carefully for post-wise details regarding vacancies, eligibility criteria, etc.

Sd/-

(Inteeaz Kacho, JKAS)
Joint Director, Information

**भारतीय वायु सेना INDIAN AIR FORCE
JOIN INDIAN AIR FORCE AS AGNIVEERVAYU**

INDIAN AIR FORCE INVITES ONLINE APPLICATIONS FROM UNMARRIED INDIAN MALE AND FEMALE CANDIDATES FOR SELECTION TEST FOR AGNIVEERVAYU INTAKE 02/2023 UNDER AGNIPATH SCHEME

Online Registration dates : From 1000h on 17 March 2023 to 1700h on 31 March 2023.
Online Examination dates : From 20 May 2023 onwards.
Webportal for registration : <https://agnipathvayu.cdac.in>
Date of Birth Block : Born between 26 December 2002 and 26 June 2006 (both dates inclusive)
Educational Qualification :

(a) SCIENCE SUBJECTS

Passed Intermediate/10+2/ Equivalent examination with Mathematics, Physics and English from an Education Board listed as COBSE member with minimum 50% marks in aggregate and 50% marks in English.

OR

Passed Three years Diploma Course in Engineering (Mechanical/Electrical/Electronics/Automobile/Computer Science/Instrumentation Technology/Information Technology) from a Government recognised Polytechnic institute with 50% marks in aggregate and 50% marks in English in Diploma course (or in Intermediate/Matriculation, if English is not a subject in Diploma Course).

OR

Passed Two years Vocational course with non-vocational subject viz. Physics and Mathematics from State Education Boards/Councils which are listed in COBSE with 50% marks in aggregate and 50% marks in English in Vocational course (or in Intermediate/Matriculation, if English is not a subject in Vocational Course).

(b) OTHER THAN SCIENCE SUBJECTS

Passed Intermediate/10+2/ Equivalent examination in any stream/subjects approved by Central/State Education Boards listed as COBSE member with minimum 50% marks in aggregate and 50% marks in English.

OR

Passed Two years Vocational course from Education Boards listed as COBSE member with minimum 50% marks in aggregate and 50% marks in English in Vocational course (or in Intermediate/Matriculation if English is not a subject in Vocational Course).

Registration & Examination Fee : Rs. 250/-

FOR DETAILED INFORMATION ON ENTRY LEVEL QUALIFICATION,
MEDICAL STANDARDS, TERMS & CONDITIONS, INSTRUCTIONS FOR FILLING
UP ONLINE APPLICATIONS AND REGISTRATION
FOR AGNIVEERVAYU INTAKE 02/2023 LOG ON TO <https://agnipathvayu.cdac.in>

Scan QR code for information and registration of application

Expert Talk Drug abuse: A growing concern

...Continues from page 4

The transition from substance user to one being dependent on it usually takes place in this age group. Certain substances such as cigarettes, weed, etc are grouped into what is known as psychoactive substances. Such drugs have some effects on the brains of adolescents - children might feel more focused, confident, more socially active. Misconceptions like this go into the minds of children and settle there for a very long time. Now, whenever they are stressed they think of such substances and how they made them feel better leading to them being dependent on them completely.

As a society, spreading accurate knowledge will help combat this problem- to make adolescents understand the higher risks of them being dependent on substances if they 'tried' them before 25 years of age. This is a crucial age because after 25 one becomes much more mature and can think more practically and rationally. Instead of looking at substance users, they must learn big lessons from those dependent on substances.

In houses as a family-prohibiting the usage of substances as much as we can in front of children also becomes very important.

Thirdly, popular artists or anyone that people idealize- these people need to be more responsible in understanding what is good to endorse and what is bad.

Banning substances that associations talk about is never a solution. People will gravitate towards illicit markets where there is no quality control. Examples of this were seen during Covid when people died due to the consumption of more spurious alcohol.

Solutions
• Spread of accurate knowledge among adolescents.

• Popular personalities of society need to be more responsible.

• The aspect of banning is never the solution rather the reduction of demand is more beneficial.

