

REACH LADAKH BULLETIN

VOL. 10 ISSUE 12 PAGES 8

July 1-15, 2022

In Conversation with
Dhondup Tashi 5

Fortnightly Special
Cultivating exotic vegetables during peak winters of Ladakh 4

facebook Find us on FACEBOOK: Reach Ladakh

twitter ReachLadakhBulletin

Visit our website: www.reachladakh.com

JK Security Solutions

We deal in all brands of CCTV, Fire extinguisher, Biometrics, Intercom, PA systems, Projectors, Fire alarms, Vehicle trackers, School bus cameras and Automatic school bell. We also refill fire extinguishers.

OUR GOAL IS TO DELIVER THE BEST SERVICE AND PRICES

Shop no. 30, First floor, Taru Namgyal complex, Leh
 Contact: 9622968086 or 9419304234
 Email: jkcommunicationleh@gmail.com

DISCLAIMER

Reach Ladakh does not take responsibility for the contents of the Advertisements Display/classified published in this newspaper. The paper does not endorse the same. Readers are requested to verify the contents on their own before acting there upon.

SUBSCRIBE NOW

You Tube CHANNEL

Subscribe to our You Tube Channel 'Reach Ladakh' to get all the latest updates from Ladakh and don't forget to click the notification bell

REACH LADAKH Experience the Richness

Correction and clarification

It is the policy of 'Reach Ladakh Bulletin' to correct significant errors as soon as possible. Please specify the edition, date, news item or the article. You can contact at 9858394403 or email at editor@reachladakh.com. All communication must carry the full postal address and telephone numbers.

REACH LADAKH BULLETIN

Owner, Publisher & Printer: Tundup Dorje
Editor: Stanzin Dasal
Reporter: Urgen Lhamo
Intern: Sonam Angmo
Sales & Marketing: Tsering Morup
Layout: Raul Chhokkun
Published at: Reach Ladakh, Skara Yokma, Airport Road, near Councillor Quarter
 Contact: 9858394403
Printed at: Ala Printing Press
 3636 Katra Dina Baig
 Lal Quan Delhi - 110006

Over 2000 people take part in International Day of Yoga celebrations in Leh

MoS Ajay Kumar Mishra, others perform yoga in Kargil



Reach Ladakh Correspondent

LEH: More than 2,000 people, including students and government officials, participated in the 8th International Day of Yoga celebrations on June 21 at Astro-turf Football Ground near Spituk.

The day was organised by UT Administration in collaboration with Mahabodhi International Meditation Centre (MIMC), as a part of the Azadi Ka Amrit Mahotsav celebrations.

Lieutenant Governor, R K Mathur stressed the need to make yoga a part of daily life and not celebrate it for just one day as practicing yoga gives peace, health, and happiness.

The week-long yoga festival is being celebrated in Leh from June 20 to 26 at different venues such as Shanti Stupa, Naro Photang in Shey, Pangong Lake, Khardong La, and Wari La, Alchi, Temisgam,

and University of Ladakh Taru Campus.

Former Lieutenant Governor of Puducherry, Dr. Kiran Bedi; Member of Parliament from Ladakh, Jamyang Tsering Namgyal; Advisor Umang Narula; Ambassador of Mongolia, Ganbold Dambajav; Minister for Water, Tourism, Culture, Arts & Languages, Government of Delhi, Rajendra Pal Gautham and many other dignitaries, volunteers, and students were present.

While in Kargil, the 8th International Yoga Day 2022 was celebrated at Khree Sultan Chow Sports Stadium Bemathang, Kargil. Union Minister of State for Home Affairs, Ajay Kumar Mishra along with hundreds of participants performed yoga.

MoS Ajay Kumar Mishra said that the

...Continues on Page 3

Agneepath: Ladakh Territorial Congress Committee seeks scrapping of scheme

Why this scheme applies to jawans only and not the commissioned officers: Jora



Leaders of Congress during the press conference on Agneepath scheme at party Office, Leh.

Sonam Angmo

LEH: Amid nationwide violent protests against the Agneepath scheme, Ladakh Territorial Congress Committee also organised a press conference on the issue at the Congress party office, Leh on June 21.

President, Ladakh Territorial Congress Committee, Nawang Rigzin Jora demanded to roll back the Agneepath scheme which is neither in favour of national security nor national interest. He said that the scheme will not only worsen the unemployment crisis in the country but will compromise national security also.

Talking about Ladakh he said that the region is situated between the two rival countries, Pakistan and China it needs soldiers who are physically strong, motivated, and adaptable to the altitude. He said that new modern technology is im-

portant but India shouldn't forget the importance of the physical strength of the soldier which is equally needed.

Jora said that in Ladakh, every three houses have one soldier which brings pride to home. These soldiers support their families and give good education to their children who will serve Ladakh in the future. The scheme can impact the growth and development of the region as it has fewer private sectors and fewer opportunities.

"Almost every year 55,000 soldiers used to recruit in the service while the around same number of soldiers get retired. After covid-19 pandemic, they recruited a very less number of soldiers and it's understandable. But now, the government should recruit more than 1 lakh soldiers rather than coming up with a new scheme", he added.

...Continues on Page 3

National Overseas Scholarship Scheme (NOS)

सत्यमेव जयते

Social & Tribal Welfare Department
 The Administration of
 Union Territory of Ladakh

NATIONAL OVERSEAS SCHOLARSHIP SCHEME (NOS) for ST candidates for Selection year 2022-23

To be awarded to students selected for pursuing higher studies abroad at the **Masters Level, Ph.D and Post-Doctoral Research Programmes**
Number of Slots : 20

Interested candidates may apply online through <https://overseas.tribal.gov.in/>

Last date for submitting application : 30/07/2022

Around 3 lakh saplings planted in Bodh Kharbu under 'Go Green Go Organic' initiative

Reach Ladakh Correspondent

BODH KHARBU: Around 3 lakh tree saplings were planted during the 12th phase of the mass plantation drive organised by Go Green, Go Organic under the guidance of His Holiness Chetsang Rinpoche at Brakdog Thang in Bodh Kharbu on June 20.

LG Mathur and His Holiness Chetsang Rinpoche planted juniper saplings during the event. Saplings of poplar, willow, sea buckthorn, siya, juniper and fruits of different varieties were planted during the event.

Chetsang Rinpoche shared that the objective of the mass plantation drive is also to provide benefits for biodiversity, promote sustainable practices and social harmony and teach ways to live in harmony with nature. He hoped for a beautiful and Green Ladakh in the future.

LG Mathur called himself privileged for getting the opportunity to plant a juniper sapling as it stays green throughout the year and plays an important role in Buddhist culture. He shared the efforts made by the Administration to develop a sacred grove in each monastery, starting with the plantation of 10 juniper saplings



LG Mathur planting Juniper tree during the 12th phase of the mass plantation drive organised by Go Green, Go Organic at Bodh Kharbu.

each in 30 monasteries in Ladakh. This effort, he said, would facilitate the growth of juniper trees and ensure their availability for various Buddhist rituals.

Congratulating HH Chetsang Rinpoche for receiving the Green Ambassador award during the 11th phase of the mass plantation drive held at Chushul on June 5, LG Mathur stated that the economy and future of humans are dependent on trees to negate the impacts of climate change. He appreciated Chetsang Rinpoche for his vision of conducting the mass plantation drive that would also provide economic benefits to the people of Bodh Kharbu and Ladakh.

