

AKH BULLE

VOL. 10 ISSUE 6 PAGES 8 In Conversation with Dr. Jamyang Gyalson

People's Voice

Women's participation in policy and decision making

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reach—Ladakh

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Ladakh Theatre Organisation celebrates World Theatre Day

Theatre must be introduced in schools and colleges as it improves body, speech and mind: Mipham Otsal



Artists of Ladakh Theatre Organisation after the play performance during the World Theatre Day celebration.

Tenzin Dajon

Leh: Ladakh Theatre Organisation (LTO) in collaboration with Cultural Academy, Leh celebrated World Theatre Day in Leh on March 27.

Chief guest of the occasion, Tsering Angchuk, Dy Chairman, LAHDC, Leh said, "Unlike movies and series, theatre is a live performance that needs live audience. Therefore, it is one of the worst hit during the pandemic and from today we should focus on it. We are trying to introduce theatre in schools from this year and it will be the first step of the Hill council towards theatre promotion. We are very hopeful to produce few artists in the beginning".

"In the past we had many dramas and each village used to have its own dramas, but due to lack of written compositions like book, it keeps disappearing. It is our pride that we have people like Mipham Otsal, and we must take advantage of him to revive the culture of theatre". he added.

Mipham Otsal, President, Ladakh Theatre Organisation said, "We have been doing theatre since its inception in 1995 and is very disappointing to see that no one is caring for it. As a result, theatre is facing problems from all sides".

"Theatre being a complete form of art includes both visual and performing art which makes it difficult. This may be the reason that people do not like it and the reason is not a good sign. Because if one does not like theatre then he/she doesn't like other arts too", he added

Mipham Otsal stressed on the promotion of Theatre in Education to develop body,

..Continues on Page 2

Athletes of Ladakh shine at Delhi Marathon

Tashi Dolma (1:27.49) and Diskit Dolma(3:22.06) came first and third



Ladakhi Runners during the 7th edition of the Ageas Federal Life Insurance New Delhi Mar-

Reach Ladakh Correspondent

NEW DELHI: Athletes Tashi Dolma and Diskit Dolma won first and third rank respectively in the 7th edition of the Ageas Federal Life Insurance New Delhi Marathon organized by NEB Sports at Jawaharlal Nehru Stadium on March 27.

Tashi Dolma claimed the first position in the 21km Elite Half Marathon with a timing of 1:27.49 and Diskit Dolma secured 3rd position in the 42km Elite Full Marathon with a timing of 3:22.06.

CEC, LAHDC Leh, Tashi Gyalson congratulated both the athletes for their splendid performance and for bringing laurels to the UT of Ladakh.

CEC also appreciated athletes Stanzin Wangchuk and Nawang Tsering. Nawang Tsering clocked 2:39.39 seconds which is so far the best timing by any Ladakhi Marathon-Runner (Men) breaking his own record which was 2: 42. 49 of last year.

L-G Mathur reviews implementation of NEP 2020 in higher education institutes in Ladakh



Lieutenant Governor of Ladakh, RK Mathur chaiing a meeting of implementing New Education Policy (NEP) 2020 in higher education institutes in Ladakh.

Reach Ladakh Correspondent

Len: Lieutenant Governor of Ladakh, RK Mathur chaired a meeting and reviewed the implementation of New Education Policy (NEP) 2020 in higher education institutes in Ladakh.

Vice-Chancellor, University of Ladakh (UoL), Prof SK Mehta; Commissioner/ Secretary, Higher Education, Padma Angmo; Dean, Academic Affairs, UoL, Prof Deskyong Namgyal and Director, Kargil Campus, UoL, Kaneez Fatima attended the meeting.

LG Mathur highlighted the need to introduce smart classrooms in all colleges and both UoL campuses in Leh and Kargil with high-speed internet connectivity through OFC cables and VSAT under NEP in the next financial year. He also suggested the extension of National Informatics Centre (NIC) to provide National Knowledge Network connectivity in both UoL campuses and degree colleges in Leh and Kargil.

LG Mathur emphasised the need for im-

parting orientation programmes to the students and developing linkages with international bodies, top NGOs, experts, etc. to expand the knowledge base of students. He stressed on the need for establishing an independent cell to provide soft skills such as personality development to the students. He suggested that UoL may collaborate with organisations such as British Council to provide language learning skills to the students.

He also suggested forming a group of top tribal experts to advise on the way forward for Tribal Research Institute.

Director, Kargil Campus, UoL, Kaneez Fatima, gave a detailed presentation on Implementation of the National Education Policy 2020 with a focus on access, quality and future readiness, the vision of NEP, initiatives taken by UoL for the implementation of NEP 2020, initiatives proposed for students, faculty members, development of the institute and employability; issues and challenges in implementing NEP 2020 in higher education, etc.

Conference on contribution of nuns towards preservation of Ladakhi culture held



Reach Ladakh Correspondent

LEH: Ladakh Academy of Art, Culture Discussion on importance of Bhoti lanand Languages (LAACL), Leh in collaboration with Ladakh Nuns Association organised Ladakh Nuns Conference on March 26 and highlighted the contribution of nuns towards the preservation of Ladakhi culture.

Ven Stanzin Palmo shared that nuns are getting monastic as well as modern education at the monasteries. She urged nuns assistance in receiving quality modern education. She also spoke on importance of Amchi medicine, providing counselling to the elderly persons, young generation, etc.

Deputy Secretary, Tsewang Paljor shared the objective of the conference and initiatives taken by the department in promoting the local language, preservation and promotion of art and culture and preservation of tangible and intangible heritage. The concerned scholars shared their ideas and suggestions and

raised the empowerment of nuns issue.

guage and roles the nuns could play in this regard was also carried out. Executive Councillor, Tashi Namgyal Yakzee said that such seminar would strengthen the ongoing work on promoting Ladakhi art, culture and language in every aspect. He added that the Hill Council Leh would extend all possible help in addressing the issues of the Nuns Association. He also urged the nuns to avail of the various schemes of the gov-

EC, Stanzin Chosphel appreciated Cultural Academy for their work and initiatives. He shared his thoughts on the importance of conducting surveys and collecting data on nuns for more insight. He said that LAHDC Leh would give special preference to qualified nuns for the contractual jobs to be advertised in near future. The conference ended with a question and answer session.