Fortnightly News

THE ADMINISTRATION OF UNION TERRITORY OF LADAKH
DIRECTORATE OF INDUSTRIES & COMMERCE, LADAKH
(Registrar of Societies)
Telephone No. 01982-252147, Email: directorindustriestadakh@gmail.com

PUBLIC NOTICE

It is for the information of the general public of UT Ladakh and particularly of Leh District that **Chamtse Education and Helpage Society** has applied for registration of their society under Societies Registration Act 1860. Therefore, Objections are invited from organizations, individuals or any other agency with regard to the Name of the Society, Name of the Members and Location/ Address of the society as per details indicated below:

Name of the Society	Name of the Executive Members	Designation	Address of the Society
Chamtse Education and Helpage Society	Padma Thinless	President	Lamayuru, Leh Ladakh
	Konchok Paidan	Vice President	
	Thinias Angchok	Secretary	
	Dorjay Namgail	Cashier	
	Padma Tharchin	Member	
	Tsewang Namgyal	Member	
Konchok Tsewang	Member		

Objections if any, must reach to the Directorate of Industries and Commerce or General Manager, District Industries Centre, Leh in person or through registered post or through e-mail (directorindustriestadakh@gmail.com or dicleh2013@gmail.com) within a period of 07 days from the date of publication of this notification in the daily newspaper. Objections received after the expiry of the date shall not be considered.

General Manager
District Industries Centre
Leh

THE ADMINISTRATION OF UNION TERRITORY OF LADAKH
DIRECTORATE OF INDUSTRIES & COMMERCE, LADAKH
(Registrar of Societies)
Telephone No. 01982-252147, Email: directorindustriestadakh@gmail.com

PUBLIC NOTICE

It is for the information of the general public of UT Ladakh and particularly of Leh District that **Junu Phandey Tsogspa Nidder** has applied for registration of their society under Societies Registration Act 1860. Therefore, Objections are invited from organizations, individuals or any other agency with regard to the Name of the Society, Name of the Members and Location/ Address of the society as per details indicated below:

Name of the Society	Name of the Executive Members	Designation	Address of the Society
Junu Phandey Tsogspa Nidder	Jigmet Stobdan	President	Nyoma, Leh Ladakh
	Rigzin Changchuk	Vice President	
	Chamat Stanzin	Secretary	
	Jigmet Namgyal	Joint Secretary	
	Chamat Sampal	Cashier	
	Namgail Dorjay	Member	
Paksang Dedul	Member		

Objections if any, must reach to the Directorate of Industries and Commerce or General Manager, District Industries Centre, Leh in person or through registered post or through e-mail (directorindustriestadakh@gmail.com or dicleh2013@gmail.com) within a period of 07 days from the date of publication of this notification in the daily newspaper. Objections received after the expiry of the date shall not be considered.

General Manager
District Industries Centre
Leh

THE ADMINISTRATION OF UNION TERRITORY OF LADAKH
DIRECTORATE OF INDUSTRIES & COMMERCE, LADAKH
(Registrar of Societies)
Telephone No. 01982-252147, Email: directorindustriestadakh@gmail.com

PUBLIC NOTICE

It is for the information of the general public of UT Ladakh and particularly of Leh District that **Youth Henachay Welfare Society** has applied for registration of their society under Societies Registration Act 1860. Therefore, Objections are invited from organizations, individuals or any other agency with regard to the Name of the Society, Name of the Members and Location/ Address of the society as per details indicated below:

Name of the Society	Name of the Executive Members	Designation	Address of the Society
Youth Henachay Welfare Society	Tashi Namgail	President	Henachay, Panamik, Nubra, Leh Ladakh
	Paidan Gonbo	Vice President	
	Nawang Phunchok	General Secretary	
	Rigzin Tsomo	Joint Secretary	
	Rigzin Lhamo	Treasurer	
	Motup Dolma	Store Keeper	
Tashi Jorgais	Organizer		

Objections if any, must reach to the Directorate of Industries and Commerce or General Manager, District Industries Centre, Leh in person or through registered post or through e-mail (directorindustriestadakh@gmail.com or dicleh2013@gmail.com) within a period of 07 days from the date of publication of this notification in the daily newspaper. Objections received after the expiry of the date shall not be considered.