MP, Jamyang Tsering Namgyal expressed his gratitude to HH

Kyabgon Chetsang Rinpoche and appreciated the efforts of the villagers of Bodh Kharbu and adjacent areas in conducting the mass plantation drive. He shared the plans to develop the village and adjacent areas.

Around 170 artists from different parts of the country performed during the event.

Executive Councillor, LAHDC Kargil, Mohsin Ali; Environmentalist Radhika Anand Rinpoches, monks and nuns from different monasteries; elected representatives such as Chairpersons of Block Development Councils (BDCs), Sarpanch, Panch, Nambardar/Goba, government officials and villagers from Bodh Kharbu and adjacent areas were present during the event.

District Police, Leh, organises awareness programme: Drug Abuse and Illicit Trafficking

Students should become brand ambassadors to campaign against drug abuse and illicit trafficking: SSP, Leh

Reach Ladakh Correspondent

LEH: Marking International day against drug abuse and illicit trafficking, District Police Leh organised a public outreach/awareness programmes under the banner of 'Azadi Ka Amrit Mahotsav' on June 25 at EJM College, Leh.

PD Nitya, SSP Leh briefed about the drug abuse and illicit trafficking in the district, and also the remedial measure was taken by the District police, Leh. She asked the student community to come forward and become part of the Ladakh police in the fight against drug abuse and illicit trafficking.

She further requested the student to become a brand ambassador to campaign against drug abuse and illicit trafficking.

Prof SK Mehta, Vice-Chancellor, University of Ladakh while speaking on the occasion advised the student community to keep distance from such psychotropic substances which will ruin their future. He appreciated the student community for their participation in the anti-drug campaign in large numbers and by staging skits and dramas which carry lasting messages against drug abuse and other ill effects of drug use.

VC Mehta also appreciated and thanked District Police Leh for conducting and celebrating the international day against drug abuse and illicit trafficking and



the continuous effort put by the Ladakh police in curbing the menace of drug abuse and trafficking in the Ladakh region.

Under the direction of PHQ UT Ladakh, District Police Leh has been organising a week-long drug abuse and illicit trafficking awareness campaign across the district. Police Post Choglamsar and SIT Narcotic Unit, Leh conducted the awareness programme at TCV School Choglamsar; Police Post Tangste at Govt Higher Secondary school Tharuk; Police Station Leh at Lamdon Model Higher Secondary School Leh; Police Station Nyoma at Govt Higher Secondary school Nyoma; Police Post Khaltse at Khaltse Market; Women Police Station and SIT Narcotic at Govt Girl Higher Secondary School Leh and Sakti, Police Station Nubra at GHSS Diskit; Police Post Kharu at Upshi market; Police Post Housing Colony at Agling TR Camp and Community Hall Spituk and Police Post Turtuk at GHSS Turtuk.

A large number of students and the general public including women, children, and villagers participated. The station house police officers and the special team of the anti-narcotic unit officers sensitized the participants about the drug trafficking/abuses, illicit liquor selling, and other emerging social crimes in the society and urged especially women and children to use the services of women to help desks established at the respective police station and use Dial 112 for lodging any complaint without any hesitation. They urged the participants to cooperate with the local police and immediately inform the police station about any incident related to drug abuse so that prompt and early action under law is taken before the incident takes an ugly turn.

The participants expressed gratitude and appreciated District Police Leh and Ladakh police for conducting such an awareness campaign and requested such awareness programs in the future also.

Health department observes International Day against Drug Abuse and Illicit Trafficking

Cooperation of all stakeholders is needed to eradicate the menace of drug abuse from the society, says CMO



Sonam Angmo

LEH: The Health and Family Welfare Department, Leh under the National Mental Health Program (NHMP) observed the International Day against Drug Abuse and Illicit Trafficking, themed 'Addressing drug challenges in health and humanitarian crisis' one day advance on June 25 at District Institute of Education and Training (DIET), Leh.

The International Day against Drug Abuse and Illicit Trafficking is observed globally on June 26. It aims to create awareness about the issues related to drugs and seek international cooperation to combat its effects on health, and society.

The event was organised as a part of the ongoing workshop for principals/ambassadors on Ayushman Bharat School Health and Wellness Programme organised by Health Department, Leh in collaboration with Education Department, UT Ladakh.

Chief Guest of the occasion, Sonam Namgyal, Chief Education Officer also spoke about the

appealed to people to be aware of the drugs and its effect.

Dr. Nurzin Angmo, CMO, Leh said that everyone should be aware of the drug issue and need to be discussing it more. She said that due to covid-19, the rate of drug consumption has increased as people consider it a mental problem escape.

She said, "People with drug addiction need help and they should be given proper medical attention and support".

Dr. Nurzin said that cooperation from all the stakeholders is needed to eradicate the menace of drug abuse from society.

Speaking about the noticeable behavioral changes in a substance abuser, Dr. Nurzin Angmo urged the parents and teachers to look out for such changes. She also spoke about the provisions of the Cigarettes and Other Tobacco Products Act (COPTA) and the District Level

Narco Coordination Centre (NCORD) Committee to prevent the rising incidence of substance abuse.

Principal, DIET, Tsetan Dorjay; Director, Dr. Skarma; District Tuberculosis Officer, Dr. Iqbal, District Immunisation Officer, Dr. Disket, and the teachers of DIET were also present during the day.

Photo Caption: Dr. Nurzin Angmo, CMO, Leh speaking on drug abuse at DIET Leh.

First-ever Chess Olympiad torch relay reaches Leh

The torch will travel 75 cities across the country before reaching its destination-- Mahabalipuram on July 27



Stanzin Dasal

LEH: First-ever Torch Relay for Chess Olympiad launched by Prime Minister Narendra Modi in New Delhi on June 19, reached Leh on June 20. The torch was received by Lieutenant Governor of Ladakh, RK Mathur from Grand Master (GM) Dibyendu Barua at Leh Palace.

The 44th Chess Olympiad will be held in Chennai from July 28 to August 10, 2022. The historic Olympiad Torch Relay will travel 75 cities across the country before reaching its destination--Mahabalipuram on July 27.

LG Mathur expressed happiness over Ladakh being the second place after Delhi to receive the torch. He said that it is an honour to be among the 75 cities of the

country where this historic torch will travel.

He further praised Grand Master Dibyendu Barua for being the second Grand Master after Vishwanathan Anand received the title. He said that the players from Ladakh are privileged to get the opportunity to play rapid chess matches with GM Barua. He encouraged them to take up chess and make Ladakh proud and wished luck to the Indian team for the Chess Olympiad.

GM Barua briefed about the Chess Olympiad to be held in India for the first time and thanked FIDE for initiating the Torch Relay.

He said, "I am extremely honoured to be in Ladakh and happy to see the enthusiasm among the

youngsters who are waiting to play chess."

He further requested the administration to promote chess in schools and colleges because chess is a game that develops the mind. The game will boost the child's mental development.

Secretary, Youth Services and Sports, Ravinder Kumar, shared the efforts made to identify talented chess players from Ladakh to play demo matches with GM Barua and also to motivate the players to take up the sport.

GM Barua played rapid chess matches with players from Ladakh.