L-G Mathur visits Govt Middle School, Taknak, Sakti

Emphasises on subject matter specialisation

Reach Ladakh Correspondent

SAKTI: Lieutenant Governor of Ladakh, RK Mathur visited Government Middle School (GMS), Taknak in Sakti also known as Council Model School on March

LG Mathur was accorded a warm welcome by the staff and teachers of GMS Taknak led by Headteacher National award winner Sonam Gyaltsan. Mathur interacted with students, teachers, Village Education Committee (VEC) and parents and also inquired about the facilities available at the school for the students.

Headteacher Sonam Gyaltsan informed LG Mathur about the strength of students and teachers and the high number of enrolment of students at the school due to innovative methods introduced in the school such as availability of dedicated subject-based classrooms with subject-wise teachers, school exchange programme with different government and private schools in Leh, conduct of winter residential camps for students, hostel and bus facility for students, the introduction of remedial classes, etc.

Sonam Gyalstan also indicated his aspiration to develop GMS Taknak into one of the best schools in Ladakh. He informed that this shall involve converting GMS Taknak into a modern hi-tech smart school with all facilities, provision of a heating facility at the school, converting the school into a fully residential school, construction of more classrooms, a multipurpose hall and mid-day meal kitchen for ICDS children; blacktopping of



Lieutenant Governor of Ladakh, RK Mathur during his visit to Government Middle School (GMS), Taknak in Sakti.

school, the need for a permanent physical education teacher at the school and providing training and exposure tours to teachers.

He also requested assistance in operating the Integrated Child Development Scheme (ICDS) centre at the school.

LG Mathur emphasised the need to focus on subject matter specialisation as the school is now affiliated with the Central Board of Secondary Education (CBSE). He stressed developing the personality of students through extra-curricular activities such as debate competitions, music workshops and exposure sessions, etc. He stressed the need for continuous evaluation of teachers and providing training to the teachers.

The need for regular evaluation of students to ascertain learning outcomes was also stressed. LG Mathur suggested that the Education Department may introduce the biometric attendance system to monitor the attendance of teachers.

He highlighted the importance of improving government schools

the internal road leading to the in the long run through joint efforts of the Administration and Hill Council as well as all stake-

> Deputy Chairman, LAHDC Leh, Tsering Angchuk shared efforts made by Hill Council Leh to improve the quality of education in government primary schools.

> Councillor, Sakti, Rigzin Tsering raised issues related to the development of his constituency, viz. relocation and up-gradation of the Primary Health Centre at Sakti with a dedicated Block Medical Officer (BMO), improving internet connectivity in Taknak and Tagar mohalla, renovation of irrigation canals and crop fields, creation of jobs at Govt Higher Secondary School in Sakti, approval for the detailed project report (DPR) for water lifting project at Warila and Changla, sanctioning a medical sub-centre for Taknak halqa, etc.

> Sarpanch, Taknak halqa, Sonam Stobdan; Sarpanch, Tagar halqa, Tundup Dorjey; members of Village Education Committee (VEC), officials of Education Department and people from Sakti village were also present.

DC, Leh, discusses action plan under PMMSY Scheme

Reach Ladakh Correspondent

LEH: Deputy Commissioner, Leh, Shrikant Balasaheb Suse discussed the action plan under the Pradhan Mantri Matsya Sampadha Yojna (PMMSY) scheme and National Scheme for the Welfare of Fisherman for the year 2022-2023 with the concerned officers on March 23.

Various measures for benefitting the beneficiaries in Leh district was discussed. It also deliberated on enhancing fish production and productivity, developing ornamental and recreational fisheries, markets and marketing infrastructures.

The officials informed various activities and progress done by the fisheries department in the Leh district. Under the subsidy component of District Plan 2021, repair and supply of fish seeds/feed/ equipment and drugs were successfully executed to the 25 units in Leh.

DC, Leh, emphasised on proper marketing and branding of the fishes and fisheries products of Ladakh. He further stressed tapping the tourism po-



tential in the fisheries sector. He added that youths should be encouraged to take advantage of such schemes through the Fisheries department to get livelihood opportunities.

Additional District Development Commissioner (ADDC), Leh; Chief Planning Officer Leh; Assistant Director, Fisheries Department Leh, Executive Engineer, Public Health Engineering (PHE); Executive Engineer, Irrigation and Flood Control; Chief Manager, Lead District Manager (LDM) Leh attended the meeting.

15-day SBI skill development programme concludes



Participants after completing 15-day fast food stall and Udyami training organised by the State Bank of India, Rural Self Employment Training Institute (SBI-RSETI), Leh.

Reach Ladakh Correspondent

Leh: The 15-day fast food stall and Udyami training organised by the State Bank of India, Rural Self Employment Training Institute (SBI-RSETI), Leh concluded on March 24.

Chief Guest of the occasion, Deputy Chairman LAHDC, Leh, Tsering Angchuk congratulated the trainees and advised them to be employment-generator rather than employment-seeker. He impressed upon RSETI Leh to start

a training programme based on the demands of the local market and the importance of financial literacy and also praised the efforts of RSETI Leh in conducting such programmes.

Councillor, Khaltse, Lobzang Sherab congratulated the trainees and appreciated the efforts of the SBI. He impressed upon making more awareness programmes regarding the RSETI, the installation of persistence character, creativity in entrepreneurship and the importance of advertising and marketing in creating a brand.

Chief Manager, SBI Main Branch Leh, Farooq Ahmad & Director, SBI RSETI, Leh, Anil Singh apprised Deputy Chairman LAHDC Leh about the institution, its role in creating more entrepreneurs and it would conduct more training programmes

The event concluded with the distribution of certificates to the participants. Chief Manager, SBI main branch Leh, Farooq Ahmad; Director SBI RSETI, Leh, Anil Singh; Convener, UT-LBC, Leh, Tsering Morup; Lead District Manager, Muzzafar Hussain; Branch Manager, SBI Choglamsar, and JK Bank Moti Market were present during the

A total of 17 fast food &13 EDP youth were trained in two batches from different parts of Leh during the programme.

Imamiya Mission School moves towards improving classroom teaching skills

Tenzin Dajon

Сниснот: A 3 day workshop for science teachers to improve classroom teaching skills themed, 'Low cost no teaching aids" was organised by Imamiya Mission School, Chuchot in collaboration with J&K Student Welfare Society, Anantnag and Department of Science Technology, GoI from March 18 to 20.