General Manager
District Industries Centre
Leh

THE ADMINISTRATION OF UNION TERRITORY OF LADAKH
DIRECTORATE OF INDUSTRIES & COMMERCE, LADAKH
(Registrar of Societies)
Telephone No. 01982-252147, Email: directorindustriestadakh@gmail.com

PUBLIC NOTICE

It is for the information of the general public of UT Ladakh and particularly of Leh District that **Skitchen Cultural and Welfare Society Skurbuchan Gonpa** has applied for registration of their society under Societies Registration Act 1860. Therefore, Objections are invited from organizations, individuals or any other agency with regard to the Name of the Society, Name of the Members and Location/ Address of the society as per details indicated below:

Name of the Society	Name of the Executive Members	Designation	Address of the Society
Skitchen Cultural and Welfare Society Skurbuchan Gonpa	Konchok Nyima	President	Old Bus Stand, Leh Ladakh
	Konchok Morup	Vice President	
	Tashi Namgail	Secretary	
	Konchok Chosku	Cashier	
	Sonam Tundup	Member	
	Konchok Gyatso	Member	
Konchok Gyaltsan	Member		

Objections if any, must reach to the Directorate of Industries and Commerce or General Manager, District Industries Centre, Leh in person or through registered post or through e-mail (directorindustriestadakh@gmail.com or dicleh2013@gmail.com) within a period of 07 days from the date of publication of this notification in the daily newspaper. Objections received after the expiry of the date shall not be considered.

General Manager
District Industries Centre
Leh

THE ADMINISTRATION OF UNION TERRITORY OF LADAKH
DIRECTORATE OF INDUSTRIES & COMMERCE, LADAKH
(Registrar of Societies)
Telephone No. 01982-252147, Email: directorindustriestadakh@gmail.com

PUBLIC NOTICE

It is for the information of the general public of UT Ladakh and particularly of Kargil District that **Padma Chosling Culture and Welfare Society Zanskar** has applied for registration of their society under Societies Registration Act 1860. Therefore, Objections are invited from organizations, individuals or any other agency with regard to the Name of the Society, Name of the Members and Location/ Address of the society as per details indicated below:

Name of the Society	Name of the Executive Members	Designation	Address of the Society
Padma Chosling Culture and Welfare Society Zanskar	Dorjay Dolkar	President	Manda Zanskar Ladakh
	Yangchen Dolma	Vice President	
	Lobzang Daskit	Secretary	
	Lobzang Padma	Joint Secretary	
	Tsering Chosdon	Cashier	
	Tsering Yangzom	Joint Cashier	
Yangchen Dolma	Convener		

Objections if any, must reach to the Directorate of Industries and Commerce or General Manager, District Industries Centre, Kargil in person or through registered post or through e-mail (directorindustriestadakh@gmail.com or kargilindustriestadakh@gmail.com) within a period of 07 days from the date of publication of this notification in the daily newspaper. Objections received after the expiry of the date shall not be considered.

General Manager
District Industries Centre
Leh



75 Azadi Ka Amrit Mahotsav

The Administration of Union Territory of Ladakh
Department of Social & Tribal Welfare

REWA- Lt Governor's Student Support Initiative

STUDENTS QUALIFYING PRELIMINARY EXAMINATIONS OF NATIONAL LEVEL COMPETITIVE EXAMINATIONS

- Financial assistance of up to Rs 1.54 Lakh for availing coaching facility
- For students who qualify the Civil Services (Prelim) Exams, Indian Forest Service(Prelim) Exams, and Indian Engineering Services (Prelim) Exams.

MERITORIOUS SCHOOL STUDENTS

- Financial assistance upto Rs. 1 Lakh for taking up coaching for competitive exams like NEET, JEE, NDA & UG CLAT.
- 30 meritorious students each from Leh and Kargil Districts will be selected based on the percentage/grade secured in the 10th Standard Board Examinations.
- 35 meritorious students each from Leh and Kargil Districts will be selected based on percentage/grade secured in the 12th standard board examinations.