Advisor Umang Narula; Secretary YSS, Ravinder Kumar; Deputy Commissioner Leh, Shrikant Balasaheb Suse; Senior Superintendent of Police (SSP), Leh, PD Nitya; Councillor, Lower Leh, Tsering Namgial; Councillor, Khaltse, Lobzang Sherap; Regional Director (North), Sports Authority of India, RK Matoo; President, Municipal Committee Leh, Dr. Ishey Namgial; Deputy Director, Nehru Yuva Kendra (NYK), Tajammul Ara; District Youth Services and Sports Officer, Tsering Tashi, volunteers from NYK and other district officials were present during the event.

Advisor Narula approves PMFME action plan for Ladakh



Advisor, Ladakh, Umang Narula chairing a meeting of the State Level Approval Committee to approve Project Implementation Plan (PIP) under PM Formalisation of Micro Food Processing Enterprises (PMFME) scheme.

Reach Ladakh Correspondent

LEH: Advisor, Ladakh, Umang Narula chaired a meeting of the State Level Approval Committee to approve Project Implementation Plan (PIP) under PM Formalisation of Micro Food Processing Enterprises (PMFME) scheme on June 28.

The Ministry of Food Processing Industries, Government of India launched PMFME in June 2020 under 'Aatma Nirbhar Bharat Abhiyan' and 'Vocal for Local' campaigns to provide technical, financial, and business support to micro food processing units in the country. The scheme envisages an outlay of Rs 10,000 crore over a period of five years from 2021-2021 to 2024-25. The scheme adopts One District One Product (ODOP) approach to reap the benefit of scale in terms of procurement of inputs, availing common services and marketing of products. The ODOP products for UT Ladakh are Sea Buckthorn and Apricot. A plan for Rs 21 crore spanning over the next three financial years

was formulated for onward submission to the Ministry of Food Processing, Govt of India.

Director, Industries and Commerce Department, Ladakh gave a detailed presentation on the aim and objectives of the PMFME in Ladakh and briefed Advisor Narula about various components of the scheme including support to individual Micro Enterprises/SHGs/FPOs and cooperatives; support for common infrastructure; branding and marketing support and training and handholding support. He informed about approved activities under PMFME for FY 2021-22; challenges of unorganised food processing units; beneficiaries covered under PMFME Scheme for FY 2021-22-23; setting up of common incubation centres in Leh and Kargil for processing Sea-Buckthorn and Apricot; promotional activities; training budget for the three types of trainees (District Level Trainers, DRPs & Beneficiaries) for FY 2022-23-25; among others.

Advisor Narula exhorted that entrepreneurs/sellers should be

linked with buyers for the plans to be effective. He added that infrastructure when built under the scheme must be in consonance with the requirement of the entrepreneurs and their specific needs.

Commissioner/ Secretary, Industries and Commerce, Saugat Biswas stated that entrepreneurs will be developed through exposure and training. He added that training and workshops are already done with IHBT, NIFTEM among other organisations, from which the entrepreneurs benefited greatly and more such workshops shall be held for providing handholding to budding entrepreneurs. He apprised the Advisor that local entrepreneurs are full of vigor and enthusiasm and have already developed unique and significant products with sea-buckthorn, apricot, etc., with handholding support from the Industries & Commerce Department. He added that with requisite handholding there is a huge potential for entrepreneurial activities in Ladakh both on national and international levels.

The meeting was also attended by Administrative Secretary, Agriculture, Horticulture and Floriculture Department; Administrative Secretary, Animal/ Sheep Husbandry and Fisheries Department; OSD, Technical Education and Skill Development Department; Director, DIHAR, Ladakh; Director, Rural Development Department, Ladakh; Director, Industries and Commerce, Ladakh (State Nodal Officer); Convenor, UTLBC, Ladakh and Development Manager, NABARD, Ladakh.

Tripartite MoU signed to set up country's first Dark Sky Reserve in Ladakh

Reach Ladakh Correspondent

LEH: A tripartite Memorandum of Understanding (MoU) for setting up of the first Dark Sky Reserve of the country at Hanley, Changthang was signed on June 16.

The tripartite agreement was signed between the UT Administration, LAHDC Leh, and the Indian Institute of Astrophysics (IIA).

Lieutenant Governor, R K Mathur stated that the Dark Sky Reserve at Hanley would prove beneficial to the scientific community and also contribute to the economy of the people of Changthang. He expressed hope to see the creation of more scientific infrastructure and experts from the scientific community conducting research work on Ladakh. He stated that the installed telescopes in homestays would be connected to a computer with internet facilities so that the tourists can watch the celestial bodies from anywhere in the world.

LG Mathur stated that the promotion of Astro-tourism virtually would enable to reduce carbon footprint. He said that the promotion of Dark Sky Reserve along with wildlife and religion would enable to increase the footfall of tourists substantially in Changthang and benefit its people. He thanked Hill Council Leh and MP Ladakh along with other elected representatives and the people of Changthang for their support in making the Dark Sky Reserve a reality.



LG Mathur requested the Army for their assistance in ensuring protective measures for the Dark Sky Reserve and also for the development of model villages in Changthang. He shared the plan to get affiliation from international bodies such as the International Dark-Sky Association and Starlight Foundation. He stressed the need for regulation of vehicles and issuance of do's and don'ts for the success of the Dark Sky Reserve.

Chairman, LAHDC Leh, Advocate Tashi Gyalson, stated that the Dark Sky Reserve is an initiative by the Administration and Hill Council to strengthen the rural areas in Ladakh. He expressed hope to see the Dark Sky Reserve at Hanley becoming one of the best sites in the world for astronomy and providing economic benefits to the people of Changthang.

MP Ladakh, Jamyang Tsering Namgyal said that the Dark Sky Reserve at Hanley will be an asset for Ladakh and also for the country. GOC 14 Corps Lieutenant General Anindya Sengupta assured to assist in making the Dark Sky Reserve project suc-

cessful in Hanley.

Director, IIA, Prof Annapurni Subramaniam gave a detailed presentation on the activities and initiatives of the organization, including the Indian Astronomical Observatory at Hanley.

Free precautionary dose of the Covid-19 vaccine for the 18-59 age group was also launched by LG Mathur during the day.

Mathur said that the expenses incurred for the purchase of the precautionary dose are meant to check the spread of Covid-19 in Ladakh and to ensure the safety of the population. He advised the Health Department to complete the process of administering the precautionary dose to the beneficiaries at the earliest.

Dr. Pawan Kotwal informed that Ladakh is the first Union Territory and among the four states, including Bihar, Haryana, and Delhi in the country to provide free precautionary doses of the Covid-19 vaccine to its population.

A film on Hanley Dark Sky Reserve was also screened during the event.

Secretary, Ministry of Power, Alok Kumar, reviews status of Ladakh's power sector

Stresses to focus on long-term and effectiveness of projects



Secretary, Ministry of Power, Government of India, Alok Kumar chairing a meeting of power sector in UT Ladakh.

Secretary, Ministry of Power, Government of India, Alok Kumar chaired a meeting to review the status of power sector in UT Ladakh on June 25.

Secretary, Power Development Department (PDD), UT Ladakh, Ravinder Kumar; Deputy Commissioner, Leh, Shrikant Balasahheb Suse; Chief Engineer, PDD Ladakh; Group General Manager, NHPC Ladakh; Superintending Engineer, PDD Ladakh; Senior General Manager, PGCIL and representatives from RECPDCL, SECI and NTPC attended the meeting.