Around 45 teachers from 22 schools participated in the work-

Chief guest of the occasion, Rinchen Lamo, Member for Minority Commission said, "A teacher should always stay updated to impart an effective modern lesson to the students. It is unfortunate that teachers do not get enough respect in the society which she/he deserves. There are many countries where the post of teachers is considered as the highest post. We need to bring changes in our perceptions, to motivate teachers and improve the education system. Along with this we need to bring some changes in children upbringing by parents."



Guests during the launch of 3 day workshop for science teachers to improve classroom teaching skills at Imamiya Mission School, Chuchot.

Ashraf Ali Barcha, President, Ajuman Imamia said, "It is a good sign that many new opportunities are coming in front of us after Ladakh became a Union Territory. Now it is the need of the hour to change ourself be it a teacher or a person from any other profession because the new setup has created a huge gap in the human resource of Ladakh. Therefore, it should be our collective effort to fulfil the gap with local manpower. We need to prepare our coming generations capable to fill up the gap and the workshop is a step towards that ambition".

"Not a single lady was in the

government service from this region when we started the school. Girls were not enrolled in school so we went door to door, convinced parents to educate their girls. Today we are very proud that our girls are excelling everywhere", said S.N Razvi, Chairman, Imamia School.

Javaid Ahmad, a science teachers said that he is in a teaching profession for last ten years and attended number of workshop. "This workshop is different as we were taught how to use discarded, old cheap items in the classroom to teach students the concept of science easily", he

Drug peddler held in Leh with contraband substances

Reach Ladakh Correspondent

Leh: District Police, Leh arrested one drug peddler during a Naka checking at Airport road Skalzangling, Leh and recovered contraband substances, Spasmo Proxyvon Plus, 1330 capsules, Tramadol Hydrochloride, 96 tablets, and Ganja 60 grams.

The person namely Waseem Khan S/o Karimmullah R/o Skyanos Leh was arrested and case FIR No 28/2022 under the relevant section of law has been registered at Police Station Leh. The investigation of the case has been started.

District Police Leh requested the general public to come forward with any information regarding drug peddlers and join hands with police in the fight against the menace of drugs in the district.



Ladakh Theatre Organisation celebrates World Theatre Day

...Continued from page 1

speech and mind in students. Amid challenges and difficulties theatre is happening at least twice a year because of Cultural Academy. He said that the new generation should understand that theatre is not just for entertainment only, it is more about creation.

He said, "It is a good news for us that University of Ladakh is going to start a certificate course in theatre soon, for which we are very thankful to the S.K Mehta, VC, UoL."

Tsewang Paljor, Deputy Secretary, Cultural Academy, Leh said, "Ladakh as a region was rich in folk

theatre, but unfortunately we have lost many of them. Therefore, on such day we can create awareness in people and share the importance of it to the coming generations. Theatre 'Zosgar Rigpa' in Ladakhi is one among the Rignas-Chu for which we feel proud. So, if we lose theatre today then one by one we will lose all the Rignas one day".

"Today if we could send a strong message, then people will develop interest in it like other Rignas. In this way we can revive the Zosgar Rigpa for sure", he added.

A play named 'Horling' was also showcasd during

Orientation programme held for senior officials of Ladakh on Forest Rights Act 2006



Reach Ladakh Correspondent

LEH: Department of Social & Tribal Welfare organised an orientation program for senior officials of UT Ladakh on the various provisions of the Scheduled Tribes and Other Traditional Forest Dwellers (Recognition of Forest Rights) Act, 2006 on March 22.

The online orientation workshop on the Act, which is also known as Forest Rights Act(FRA) 2006, was conducted by the National Tribal Research Institute, New Delhi, Ministry of Tribal Affairs, GoI.

Speaking in the opening session, Dr. Navaljit Kapoor, Joint Secretary, Ministry of Tribal Affairs emphasised that the training and capacity building of officials of UT Ladakh on the Forest Rights Act 2006 is essential for effective implementation of the FRA which recognises and vests the

Forest rights with the Scheduled

Tribes and other traditional For-

est dwellers.

Addressing the participants, Commissioner/Secretary, Social & Tribal Welfare, Ladakh, Padma Angmo said that this is the first workshop to orient senior officials of the UT, comprehensive training will be organised for the District, Sub-Divisional and Village Level Committees so that the Committees are equipped to carry out their obligations as mandated in the Act.

The Scheduled Tribes and Other Traditional Forest Dwellers (Recognition of Forest Rights) Act, 2006 became applicable to the UTs of Ladakh and J&K from October 31, 2019, after the enactment of the Jammu and

Kashmir Reorganisation Act -2019. The Rules for implementing the Act was framed in 2008 and further amended in 2012.

In conjunction with the Right to Fair Compensation and Transparency in Land Acquisition, Rehabilitation and Settlement Act, 2013 FRA protects the tribal population from eviction without rehabilitation and settlement. It also provides rights to the allocation of forest land for developmental purposes to fulfil the basic infrastructural needs of the community.

The Act aims to recognise and vest Rights to forest-dwelling Scheduled Tribes and other traditional forest dwellers who have been residing in such forests for generations but whose rights could not be recorded.

The technical session included sections of FRA, deciphering concepts and definitions, Role and Responsibilities of the mandated authorities and Process of recognition and vesting of Forest Rights.

The meeting was attended by members of UT Level Monitoring Committee and District Level Committee, Chief Conservator of Forests, Chief Wildlife Warden and Sub-Divisional Magistrates from the two districts.

Seminar on 'Export Enhancement and Awareness' held in Leh

Reach Ladakh Correspondent

LEH: Around 28 entrepreneurs participated in the one-day seminar on 'Export Enhancement and Awareness' organised by Department of Industries and Commerce, UT Ladakh in collaboration with the Handloom Export Promotion Council for entrepreneurs and Self-help groups of Ladakh on March 28.

Secretary Industries and Commerce, Saugat Biswas thanked HEPC for organizing the seminar and hoped that pashmina export will pick up in Ladakh. He shared that districts Leh and Kargil already have an export plan in place. Further, Secretary Saugat Biswas requested the Director of Industries and Commerce to identify Ladakhi entrepreneurs interested in evolving as exporters. He directed the Ladakh Incubation Centre, Leh to be one point of contact for entrepreneurs who want to export or need handholding. He asked the Ladakh Incubation Centre team to be in direct touch with the Directorate General of Foreign Trade (DGFT) and HEPC and requested DGFT to give them guidance on the various portal

Director Industries and Commerce, Moses Kunzang said that the Department has been interacting with various experts and institutions to help entrepreneurs

Reach Ladakh Correspondent

LEH: Given the shortage of teaching staffs in vari-

ous Govt. Schools of Leh district, the Hill Council

Leh led by the Chairman/CEC and the Dy Chair-

man/EC Education has decided to provide fund to

engage 80 subject teachers for different subjects

The officials have directed Chief Education Officer,

Leh to timely submit list of vacancies in all schools

so that the actual process starts as soon as possible.

through outsourcing on a contractual basis.