APPLY ONLINE ON SOCIALWELFARE.LADAKH.GOV.IN/REWA.

NOTICE

I, Tenzin Chospa S/o Tsewang Rigzin R/o Shun Shaday, Zanskar UT Ladakh Prop of M/s Thangmar Travel Agency applying for the registration with the Assistant Director Tourism Office, Leh. Any objection in this regard may file their report in writing within 7 days from the date of publication of this notice.

GDC, Nubra organises field trip to Hunder, Partapur, and Skampuk villages



Department of Botany in collaboration with Department of Environmental Science, Government Degree College, Nubra during a one-day field visit.

Reach Ladakh Correspondent

NUBRA: Department of Botany in collaboration with the Department of Environmental Science, Government Degree College, Nubra organised a one-day field visit to Hunder, Partapur, and Skampuk villages under the aegis of G20 /Y20 on March 28.

The field visit aimed to gain first-hand knowledge of mushroom cultivation, composting, grafting, integrated farming, and growing vegetables in polycarbonate greenhouses as well as drip irrigation systems from different villages.

During the field visit at Hunder village, skilled farmers shared their experience with the students about mushroom cultivation, composting, and growth of different

species of vegetables like lettuce, spinach, broccoli, cauliflower, etc. in the polycarbonate greenhouse, especially during harsh winter conditions. They also demonstrated how to do grafting in the orchid plants with grafting tools to the students.

Assistant Professor, Botany, Dr. Tsetan Dolker, and Assistant Professor, Environmental Science, Tsewang Lahmo shared their expertise with the students regarding mushroom cultivation, grafting, composting, integrated farming, and drip irrigation at respective sites.

At Partapur village, a progressive agri-entrepreneur, Abideen adopted the integrated farming system where he approached multi-


dimensional design to manage resources sustainably and effectively for higher crop output. He shared that these products are also supplied to the Indian Army on their demand and generated income for their livelihood.

At Skampuk village, students were briefed about drip and sprinkle irrigation. Farmer shared that this technology was provided by Agriculture Department with a 75 % subsidy which is useful for the conservation of water resources.

During the field visit, students actively interacted with the farmers and made themselves aware of different farming systems and how they sustainably cultivated various crop plants. The farmers encouraged the students to take up agriculture as a career and added that it has huge potential.

They also got to know about various tools and technology like polycarbonate greenhouses, tools for grafting, spawn and compost for mushroom cultivation, drip irrigation systems, etc. Farmers were taking benefits from various schemes of the government and were generating good income as well.

NOTICE



Whereas Rigzin Tashi S/o Tashi Angdu R/o Hanu Gongma Leh District, UT Ladakh had claimed that his name is wrongly been recorded as Rigzin Tashi instead of Rigzin Tashi in his 1st, 2nd, 3rd and 4th Semesters marks card duly issued by Central Institute of Buddhist Studies under Enrolment no. CIBS1911800.

An Affidavit duly attested by Executive Magistrate 1st class Leh to this Office for making necessary correction in the marks card of 1st, 2nd, 3rd and 4th Semesters.

Hence, notice is hereby served through press to file objection if any in this regard to Central Institute of Buddhist Studies, Leh-Ladakh office within 7 days from the date of issue of this notice.

Namgyal Angmo, (IAS),
SDM Govt. of NCT, Delhi

...Continues from page 4

However, the key takeaway should not be a move towards government jobs but rather toward ways of enhancing resilience in all sectors and building capacities toward alternative livelihoods, given the fact that we are disproportionately dependent on tourism, directly or indirectly.

Q. What will be your advice to all the aspirants and also to non-aspirants?

Nothing in life that is worth anything comes easy. Cultivate the habit of holding yourself accountable for accomplishing everything that you set out to do and never measure your worth against others' achievements. Set your own goals, stay true to yourself and minimize the external noise and distractions.

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DO VISIT FOR MORE INFORMATION

Show room 1. Front shop, Tukchu Complex, Opposite SNM Hospital new gate
 Show room 2. Main store and office, Indus Complex Choglamsar village, Whole sale market

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