Secretary, PDD, UT Ladakh, Ravinder Kumar briefed Secretary MoP, Alok Kumar about the existing scenario of power sector in Ladakh and the financial and physical progress of various projects taken under different schemes of the central government, such as PMDP and

DDUGJY. He was briefed on the issues and challenges faced in the execution of the projects and also informed about the interventions required from the ministerial level for commencement of projects without further hindrances and delays.

He was also briefed about the major upcoming renewable energy projects of PDD Ladakh in collaboration with different agencies, such as ONGC, SECI and NTPC focusing on Geothermal, Hydrogen plant and Solar power respectively.

Secretary Alok Kumar shared that a master plan shall be developed by the Ministry for the holistic development of the transmission and distribution sectors of the UT and directed the UT officials to prepare a draft masterplan and submit it to the Ministry within one month.

Reviewing the ongoing centrally sponsored schemes of PMDP Rural and Urban, Secretary Alok Kumar directed the concerned project implementing agencies (PIA) of RECPDCL and PGCIL to complete all the scheme related works by November 15 keeping in mind the scheduled completion period and the working season of Ladakh.

Regarding the 220 KV Nubra Zaskar Transmission Line, Alok Kumar assured the necessary support in getting the clearances for the project and also directed concerned agencies to follow the trail and get the necessary clearances. Further he directed the officials of RECPDCL to put the project on war footing so as to complete it by October 2023.

Secretary Alok impressed upon the concerned officials to prioritise the effectiveness of the projects at the ground level along with long term goals.

He also reviewed the status and DPR of the Revamped Distribution Sector Scheme (RDSS) and directed the UT Administration to propose 66KV Transmission project specified for Changthang region under RDSS along with other major/minor infrastructural requirements needed for long-term strengthening of Ladakh's power scenario.

Agneepath: Ladakh Territorial Congress Committee seeks scrapping of scheme

...Continued from Page 1

He further added that India has the major issue of unemployment and this Agnipath scheme will reduce the potential of youth.

He also questioned why this scheme applies to jawans only and not the commissioned officers.

Agneepath scheme is a military recruitment process launched by the central government of India wherein the selected candidate will be enrolled as Agniveers for four years. In this scheme, they'll recruit 46,000+ Agniveers. During these 4 years, the Agniveers will be trained for 6 months by the Armed force in the skills required. The age limit is between 17.5 to 21. 25% of the Agniveers will continue in service for another 15 years.

Protests erupted in various parts of the country after some aspirants for the armed forces are unhappy with the changes introduced under the new recruitment scheme. Concerns were raised over the length of service, no pension provisions for those released

early and the previously said 17.5 to 21-year age restriction.

Questioning about the duration of 4 years of service, Jora said, "Why the scheme is just for 4 years? The government wants to keep away agniveers from Gratuity scheme benefits which need 5 years of employment. This scheme is taking away the motivation of soldiers. Only pension, family, and job security can keep the motivation alive while they're on the battleground."

"The government needs to rethink and discuss with the Defence expert on this scheme", he added.

According to the government, Agneepath scheme has been designed to enable a youthful profile of the Armed Forces. It will provide an opportunity to the youth who may be keen to don the uniform by attracting young talent from the society who are more in tune with contemporary technological trends and plough back skilled, disciplined, and motivated manpower into the society.

Over 2000 people take part in International Day of Yoga celebrations in Leh

...Continued from Page 1

celebration of Yoga Internationally was the vision of PM Modi. He gave the idea to perform Yoga internationally for good health and positive change in human life all over the globe. He said that 75 iconic locations were identified across the country.

CEC Feroz Khan said that besides being performed in an open space or a stadium, yoga could also be performed even at home in daily life.

DC Santosh Sukhdeve said that since 2015, Yoga is being performed all over the world in around 180 countries. He urged to make Yoga part of life to gain both physical and mental health which is part and parcel of life.

Later, artists from different states and cultures of India presented colourful programs depicting the diverse and unique cultures of the country that enthralled the audience.

Cultivating exotic vegetables during peak winters of Ladakh

By Nadeya Khaliq, Anil Kumar and M S Kanwar

Vegetables are considered as protective supplementary food as they contain large quantities of minerals, vitamins and other health promoting phytochemicals, which are required for the normal functioning of the human metabolic processes. Indian cold arid region come under the trans-Himalayan zone. Such regions are confined to Ladakh (J&K), Lahual & Spiti (Himachal Pradesh) and small pockets in Uttarakhand (Niti and Mana Garhwal).

Ladakh constitutes 87.4 percent of total cold arid zone of India. It is situated at an elevation of 2550 to 8000m along the valley of river Indus. The high altitude trans-Himalayan Ladakh region remains cut-off from rest of India for over four to five months in a year due to heavy snowfall. Long harsh winters reduce the cropping season to just four to five months in a year so protected cultivation of vegetable is a boon to the cold desert of the country where this technology is sustainable for cultivation of several vegetables for domestic and commercial production during freezing winters when nothing can be produced outdoor or open field conditions.

The polyhouse (Three sided walled structures) have been willingly adopted by the farmers in Ladakh because of their low cost, ease in construction and ease of operation. Local polyhouse were found cheaper for production of vegetables as their cost of construction is low and heat retention is better; even during winter cultivation. Production of vegetables in polyhouse would improve the fresh vegetable availability. Exotic vegetables are the richest source of anti-oxidants and the farmer can get high return from the market by its cultivation. Standardization of the structures suitable for growing the healthy and early seedling has already been done and this can give early crops to generate more income from the market. Farmers are required to be made aware about the appropriate sowing time and agronomical practices to cultivate exotic vegetables in Ladakh region by training and demonstration programmes so as to generate more income from the market and possibility to take round the year vegetable production.

A project on exotic vegetables is started by SKUAST-Kashmir with funding support of Department of Science & Technology, New Delhi, The beneficiaries of the project outputs will be the resource poor farmers of Leh district in the Ladakh region preferably whose livelihoods and assets depend on agriculture. The small farmers, agricultural labours and women will be benefited with by increase in additional income and employment. Keeping the project objectives in view, Survey and Training at Chuchot, Shey, Nimoo Basgo, Stakna,



Production of cucumber in summer.

Changa, Martselang, Matho and Kharu was held. Nursery of the Chinese cabbage, Broccoli, Siberian Kale, Swiss Card (Red and Green), Cucumber were distributed to the adopted farmers. They grow these vegetable under protected cultivation in harsh winter climate of Ladakh region.

These adopted farmers show a positive response by cultivating the vegetables in harsh winter climate as they consume a vegetable in whole winter season when nothing is available. The production of Chinese Cabbage was 700 Q/ha (3 – 7 cutting), Saiberian Kale = 425 Q/ha (4-7 cuttings), swiss Chard (Red & Green) = 400 Q/ha, Broccoli = 250 Q/ha and also raised their income by selling these vegetables @ 100 rupees per kg. So in this way farmers got benefit by raising an income in harsh winter climate.

The author Dr. Nadeya Khaliq is a JRF HMAARI SKUAST- K; Dr. Anil Kumar- Assistant Professor Division of Vegetable Science SKUAST –K and Dr. M S Kanwar- Professor Vegetable Science HMAARI SKUAST – K . You can send your views and comment on nadeya786@gmail.com.