Participants during the one-day seminar on 'Export Enhancement and Awa ness' organised by Department of Industries and Commerce, UT Ladakh.

from Ladakh venture into export within India and foreign countries.

Highlighting the various initiatives taken by the department, Moses Kunzang shared that a state-of-the-art laboratory will soon be set up in Ladakh to certify the purity of pashmina wool. Further, he shared that Ladakh emporiums will be established in New Delhi, Leh Market, Diskit and Kargil for entrepreneurs to showcase and sell their products.

Executive Director, Handloom Export Promotion Council, N. Sreedhar said that the programme was exclusively designed for the development of handloom products from Ladakh and hoped that the programme would be beneficial to the participants.

In the seminar, the participants were given a detailed presentation on important themes such as Shawl and Carpet weaving

Hill Council, Leh, to provide fund for engaging contractual

teachers in Govt. schools

on Handlooms by Principal Scientist and Nodal Officer, Central Sheep & Wool Research Institute, Rajasthan; Assistant Manager, NHDC, Kullu, S.S. Shinde, gave a presentation on yarn schemes; Deputy Director, WSC, Srinagar, Tahir Ahmad made the participants aware of India Handloom Brand and various schemes of the Ministry of Textile. The participants were given a presentation on Pashmina Production by Professor Feroz Din Sheikh, Head, Krishi Vigyan Kendra, Leh; DGFT Ludhiana, Dr. Ram Prakash also gave a presentation to the participants; Assistant Professor, NIFT, Srinagar, Dr. Yaseer Mir gave a presentation on Design and Marketing Intervention. The presentations were followed by an interactive session.

The participants expressed their gratitude to the Department of Industries and Commerce for their support and initiatives.

In their messages, the officials have also stated that

such steps would help resolve issues of academic

losses to students studying in various Govt. schools

CEC Gyalson further added that the idea is to fill

the gaps of shortages of subject teacher especially

for languages of Bhoti, Hindi and Science, etc. He

also stated that this step would also ease issues of

unemployment among the young generation of the

due to shortages of subject teachers.

district temporarily.

5th Bn ITBP flags off students from Changthang region for Bharat Darshan

Reach Ladakh Correspondent

LEH: A total of 25 students from the Changthang region are selected for Bharat Darshan Tour 2021-22 organised by the 5th Battalion Indo-Tibetan Border Police (ITBP) under its Civic Action Programme.

A flag-off ceremony was held at Drona Hall of 5th Bn ITBP on March 22 in presence of Deputy Inspector General (DIG), North-West Frontier, M Kumar; DIG Sector HQ Ladakh, Sandeep Khosla; DIG, NWF, C.R. Jat; DIG, NWF, R K Verma; Commandant 5th Bn, D Justin Robert; Second-in-Command, Gautam Sharma and other officers.

Chief guest, DIG, NWF, M Kumar shared that the Bharat Darshan tour would be a great learning experience and an opportunity to broaden the horizons of the mind. He instructed the students to learn and share



During the flag-off ceremony of the students for Bharat Darshan organised by the 5th Battalion Indo-Tibetan Border Police.

their experiences on their return.

The 25 students selected for the Bharat Darshan are residents of Durbuk, Tharuk, Tangste, Shayok village of the Changthang region. They would be accompanied by two teachers along with two ITBP officials. During the tour, the team would visit important places of interest, historical places and monuments of the State/UT. They would also meet with the Director-General, ITBP at ITBP HQ in Delhi.

The tour would commence from March 23 to 29 from Leh to Vadodara, Kevadia, Somnath (Gujarat) and Diu via Delhi. The objective of the tour is to know more about our country, to enhance the knowledge of the students by visiting different places of the country and also to develop a mutual relation between security forces and the civilians and to let them experience the feeling of unity in diversity of our country.

Week-long cultural workshop for councillors of LAHDC, Leh, concludes



 $Councillors\ of\ LAHDC,\ Leh\ performing\ during\ the\ week-long\ cultural\ workshop.$

Reach Ladakh Corresponden

LEH: LAHDC, Leh in association with the Ladakh Academy of Art and Culture, Leh organised a week-long cultural workshop for the Councillors of LAHDC Leh from March 17 to 23 at Zen hotel.

Experts from various traditional backgrounds led by legendary folk singer of Ladakh, Padma Shri awardee Morup Namgyal presented classes every evening on folk songs, folk dance and traditional instruments. Expert talks were also conducted for all the Councillors during the workshop.

Addressing the closing function, Dy Chairman Tsering Angchuk stated that Councillors as the prominent public representatives models in promoting Ladakhi culture and tradition to the masses. He mentioned that all the Councillors have a lot of learning to take away from the workshop. He further expressed his gratitude to the Chairman, LAHDC Leh and the Executive Councillor for Art and Culture, LAHDC Leh for the initiative and the experts for sharing their experiences and pieces of knowledge with them.

Executive Councillor for Art and Culture, Stanzin Chosphel expressed his gratitude to the team of experts for spending their valuable time and teaching traditional songs and dances to the Councillors. He also extended his gratitude to the Cultural Academy Leh led by Dy Secre-

tary, Tsewang Paljor for successfully conducting the workshop. He added that Hill Council Leh is working efficiently in promoting and preserving the enriching Ladakhi culture and tradition. He also mentioned several initiatives from the Council in all the regions of the district and sought assistance from the Councillors in efficiently implementing the programmes.

All the Executive Councillors and Councillors shared their experiences and valuable feedback from the workshop and expressed gratitude to the experts and organisers for the wonderful week-long workshop. The programme concluded with Traditional dance, song and instrumental presentation by all the Councillors of LAHDC Leh.

The experts for the workshop were Padma Shri awardee Morup Namgyal, Mipham Otsal, Tsering Nurboo Digar, Dorjey Stakmo, Tsering Angdu Khegu, Tsewang and musicians led by Tsewang Phunchok.

Cultural Academy, Kargil, celebrates World Theatre Day

Reach Ladakh Correspondent

KARGIL: Artists of RANTHAG theatre group performed a Purgi play titled 'Lchama Khatoon' during the World Theatre Day celebration organised by Ladakh Academy of Art Culture and Languages, Kargil on March 27 at auditorium hall, Kargil.