Production of Swiss Card Red and Green, Chinese Cabbage, Siberian Kale in Peak Winter

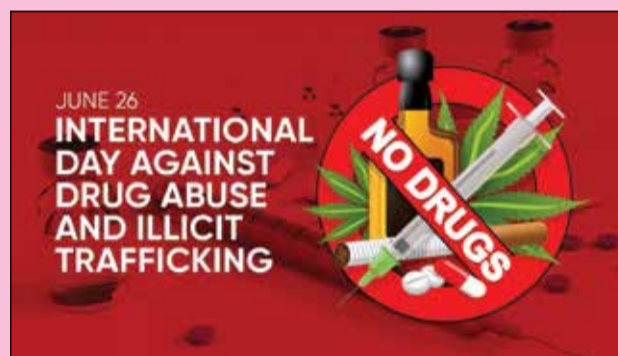


The World of Juniors

International Day against Drug Abuse and Illicit Trafficking

On December 7, 1987, the 93rd plenary meeting on Drug Abuse and Illicit Trafficking was held in which the United Nations General Assembly recalled its 40/122 resolution of 13 December, 1985 to fight with this menace. An International Conference on Abuse of drugs and its illegal distribution at the ministerial level at Vienna in Austria was the first step initiated by the UN Secretary-General. On 26 June, since 1988, it is observed annually which is a symbolic date that commemorates the dismantling of the opium trade in Guangdong.

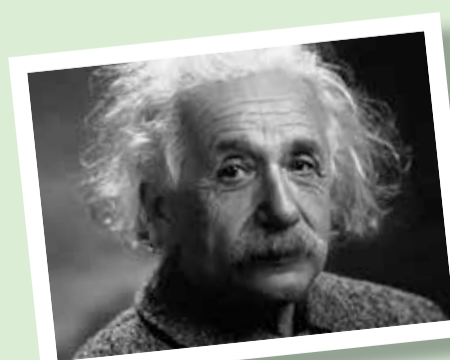
International Day against Drug Abuse and Illicit Trafficking is observed to strengthen their efforts in order to achieve the goal of mak-



ing the society free of drug abuse. The focus is to create awareness about the hazardous impacts of drug abuse on the society and to create a world without it.

The trade in drugs was already recognized as a global problem requiring a global solution at the beginning of the 20th century, with the first international conference on narcotic drugs held in Shanghai in 1909. Over the following decades, a multilateral system to control production, trafficking and abuse of drugs was developed. Three drug control conventions were adopted under the auspices of the United Nations (in 1961, 1971 and 1988). Adherence is now almost universal.

DID YOU KNOW



Albert Einstein

- The Hemis National Park of Ladakh is the largest national park in the country, covering 4,400 square km of wildlife. Located to the west of River Indus, it is famous for snow leopard, blue sheep, Tibetan sheep, Ladakhi urials, and others. This is also a right place to enjoy birdwatching. Top birds to spot in this region are brown accentors, robin accentors, red-billed choughs, and Himalayan snowcocks.

- Siachen Glacier is an Indian military base and it is protecting India from invading forces. The Indo-Pakistan war of 1972 took place in this region. This makes Si-

achen Glacier, the world's highest battlefield at the height of 6000m above mean sea level. This place also has the world's highest telephone booth. Even during the mid-day, the temperature can go as low as -14 degree.

- When Nobel Prize-winning physicist Albert Einstein passed away on April 18, 1955, he left behind specific instructions. He didn't want his body to be "worshipped" or his brain to be studied so he wished to be cremated. However, Thomas Harvey, the pathologist who was on call when Einstein died didn't quite respect Einstein's wishes. Instead, he stole Einstein's brain. When Einstein's family found out, they didn't press charges or quite object to the theft and Harvey was able to keep the brain in two jars in his basement.

SoulSpeak

P.P. Wangchuk

What to say and what not to...



One of the most difficult answers is to the question: What to say and what not to say? That is, to use a cliché, a million dollar question. If everybody knew the art of saying the right thing at the right time, then there would be complete peace, happiness and progress all over.

Unfortunately, we assume that we do know, but actually we don't. That is why many of us are frustrated, and are far removed from the realm of happiness. So, are there certain ways that one can learn and be a little more successful as and when a 'talking time' comes, particularly with an unknown person. Yes, there are.

The first thing that one has to keep in mind is to be polite and be respectful to the guy one is about to converse with. And don't exhibit any sign of 'Big-Boss-speaking-to-you' attitude. And then the proverbial adage that one has to think twice before one speaks, has to be borne in mind. Let me assure you that if one takes care of these etiquettes, the rest of the challenges become much easier.

Now, the question arises: What to say with whom? It is, after all, not the same with you and your friends, or for that matter, family members and others. Everybody has a special disposition and one has to take care of that trait before speaking. For instance, when I talk about a leader, political or otherwise, with my friend and my neighbour, the tone and the contents will differ greatly. I will be very cautious, refined and selective with my neighbour; but with my friend, I may be quite open and hearty.

Many of us turn others into our 'enemies' by saying certain things, inadvertently though, that are 'explosive'. That is why the wise man tells us that, at times, it is better to keep shut up, and keep listening, instead of making an ass of yourself! 'Silence is golden' may prove, at times, to be the 'the way' to save one's face!

Courtesy: WongWorld

The writer is a New Delhi-based Editor-at-large, columnist and professional speaker

In Conversation with Dhondup Tashi, Chief Representative Officer, Sonamling Settlement

Interviewed by Urgen Lhamo

Q. You served as a CRO in the year 2016 and also as a Tibetan Member of Parliament and got re-elected again as a Chief Representative Officer. Tell us about the challenges your plans and priorities.

Since I came from an academic background, administrative training or skill is something that I lack which is the challenging factor I felt because it is an important skill that is a must when you have to lead a community. But as time passed by, I learned and got a strong motive to rely on it. Maybe people are quite happy with the service I could manage to give. I try my best to provide unbiased service to the people. When I was serving as an MP, I find myself not doing justification to the people. I felt that I can serve my people better as a CRO. We are a team of fifteen people and are putting every effort into the welfare of the Tibetan people. Facilities like the health centre, Tibetan cooperative centre, and justice commissioner is there for the people. Also, we are coming up with several new projects which are yet to be implemented.

There is a water scarcity challenge in the settlement and also land issues which are being taken up and hopefully will get resolved soon. Also, in June problem of sewerage water was faced by the people residing in Agling. We have approached the administration, and they are trying to find a solution. Our main objective is to work for the welfare of people such as providing financial support, medical care, education, and other miscellaneous.

Q. Being an educator yourself in your early career, what do you think are the most effective ways to meet the challenge?

I think dialogue is the most important and effective way to meet any challenges. Listening to the problem thoroughly and expressing what you feel is a must. Also, it is equally very important to welcome those who have advice, and taking advice from the right people is very important to work effectively and efficiently.

Q. The Tibetans have been living with the people of Ladakh for a very long time.

How do you see the relationship between the two communities?

Many Tibetans are born and brought up in Ladakh, though their parents have come from Tibet. All this time we are living with the people of Ladakh in harmony and sharing cordial relationships. Various ini-



tiatives from both sides have been welcomed and supported which further strengthens the relationship.