The play was directed by Kacho Ahmad Khan and written by Taqi Khan Nayab. Chief Guest of the occasion, Er Phuntsok Tashi appreciated the endeavors of RANTHAG and said that the group has always tried to spread awareness pertaining to social issues of society. He said that the program was aimed to make people aware of the importance of theatre and LAACL Kargil deserves appreciation for holding the event.

Tashi advised RANTHAG Theatre Group to continue their the-

atrical activities in the future as well in order to educate and entertain the masses.

RANTHAG Director, Kacho Ahmed Khan expressed gratitude to the audience for a successful event and briefed about the activities of the Theatre Group.

The day celebrates the essence, beauty, and importance of theatre arts, their significant role in entertainment, and the symbolic impact that theatre has on life.

People's Voice

By Tenzin Dajon



YANGCHAN DOLMA (AMA CHOCHO), Senior Woman leader: The issue of gender discrimination is not so serious in Ladakh, yet earlier due to lack of literacy and education among women, the participation of men is comparatively more. 50 years ago, sixteen women from Leh established the first women wing (Ma-

hila morcha) and started the journey of woman leadership in politics. Women in Ladakh have tried to play their role when the situation in Ladakh was fragile, poverty and taxation were at an all-time high. Unfortunately, to date neither we could produce a single woman elected representative in the council nor the assembly of the erstwhile state of J&K.

Today the situation has improved a lot and I feel very happy to see many women taking part in politics. Many women still hesitate to participate in elections because of fear of losing, lack of confidence, etc. I must say that politics is not bad it is the only platform where major decisions are made for society. It doesn't matter which party you join but the only condition is that your intention should be right and we have to leave the selfish motive. Acho Sonam Wangyal use to advise me to work for the poor as they need our help the most. I have served in all the political parties be it Congress or BJP and tried my best to strengthen the women wing in both parties. It is my advice to the young girls to lead the campaign instead of following men in the campaign. I am 85 and I could not contest the election even I wish, but young girls should come forward and contest in the election.

It looks very beautiful having educated young boys in the council, and similarly, we need to bring educated-young girls to the council. For this women need to actively participate in politics with the right intention to serve society. Right intention is a must. As a woman, we consider ourselves weak, but we must know that woman plays a vital role in society.

Women's participation in policy and decision making



LOBZANG DOLMA, Sarpanch Ufti-Pibiting: In most families women in Ladakh are getting equal opportunities in education and other sectors, but it fails when it comes to decision and policymaking. To be precise it is politics where major decisions are made for society. In Ladakh, people have different perceptions regard-

ing women's participation in politics. Generally, we advise our young girls to become doctors, engineers and pilots but we never encourage them to become political leaders. Even if a woman decides to participate in politics people question her decision. They doubt her capabilities and it is the opposite with men. Society has never supported a woman to be a political leader and the irony is even a woman does not support a woman in such cases. A woman has to face defeat in an election whenever she tries to contest an election. Therefore we need to develop a new political culture in Ladakh where women leaders will also be there.

In the history of Zanskar neither a single woman has dared to contest an election nor a political party has given a mandate to woman candidates in the council election. If we want to improve women's participation in decision making then there should be reservations for women at the beginning. There is three female sarpanch in Zanskar due to reservation, otherwise, without any doubt, the gap would have been filled by men. Having said that people have now started reading the capabilities of the candidates irrespective of gender. We need to come forward; the route may be challenging.

Nowadays both girls and boys are getting an equal opportunity in school education, but a girl student lacks vision when it comes to a career in Zanskar, due to lack of awareness and counseling. Lack of self-confidence in girls is the main reason why they avoid this important field. We can bring revolution if we could engage women in decision making, and someone must break the ceiling. We need to strengthen our girl and motivate her to be a leader. Like men, we should give responsibilities to women as well. Equal respect should be given to both. Today at the ground level we are witnessing a lot of women's participation be it Sarpanch, Panch, BDC, etc which is a good sign of beginning.



RIGZIN CHOROL, BDC Nimmu Women representation in the policy and decision making lacks for sure in Ladakh. The absence of elected women councilors in both councils clearly shows the existence of a gap. In the past there has been some reason for this gap, now it is the 21st century and equal opportunity

should be given to both men and women. It is good that we do not have issues like dowry in Ladakh, but we have our issues and challenges. Lack of women leadership is one of them and as a society, it poses a huge question mark on gender equality in Ladakh. Indeed, we cannot do much with the elder generation but we can nurture the young generation by providing them platforms, so they could serve the community by sitting on the top positions in the state. To achieve this goal we need to educate and motivate our young girls because education is the only weapon that can be used to bring change. There is a saying, "You educate a man; you educate a man only, you educate a woman; you educate a generation." Earlier women were limited to household work only, and their participation in politics was left behind due to this culture. Resulting in everybody's doubt on the capabilities of a woman. But the situation is changing now and people are understanding the importance of woman's participation in decision making. And woman participation on the ground has begun in the form of Panch, Sarpanch, BDC, etc is a positive signal.

A woman can understand the problem of a woman better. Therefore at least 33% women representation in the council is a must to solve this hideout issues. Women by nature are considered as more responsible and more caretakers. If women's representation increases in decision making then we will see a revolution in the form of effective governance and corruption-free administration. To achieve this goal we need to conduct an awareness camp among women. Recently SECMOL has launched Woman Leadership Programme which is a revolutionary idea and will bring a change in the perception. The platform will not only develop self-confidence in selected candidates but will motivate many other young ladies to follow the path.



World Theatre Day

World Theatre was created by the ITI and was celebrated for the first time on 27 March 1962, the date of the opening of the "Theatre of Nations" season in Paris. The day is celebrated to raise the importance of theatre arts, how they played an important role in the field of entertainment, and the changes that theatre brings in life. One of the most important actions for the World Theatre Day is the circulation of the World Theatre Day International Message through which, at the invitation of the ITI, a figure of world stature shares her or his reflections on the theme of Theatre and a Culture of Peace. The first World Theatre Day International Message was written by Jean Cocteau. The message is translated into different languages and distributed widely.



The author of the Message of the World Theatre Day 2021 is Helen Mirren. She is one of the best-known and most respected actresses with an international career that spans stage, screen, and television and has won many awards for her powerful and versatile performances, including the Academy Award in 2007 for her performance in The Queen.

SoulSpeak

P.P. Wangchuk

Be your own best friend



When I say that one should be one's own best fried, I mean that one should love one's self as much as one loves one's dear and near ones. It also means that one should, in no way, be indifferent to one's self.

This leads us to an opt-repeated question: Who is your 'Enemy No.1?'. Agreed, it is cliché, and maybe quite a boring theme for discussion. I am

writing it quite hesitantly. And yet, I feel there are certain things that need constant reminders, and I am writing it as a reminder to myself more than to my readers.

Most of us do certain things, knowingly or unknowingly, on a daily basis that hurt us beyond redemption. And my guess is that we commit such acts unknowingly most of the time. For example, your feeling and preference for the need to 'take it easy' instead of tackling the issue by taking it head-on can cause you more loss or damage than the worst of things an 'external enemy' can do. It is in this context that you say: You are your own 'Enemy No. 1'!

Here is a quote by British novelist Amelia Barr that explains this dichotomy very nicely: "No person was ever ruined from without. The final ruin comes from within." This means that you and you alone are responsible for your problems and miseries. You have not been sincere and courageous enough to take on the 'enemies within'. Taking 'shelter' in the 'ease of doing nothing' instead of 'helping own self creates an enemy within. Sheer indifference to the good things of life could alter your own and others' lives because you are doing a 'will-ful' commission and omission of a heinous crime that no enemy from without can do.

If you are true to yourself, you will realise that life is all about befriending, loving and caring. The more you do of this, the more you become your own true friend..

Courtesy: WongWorld

The writer is a New Delhi-based Editor-at-large, columnist and professional speaker

DID YOU KNOW



- Eurasian tree sparrow
- Adult lungs have a surface area of around 70 square metres. Your left and right lungs aren't exactly the same. The lung on the left side of your body is divided into two lobes while the lung on your right side is divided into three. The left lung is also slightly smaller, allowing room for your heart. An average person breathes in around 11,000 litres of air ev-
- World Sparrow Day is celebrated across the world on 20 March to raise

- awareness about the conservation and risks face by the house sparrows. This day also celebrates the relationship between people and sparrows, spread a love for sparrows, awareness about their importance in our lives, etc.
- The Japanese city of Iga, which has a rich history of martial arts masters and claims to be the birthplace of the ninja, suffered from a ninja shortage in 2018, despite the fact that they're willing to pay salaries as high as \$85,000 for the performative ninjas willing to take on the job of staffing their annual ninja festival.
- The Sulabh International Museum of Toilets in New Delhi, India, features a rare collection of objects "detailing the historic evolution of toilets" from 2500 BCE to right up until today.

In Conversation with

Dr. Jamyang Gyalson, State Award winner in Literature

Interviewed by Tenzin Dajon

Q. Brief us about the history of Ladakh's literature?

'Tsom-Rigs,' literature in Ladakh includes drama, poetry, grammar etc., which are further compartmentalized into ten fields of knowledge system. Most of our literature began in the eleventh century when Lotsawa Rinchen Zangpo came to Ladakh from Tibet. He built Nyarma Monastery in Thiksey village. His literary works are still available even today. Out of many disciples of Lotsawa Rinchen Zangpo, two of his students built Alchi Lakhang where they inscribed beautiful poetry on frescos (wall painting) which corroborates the existence of poetry in Ladakh back then. The field evolved with a rare poetic rendition at the beginning that later blossomed during the reigns of kings. Unfortunately, in the 18th century, these art/compositions were destroyed during the invasion of Zorawar Singh. Former sRas Rinpoche Lobzang Tsultim Chosphel was a scholar of RigNas. He studied in Tibet and wrote many literary works, which earned him the epithet 'the Pandita of Ladakh.' Lama Tsultim Nyima was a scholar of Nyanngak 'poetry' too. He built Rigzong Gonpa. As a contemporary of Zorawar Singh, he advised Zorawar not to invade Tibet as the country was very powerful then. But, the Dogra General didn't heed the advice and was later killed in Tibet.

In modern times many scholars like Late Tashi Rabgias left an indelible mark in the field of Ladakhi literature. In 1959, Bakula Rinpoche established CIBS to develop and promote the literature of Ladakh.

Q. We have seen that most of the authors are foreigners who wrote books on Ladakh. What reason do you see?

There have been two reasons behind a few authors from Ladakh. First, the lack of capability and secondly financial assistance to write a book. Publishing a book is not a piece of cake; one has to print the book on self-expenditure after writing it. Therefore, due to lack of support from the government, and lack of market, it becomes difficult for a writer to write a book. The foreigners, on the other hand, have better opportunities and support either from his/her university or government for their work. Thus, we can see more books in English than in Bhoti or Ladakhi.

However, compared to earlier times there are enough authors and writers in Ladakh. When I was young it was very difficult to find a person that could read, especially Umet (Tibetan script). Now besides English, there are many Bhoti teachers and writers. Even there are many youths that are quite good in the subject. We are very hopeful that in the days to come we will see many young writers and authors.

Q. There is a demand for the inclusion of the Bhoti language in the 8th Schedule of the Indian constitution. Are we prepared for that if it is fulfilled?

There can be little challenges in the beginning, but we are all ready. Bhoti is not yet an official language because of which we don't have many opportunities in getting jobs after learning it, except in a few departments like- Radio, DD, and Information Department. The subject is being taught in schools and monasteries from the first standard and once it becomes an official language, the youth will develop a heightened interest in it automatically. They can opt for Bhoti as an optional language in civil services examination like UPSC and can give interviews in the language. Both hill councils and MP Ladakh is emphasising the inclusion of Bhoti under the 8th schedule and I think Govt of India will soon pass it in the parliament.

Besides job opportunities, we must learn Bhoti as it is an inherent part of our culture. Basics of Bhoti should be learned by everyone, especially students doing master and PhD. The challenges are more in rural areas as they lack both infrastructure and faculties, but if our people and leaders work together then it can be easily

a working knowledge of Bhoti. Adult education is being discussed in Leh. Language is the main pillar of culture. If a society loses its language, then it will also lose its culture. Many foreigners learn about Bhoti in Dharamshala for a reason. They know it is full of treasures like Rignas-Chu.

sorted out. LBA says that within five years they will leave no one without

Q. How do you see the reading culture of Ladakh?

It is a little disappointing. There are very few people who read newspapers or books on a regular basis and the number decreases further in the case of Bhoti readership. Even students are not reading much, they do just to pass the examinations. Students should read different kinds of books other than academic books as it will improve their personality. Our KanGyur- TenGyur is full of philosophy written by ancient Indian scholars like Gonbo Lundup. In the month of Tangpo (Holy month), these texts are read by the Buddhist community of Ladakh. In Leh, these texts are mostly read by people from Zanskar and Changthang because they started learning these texts before ABC in their villages as a part of tradition with their parents, especially in winter. The readership number is dismal in the cities.