Q. What do you think about sustaining Tibetan nomads in the Changthang region?

Urban migration is also an issue that needs to be addressed. Looking for better opportunities, people tend to migrate to towns but there is also a change we are observing that many prefer to go back to the village away from hustle and bustle. To sustain the nomads; the Tibetan government is taking many initiatives. Small loan provision to facilitate them in income generation, distributing relief materials, executing rehabilitation work during the harsh winters, etc. is being carried out. In a way, we are trying our best to address their issues and provide the basic facilities.

Q. After Ladakh became a Union Territory what are the changes you have observed in these years.

Before UT status there were certain issues such as the absence of good roads, water facilities, etc. I express my gratitude to the Government of India and UT Ladakh for their constant support in uplifting social, economic, and educational status. Many Tibetan settlements are now covered under the Govt. of India scheme named Jal Jeevan Mission and are getting drinking water at their doorstep.

Many projects are also proposed to MP Ladakh, and Jamyang Tsering Namgyal and hopefully, they will be considered.

Q. Brief us about Shatsa and Futsal.

Shatsa is a non-governmental organization that helps infuse reading habits among settlement children. It is started by youth who are determined to bring changes to the community. Futsal is being started by three friends and is located near Sindhu Ghat. It is an amazing space with the main objective of driving the attention of youth from substance abuse.

I appreciate both of them for their work. There are five members in Shatsa and I respect their teamwork. Such initiative is very much necessary in today's world and I truly support and admire their work. Young people coming up with such initiatives for the betterment of the children of the settlement are truly inspiring. They are the future seed of Tibet and it is very important to groom them for a better tomorrow.

MESSAGE TO THE READERS

“I have huge hope for the Sonamling settlement and together we can do much better. I would also like to thank the people of Ladakh for its warm hospitality and support all this time.”

Fortnight Highlights



An awareness-cum-counselling session was conducted by the Department of Drugs and Food Control Organisation, Leh with the teaching faculty and parents of the Boys Higher Secondary School, Leh on June 18. The theme for the awareness session was 'Prevention of drug abuse among children and adolescents and illicit trafficking.'



Joint Secretary, Ministry of Textile, GoI, Prajakta L Verma inspected the scouring machines and other equipment at the Dehairing Plant procured under funds provided by Ministry of Textile, GoI. She assured to take forward the issues apprised regarding the pashmina growers and its promotion.



The Sub-Foreign Post Office (SFPO) was made operational at GPO Leh on June 25. Since then, the stakeholder is availing the facility of SFPO and till date about 21 parcels have been exported to as many as 14 Countries.



International Yoga Day: A team from the National Institute of Sowa Rigpa, Leh headed by Director, Dr. Padma Gurmet participated in the main event of the 8th International Day of Yoga led by Prime Minister, Narendra Modi at Mysuru, Karnataka. A mass yoga performance was conducted with 15,000 participants at Mysuru Palace.



Anti-Narcotic Unit Kargil organised "Drug-free Ladakh campaign" at Government Higher Secondary School Sankoo in which students and staff of the school participated.

Ladakh Pharmacy Council registers 29 pharmacists



Principal Secretary, Health and Medical Education, Dr. Pawan Kotwal after presenting the Registration Certificates to the newly registered pharmacists.

Reach Ladakh Correspondent

LEH: The newly constituted Ladakh Pharmacy Council (LPC) of the Union Territory of Ladakh registered the first batch of 29 pharmacists. Principal Secretary, Health and Medical Education, Dr. Pawan Kotwal presented the Registration Certificates to the newly registered pharmacists on June 22.

Addressing the certified pharmacists, Principal Secretary said that earlier D Pharma degree holders from Ladakh could not get themselves registered due to the absence of a pharmacy council in Ladakh. If they wished to be registered, they had to do it from either Srinagar or Jammu but now with the constitution of the LPC, it has become much easier for them.

He said that the Ladakh Pharmacy Council will also take up with the central government the issue of those pharmacists who qualified under the previous J&K Pharmacy Act of 2011 but do not possess

the qualifications prescribed under the Indian Pharmacy Act of 1948 which has been implemented in Ladakh after becoming a Union Territory. The GOI has amended the Indian Pharmacy Act 1948 by inserting section 32C to register such Pharmacists too as an exception, but the time for doing so has lapsed and a proposal has been sent to GOI for an extension of the date for registration of such Pharmacists under Section 32C. These Pharmacists too shall be registered under section 32C of the Indian Pharmacy Act 1948 as soon as the notification for extension of the date for doing so is issued by the GOI.

Registrar, Ladakh Pharmacy Council, Mohd. Bashir shared that so far out of 48 applicants, 29 pharmacists have been registered, while the remaining applications are in process.

D Pharma degree holder Nusrat Khan who received her registration certificate said that for a long time in Ladakh, getting registered was a huge struggle. She said that now D Pharma degree holders like her will be eligible to apply for central jobs, or even start their chemist shops as they are now licensed.

Constituted by the Lieutenant Governor, UT Ladakh, the Ladakh Pharmacy Council is a body corporate consisting of the Additional Secretary, Health and Medical Education as President, Director of Health Services as Vice-President (ex-officio), Controlling Authority, Drugs and Food Control Organisation (ex-officio) as Registrar-cum-Secretary, and Drugs Control Officer, Leh, and Kargil as Members.

District-level Multilingual Mehfil-e-Mushaira held in Kargil



During the District Level Multilingual Mehfil-e-Mushaira at Kargil.

Reach Ladakh Correspondent

KARGIL: Ladakh Academy of Art, Culture & Languages, Kargil in collaboration with Halqa-e-Arbab-e-Zouq jointly organized a District Level Multilingual Mehfil-e-Mushaira under the banner of Azadi Ka Amrit Mahotsav on June 26.

Around 34 poets from different parts of Kargil recited their compositions in different languages.

Kacho Asfyandar Khan Faridooon (retired IAS) was the chief guest, while Padma Shri awardee Akhone Asgar Ali Basharat, a renowned Balti writer and poet was the Sader-e-Mehfil-cum-guest-of-honour on the occasion.

Kacho Asfyandar Khan Faridooon lauded the efforts of the Ladakh Cultural Academy, Kargil, and Halqa-e-Arbab-e-Zouq, Kargil for jointly organizing such graceful and fruitful programs from time to time. He termed the poets as the eyes of the society who can play a great role in eradicating the social evils through the persuasive power of their poetry. He also lauded their efforts for taking a keen

interest in the realm of poetry that has no apparent benefits in terms of money.

He also urged the Deputy Secretary, Cultural Academy Kargil to organize such literary programs at different places to disseminate the poetic tradition and message to wider audiences.

Padma Shri awardee Akhone Basharat Ali said it is a matter of great satisfaction that the land of Kargil has a good number of poets in such a small magnitude the population as compared to other places. He applauded the role of poets in Kargil in guiding and encouraging young and aspiring poets to excel in the field of poetry and literature.

He further said local poets have the caliber to keep the tradition of poetry in Kargil alive. Also, he emphasized the need to organize such programs at schools and colleges to impart awareness and imbibe poetic inspiration among youth.

Deputy Secretary, Nazir Hussain said that Ladakh Cultural Academy Kargil is committed to preserving and promoting rich Art, Culture, and Languages in Kargil through such literary and other programs.

He said that Ladakh Cultural Academy is open to helping people who are interested to showcase their poetic talent. He urged the novices to participate in such programs to have the know-how of the ambience and to seek necessary guidance from senior poets.