...Continues on Page 6

Message to the readers

Bhoti is the root of our culture and literature and we must give effort for its promotion and preservation.

Fortnight Highlights



A market checking team made a surprise inspection of the general stores, restaurants and vegetable sellers in Khaltse. A total of Rs 3,400 was collected from the defaulters.



CEC, Hill Council, Kargil, Feroz Ahmed Khan along with DC, Kargil, inaugurating the newly constructed library and computer block of Kargil boys hostel at Channi, Jammu.



Actors performing a skit on the theme of 'Pulse Polio Immunisation' at Khaltse CHC.



The Ice Hockey team of Ladakh Women's Ice Hockey Foundation represented India in the Union Women Ice Hockey Tournament at Dubai and won Silver for the country.



A Police public meeting was held at police post Khaltse headed by Incharge SHO Khaltse, Skarma Angchok. He briefed the participants about proper verification and entry of tenant/non-local labours and traffic management/parking at Khaltse market.

Padma Shri awardee Chultim Chonjor meets L-G

Raises issues for development of Zanskar sub-division



Reach Ladakh Correspondent

Leh: Padma Shri awardee Chultim Chonjor met Lieutenant Governor of Ladakh, RK Mathur and raised several issues for the development of Zanskar sub-division at Raj Niwas on March 23.

He talked about inspecting the site and preparation of detailed project reports (DPR) of solar-powered lift irrigation system in Anmu, Stongday, Kumik, Shilingskit, Teach Khasar, Langmi Rejien Hogchet, Karsha, Hamiling, Sjygam, Shamulling, Remala, Ichar, Cha, Marling, Purney, Tsazar, Zangla and Pishu; identifying land and developing infrastructure for the construction of a civil airport at Padum; relocation of the headwork of Shinkula Tunnel in the northern portal from the proposed location to Lakhang at the

foothill of Shinkula Pass instead of the current proposed location; setting up a cement factory in Zanskar; conducting a mega plantation drive at Marthang in Zanskar; sanctioning of loan against mortgage of immovable property instead of loan against guarantor; sanctioning of the proposed lift irrigation system

for Marthang, etc.

LG Mathur informed that the solar-powered lift irrigation projects are a priority this year and the civil airport in Zanskar is under consideration. He shared that Border Roads Organisation (BRO) is preparing the DPR for the Shingkula Pass and the tender may be floated this year. He further shared that the transmission line from Drass to Padum, completion of the hydel projects by KREDA and the proposed installation of the solar power plant would improve the power situation in Zanskar in the long

A delegation of Sarpanch Coordination Committee from Zanskar led by Chairman, Block Development Council (BDC), Karsha, Lobzang Namgail raised the issues of the people of Karsha, Phey and Salapi villages, including the construction of road from Nakpo Manay to Soma Photang in Karsha under special development package (SDP) fund; setting up a Primary Health Centre (PHC) at Abran and Phey villages; setting up a tribal hostel facility for students at Government High Secondary School, Phey and Government High School, Karsha; sanctioning of lift irrigation facility at Karsha, Yulsum and Hemiling villages; construction of a circular road in Jungkhor; construction of a multipurpose stadium in Jungkhor; beautification of Sani Lake; settling the dispute over land between people of Salapi Gyapak and Ruk-Ruk villages and ex-servicemen and the sanctioning of community development (CD) block for Stoth with the headquarter at Phey village.

Ladakh's researcher focuses on geo-heritage sites protection

The sites will provide access to a wealth of information about rich geological pasts for researchers and scientists from all over the world



Geologist, Dr Ritesh Arya and Kunzang Dolma during the study of Paleolake deposit of Shey.

Mohd Illyas

Leh: Team of researchers from Ladakh joined together to safeguard and preserve Ladakh's Geo-heritage monuments, educate youths, and develop Geo-tourism in the Union Territory of Ladakh.

Ladakh's repository of rich geo-heritage sites is being unwittingly destroyed because of growing urbanisation, without knowing its scientific importance of it. These sites in Ladakh can be protected by promoting Geo-tourism and by educating youths and common people about the Himalayan geological evolution and climate change. Preservation of these sites can leave a positive legacy for future generations. Also, studying these sites can reveal knowledge about the changes that have occurred in this area in the past, a wealth of information about our rich geological past for researchers and scientists visiting from all over the world. Protection and preservation of these places as Geo-heritage sites are needs of the hour for the promotion of Geo-education and historical re-

Geologist, Dr Ritesh Arya dis-

covered dozens of precious fossils in Ladakh. During a pilot project of Ladakh Science Foundation in the year 2021, the researchers Kunzang Dolma, Tondup Dolker, Mohd Ilyas, Salim Ahmad, Tajali Mohiuddin and Irfan Ahmed studied the Paleolake deposit of Shey under the guidance of Geologist, Dr Ritesh Arva of Indian Geoparks. Their claim is based on the existence of freshwater in the past. Molluscs and plant fossils have been discovered in Shey paleolake layers that were previously thought to be lifeless. This is the first time that fossils from the paleolake deposits have been reported. These fossils were discovered after thorough research into the circumstances that contributed to the formation and evolution of the paleolake at Shey.

Two of the research abstract titles published are:-

1. First report of fossils of freshwater gastropod and plants from the Palaeo Lacustrine deposits at an altitude of 3000 m AMSL in Ladakh, India, in the International webinar on Molluscs and Ancient human societies and meeting of the Archaeomalacology group (AMWG) [International Council of Archae-

ology (ICAZ)], Department of A.I.H.C. and Archaeology, Deccan College, Pune, 28-30 September 2021.

2. Climate Change and Global Warming impact on lakes of Ladakh, International Conference on Earth and Environment in Anthropocene, October 2021, Central University of Karnataka

The researchers believe that the current site, which contains evidence of climate change, fossils, and flash floods, should be preserved and conserved, and should be designated as a Geoheritage site because these sections hold the key to understanding climate change and human responses to it, as well as the changes that the site has undergone in the past.