Local poets, scholars, district officers, and a large number of the general public among others were also present on the occasion.

MoS Ajay Kumar Mishra visits Zojila tunnel eastern portal, reviews work progress

Reach Ladakh Correspondent

KARGIL: Union Minister of State for Home Affairs, Ajay Kumar Mishra visited Zojila tunnel eastern portal on June 21 and reviewed the work progress.

During the visit, the MoS was accompanied by incharge SDM Drass, officers and officials of National Highways and Infrastructure Development Corporation Limited (NHIDCL).

Underlining the importance of the Zojila Tunnel as a lifeline to the people of Ladakh, especially during the winter months, the MoS urged the concerned agency to accelerate the pace of work so that the targets are achieved in the specified timelines.

The officers and officials of NHIDCL assured the minister that all efforts are being made to complete the project within the stipulated time frame.

They appraised the MoS about the present status of ongoing



Union Minister of State for Home Affairs, Ajay Kumar Mishra reviewing the work progress at Zojila tunnel eastern portal.

works and the progress achieved so far since the start of work in December 2020.

The 14 km long road tunnel under Zojila pass between Sonmarg and Drass is under construction after the commencement of work in 2018.

Zojila Tunnel project will make the travel on the Srinagar-Kargil-Leh Section of NH-1 free from avalanches, would enhance safety and would reduce the travel time from more than 3

hours to 15 minutes. Once completed, the Zojila tunnel will be India's longest road tunnel and Asia's longest bi-directional tunnel, which is part of a mega road communication project to ensure uninterrupted connectivity between the two UTs. The tunnel will provide all-weather connectivity between Ladakh and Kashmir, which is otherwise hampered during winters as the Zojila pass is covered in snow and avalanches.

Meeting on implementation of Popularization of Mulberry Sericulture project in Kargil held

Reach Ladakh Correspondent

KARGIL: A team of scientists meets DC Kargil, Santosh Sukhadeve on June 21 and discussed the implementation of a centrally sponsored collaborative research project entitled "Popularization of Mulberry Sericulture in Kargil" for two years.

Team of scientists includes Dr. Muttanna and Dr. Satish Y from Central Sericulture Research and Training Institute, Central Silk Board (CSB), Ministry of Textiles (GOI), Pampore, J&K, and Dr. Z. I. Buhroo from College of Temperate Sericulture & Research Institute (COTS), Mirgund, SKUAST-Kashmir.

DC, Kargil showed keen interest in the popularization of mulberry sericulture and hailed the efforts made by COTS and CSB Pampore for sericulture development in the district.

A detailed discussion regarding the implementation of the project and expansion of mulberry wealth in the district was also discussed. Further, the establishment of a quality mulberry demonstration plot in the area was discussed and it was assured that half-acre land for the purpose will be allotted.

Under the project, a demonstration of silkworm



Dr. Muttanna, Dr. Satish Y, Dr. Z. I. Buhroo, and DC Kargil after meeting on the implementation of a centrally sponsored collaborative research project entitled "Popularization of Mulberry Sericulture in Kargil".

rearing technology will also be conducted for unemployed youth of the area as well as their exposure tour to CSB, Pampore, and COTS, Mirgund for a live demonstration of silkworm rearing technology.

Because of the successful sericulture practices in the district, DC Santosh assured full support to CSB and COTS Mirgund for the smooth implementation and execution of the project. He hoped that such efforts will continue in the future for socio-economic development and upliftment of the tribal youth of Kargil.

DC, Leh, reviews progress of works under Samagra Shiksha Abhiyan



Reach Ladakh Correspondent

LEH: Ladakh Administration opens helicopter services for tourists and visitors. The first batch of tourists availed of heli-service in Ladakh on June 28.

The services are made available with two choppers, a five-seater B-3 chopper, and a larger Mi-172. The services will cover Leh, Kargil, Padum,

Lingshed, Dibling, Neyrak, Diskit, Turtuk, Srinagar, and Jammu to begin with.

The Helicopter services will be available to the public in general at the sectors and rates as notified by the administration earlier for the residents of Ladakh, read an order from Ladakh's Civil Aviation Department.

Individuals desirous of booking on the notified routes can book the tickets online at <https://heli-service.ladakh.gov.in/>. A distinct booking mechanism has been made available on the portal for the category of passengers other than the residents of Ladakh.

The order further clarified that the availability of a ticket on a route or actual flying will be contingent upon the number of passengers, weather conditions, or any other operational restrictions.



During a meeting regarding the status of execution of works under Samagra Shiksha Abhiyan in the Leh district.

Reach Ladakh Correspondent

LEH: Deputy Commissioner, Leh, Shrikant Bala-sahab Suse chaired a meeting regarding the sta-

tus of execution of works under Samagra Shiksha Abhiyan in the Leh district on June 28.

Officials from School Education Department appraised DC about the action plan of works to be executed in different schools under Samagra Shiksha Abhiyan. It consists of different types of works like the construction of additional classrooms, boundary walls, strengthening of existing toilets, library rooms, science labs, and art/crafts rooms in schools.

DC Leh emphasized on early completion of all approved works within the deadline without any compromise on the quality of works.

The meeting was attended by Superintending Engineer, PWD-Leh, Nissar Hussain; Assistant Commissioner, Development, Leh, Sonam Norbo; Chief Planning Officer, Leh, Tsewang Gyalson; District Education Planning Officer, Sonam Wangchuk, and all ZEOs.

World Blood Donor Day: Camp organised at District Hospital, Kargil



Reach Ladakh Correspondent

KARGIL: Observing World Blood Donor Day, District Health Society in collaboration with Ladakh Blood Donors, Al Reza Health Care, and Research Foundation, and Baqirya Health Care and Research Centre Kargil organised a blood donation camp on June 14 at District Hospital, Kargil.

The theme for this year's World

Blood Donor Day is 'Donating blood is an act of solidarity. Join the effort and save lives.' The day is observed every year across the world on June 14 to raise awareness of the need for safe blood and blood products and to thank voluntary, unpaid blood donors for their life-saving gifts of blood.

EC, Works, LAHDC, Kargil, Aga Syed Abbas Razvi said that

World Blood Donor Day reaffirms the importance of blood donation in saving the lives of people who are in dire need of blood. He urged people to actively participate in blood donation drives to avoid any tragedy with the patients who require blood.

President, Ladakh Blood Donors, Nasir Zaidi said earlier it was a tough task to arrange a pint of blood in Kargil. Because of the establishment of blood donation organizations and private healthcare wings, now blood is easily available to the concerned health agencies.

President Jamiat UI Ulama Isna Asharia Kargil Sheikh Naazir UI Mehdi and various civil society members participated in the blood donation drive.

117 Btn CRPF organises programme on Yoga and Meditation in Leh

Reach Ladakh Correspondent

LEH: A programme on Yoga and Meditation was organised by 117 Btn CRPF at District Jail, Complex, Leh on June 26.

Kiren Bedi (Ex-Governor of Puducherry) & Dr. Binny Sareen, Peace Ambassador & founder of the Global Peace initiative for India were present.

Both guests emphasized the importance of Yoga & Meditation to lead a happy life and a message of "Spiritual & Emotional wellbeing leads to strong mental health" was given to CRPF Personnel present on the occasion.



Pankaj Kumar, Deputy Commandant; Pankaj Kumar, Assistant Commandant; Deepak Shukla Assistant Commandant & Jawans of all the 3 companies of 117 Bn CRPF deployed here at LEH UT for various duties attended the programme.

NOTICE

An application has been received from Tashi Dorjey S/o Stanzin Tashi R/o Sakti, Leh, Ladakh owner of vehicle no. JK10 9332 for issuance of duplicate Route Permit of the above said vehicle in lieu of the lost documents. Now, it is therefore notified for the general public information that objection if any shall be filed in writing in the office of the Assistant Regional Transport Officer ARTO within a period of 7 days from date of publication of this notice.

NOTICE

We the following persons, propose to register a Non-profitable NGO under the name and Style as 'TSETAR WELFARE SOCIETY' Leh UT Ladakh with the Registrar of Societies UT Ladakh under Society Registration Act 1860.

List of Executive members of the Society:

S.No	Name	Parentage / Spouse	Residence	Designation
1	Tashi Spalzang	Tsering Tashi	Stok	President
2	Stanzin Dolker	Tsewang Tharchen	Basgo	Vice-President
3	Sonam Paldan	Tashi Wanghcuk	Ranbirpur, Thiksey	Secretary
4	Lobzang Spaldon	Stanzin Thenles	Aranoo, Nubra	Cashier
5	Jigmat Angchok	Tserin Phunchok	Domkhar Gongma	Joint Cashier
6	Skarma Lamo	Tsewang Namgyal	Tashi Gatsal, Choglamsar	Member
7	Sonam Chespal	Tashi Norboo	Stok	Member

Objection if any, in this regard may kindly be submitted to General Manager Industries, Leh UT Ladakh within a period of 21 days from the publication of the Notice.

President

'TSETAR WELFARE SOCIETY' Leh UT Ladakh

NATIONAL INSURANCE COMPANY LIMITED
(A Govt of India Undertaking)
IRDA Registration No. 58, CIN No. U10200WB1906GOI001713
Regional Office: S.C.O. 332-334,
Sector 34-A, Chandigarh- 160022

NOTICE

REQUIRES PREMISES AT LEH, (U.T. LADAKH) For Branch Office on Lease/Rental Basis

Sealed offers in TWO Bid system (Technical Bid & Financial Bid) are invited for Office premises of 1st Class Construction (Hall Type) with rentable area 1000 sq. feet. i.e. carpet area (as per Indian Standard Code No. IS:3861:1975) preferably on Gound Floor/1st Floor or on Higher Floor with lift facility having TWO toilets (one for lady) and parking facility for TWO Cars. The premises is required at Leh (U.T.Ladakh) on lease for a period of 15 years (5+5+5) with a provision for suitable enhancement of rent. Preferred location is Bus Stand, Old Road, Skalzangling, Near Leh petrol pump.

Interested owners having clear title of commercial property are requested to collect TENDER FORMS & GUIDELINES for submission of Tender from 11:00 AM To 4:00 PM from 01.07.2022 To 15.07.2022 in working days from any of the following address or downloaded from our website: <https://nationalinsurance.nic.co.in>

Regional Office
National Insurance Co. Ltd.
SCO 332-334, Sector 34-A
Chandigarh-160022
0172-5059408, 5059428, 5059429

Branch Office
National Insurance Company Limited
Old Road Leh (U.T. Ladakh) -194101
Mobile No. 9622990806

The duly completed Tender Forms should reach on or before 15.08.2022 at 4:00 PM by registered Post/Speed Post/Courier to the above mentioned Regional Office Chandigarh only.

Company reserves the right to reject any or all Tenders without assigning any reason whatsoever. Canvassing in any form will disqualify the Tender.

Note:- Brokers need not to apply

Sd/-
(N K Marwari)
Chief Regional Manager

NOTICE

Whereas, Mohd Siddiq Wani S/o Mohd Sulaiman R/o Padum, Zanskar, Kargil district UT Ladakh has claimed that his name Mohd Siddiq Wani has been wrongly entered as Mohd Seddiq instead of Mohd Siddiq Wani in the Schedule Tribe Certificate issued by Office of the Tehsildar, Zanskar. Hence the notice is hereby served through press to file objection if any in this office, Office of the Tehsildar, Zanskar within 7 days from the date of publication.

NOTICE

I, Phuntsog Stobdan S/o Tsewang Norboo R/o Malpak, Leh UT Ladakh owner of M/s Ladakh Villa Hotel situated at Fort Road, Leh UT Ladakh wants to change the registration of M/s Ladakh Villa Hotel in the name of my son Stanzin Namgail, S/o Phuntsog Stobdan R/o Malpak, Leh UT Ladakh. Any objection in this regard may file their report in writing within 14 days from date of publication in this notice to Assistant Tourism Department Leh.

NOTICE



Whereas Rigzin Mingur Dorjay S/o Tsering Angchuk & Dolma Angmo R/o Kharnak, Leh District, UT Ladakh had claimed that his name has been wrongly recorded as Rigzin Mingur Dorja instead of Rigzin Mingur Dorjay in his 10th Pass Certificate duly issued by J&K State Board of School Education Srinagar/Leh through Druk Padma Karpo School, Shey under Registration No. 1950002000490052 with Roll No. 18104162 & Session Annual 2020. Now I am applying for the correction in my Pass Certificates. Objection if any may be sent to the J & K State Board of School Education Jammu/Leh within 7 days from date of publication of this notice.

THE ADMINISTRATION OF THE UNION TERRITORY OF LADAKH
OFFICE OF THE INSPECTOR EXCISE RANGE LEH-KARGIL

Public Notice

It is for information of the general public of the locality of Upper Chulung, Fort Road, Leh, that Mr. Tashi Dendol, Leh has applied for liquor license i.e Retail vend of foreign liquor in hotel (LAEL-3) at M/s Hotel The Indus Valley Upper Chulung, Fort Road, Leh.

Objection, if any may be filed in the office of Excise & Taxation Officer, Excise Range Leh-Kargil within a period of sixty days from the publication of this notice.

No objections shall be entertained after the expiry period of this Notice.

Dated: 31/06/22
No: E1/ER/L/2022/23/151

Inspector
Excise Range Leh-Kargil
LEH / KARGIL



PARVEEZ ENTERPRISES

All products available under one roof

RAKtherm[®]
Ultimate Piping Solutions

ADVANCED GERMAN TECHNOLOGY

AUTHORISED CHANNEL PARTNER

CERTIFIED QUALITY PARTNER

PO Box 30739, Al Jazeera Al Hamra, Ras al Khaimah, United Arab Emirates

*Water flows
on Grohe*

GROHE

**WATER.
INTELLIGENCE.
ENJOYMENT.**

TAP TO TABLE
Get inspired!
The sink and faucet
combinations that make
cooking a treat!

BATHROOM SPECIAL
Everything you need for
your dream redesign.

TASTE MAKES THE DIFFERENCE
The taste of dishes, isn't it?
Using H2O to enhance
the flavor of the dish.

City Collection
Transforming
Bathrooms into
Living Spaces.

American Standard

DO VISIT FOR MORE INFORMATION
SHOWROOM 1. SHOP NO. G18 & 19 , AMI COMPLEX, OPPOSITE SNM HOSPITAL, LEH
CONTACT DETAILS: PARVEEZ: 9419178464 OR 9622966729. IMTIYAZ: 9469158582 OR 7051269525. YOUSUF: 9469048939