On March 16, a team of delegations comprising Mohd Ilyas (MSc in Geology); Kunzang Dolma (BA Honours in Geography) and Tondup Dolkar(Aerospace Engineer) met Lieutenant Governor, RK Mathur. They raised the issue of promoting geo-tourism and the protection and preservation of geo-heritage sites of Ladakh such as the Shey PaleoLake clay deposits, educating and raising awareness among tourists about the geological evolution of the Himalayas, establishment of Ladakh Geoparks and job opportunities for students studying specialised subjects, etc.

Lieutenant Governor RK Mathur stressed the need for integrating Geo-tourism with education and economy along with raising awareness among students about the geomorphological features of Ladakh.

(The writer pursued MSc Geology from Delhi University. You can send your views and comment at ladakhgeoparks@gmail.com)

In Conversation with Dr. Jamyang Gyalson

...Continued from Page 5

To develop literature the youth have a huge role to play. Cultural Academy has printed around 300 books on Ladakh on topics ranging from drama, songs, stories and many more that are available at an affordable price of just Rs.15-20. Youth must read these books and in fact, they must have their own library in their house. In this way, our roots will be strong, and we can tell the world about Ladakh. By creating awareness, we can develop the culture of reading in Ladakh.

Q. Brief us about the importance of CIBS in the promotion and preservation of Ladakh's liter-

CIBS has been contributing to the promotion and preservation of our literature since its inception in 1959. Be it the newspaper of LBA, Ladakh SarGyur or the magazine of the Information Department, Ladakh Phonya, and all the major Bhoti publications from Ladakh are edited by CIBS. Many monastic schools are affiliated with it and most of the Bhoti teachers in Ladakh are from CIBS. In addition, it has produced personalities like Jamyang Tsering Namgyal, MP Ladakh, Rinchen Lamo, Member for Minority Commission, EC, Tashi Namgyal Yakzee and many more. Therefore, institutions like CIBS are not only an institution of education but also an institution of culture.







THE ADMINISTRATON OF UNION TERRITORY OF LADAKH LADAKH AUTONOMOUS HILL DEVELPOMENT COUNCIL LEH
OFFICE OF THE CHILD DEVELOPMENT PROJECT OFFICER, ICDS LEH

ADVERTISEMENT NOTICE

Applications are invited on the prescribed format from the eligible female candidates for engagement of Anganwadi Helper on Honorarium basis as shown in detail below. The application form can be had from the office of the CDPO, ICDS Leh during office hours, which should reach in the office of the undersigned by 5 April, 2022. No application shall be entertained after the last date:

S. No	Panchayat Halqa/ Ward			Name of Mohalla/ Panch constituency for which AWCs sanctioned
1	Saboo	Saboo Chubabs	AWH	Saboo Chubabs

Criteria for selection of Anganwadi Helper:-

- a) The selection of Helper shall be restricted to the village/ ward where Anganwadi Centre is locate.
- b) Female candidate in the age group 18 to 45 years.
- c) Minimum qualification for Anganwadi Helper shall be Middle pass. In case no Middle pass candidate is available in village/ward, candidate lesser qualification shall be considered, in case of non- availability of eligible candidate in the village / ward. Preference shall be given to the candidates from BPL category in following order of priority:-Widow ii) Divorce iii) Orphan IV) any candidate from amongst from poorest of the Poor in the Revenue village/ward.

Child Dev. Project Officer, TCDS, Project Leh.

No: - ICDS/Leh/Adv-06/22/695-701

26 .03.2022.

NOTICE

I, Tsering Angchuk S/o Tsering Tundup R/o Tukcha, Leh UT Ladakh owner of M/s Zaltak Guest House situated at Upper Tukcha, Leh, UT Ladakh wants to change the registration of M/s Zaltak Guest House in the name of my father Tsering Tundup S/o Tsewang Stanzin R/o Tukcha Leh UT Ladakh. Any objection in this regards may file their report in writing within 14 days from date of publication of this notice to Assistant Tourism Department Leh.

I, Chemat Angmo W/o Nawang Tsering R/o Tukcha, Leh, UT Ladakh owner of M/s Mandal Chan Guest House situated at Upper Tukcha, Leh, UT Ladakh wants to change the registration of M/s Mandal Chan Guest House in the name of my husband Nawang Tsering S/o Tsering Gonbo R/o Tukcha, Leh,UT Ladakh. Any objection in this regards may file their report in writing within 14 days from date of publication of this notice to Assistant Tourism Department Leh.

NOTICE

An application has been received from one Thinles Tundup S/o Phunchok Tsering R/o Shang UT Ladakh to transfer the Vehicle No. JK 10 A5539 owned by Rigzin Chospal S/o Sonam Morup R/o **Saspochay UT Ladakh**. Now, it is therefore notified for general information that objection if any to the proposed transfer shall be filed in writing in the office of Assistant Regional Transport Officer (ARTO) within a period of 10 days from date of publication of this notice.

No: ARTO/ UT/L/2022/2715-16

Date: 29-02-22

Asstt. Regional Transport Officer Leh Ladakh

World Tuberculosis Day observed in Kargil



Chief Medical Officer, Leh, Dr Nurzin Angmo speaking during the World Tuberculosis Day.

Reach Ladakh Correspondent

KARGIL: District TB Control Society, Kargil observed World Tuberculosis Day themed, 'Invest to end TB' on March 24 at Auditorium Hall.

Acting Chairman and Chief Executive Councillor LAHDC Kargil, Aga Syed Hasan Arman was the chief guest on the occasion. He said that health is one of the precious gifts and in this regard individual and institutional level efforts are needed to eradicate chronic diseases such as TB.

While acknowledging the efforts of the health workers, he said LAHDC Kargil is indebted to their services and all measures will be taken to strengthen health infrastructure in Kargil.

He further said that eradication of Tuberculosis must be taken as a movement in the Kargil district and all efforts need to be done to eradicate TB from the district.

Dr Abdul Jalil advised the students of GNM Nursing School to act as messengers to spread awareness regarding the disease in Kargil.

Consultant Physician, Dr Ghulam Hussain Bardi detailed the signs, symptoms and preventive measures about TB. He spoke about issues such as Latent TB and Chronic TB, nutrition, Tuberculosis Prevention Treatment (TPT), National Tuberculosis Elimination Program (NTEP) and other aspects related to the disease.

Dr Bardi asserted that everybody has to extend support to eradicate TB from Kargil and as everyone is at a risk to get infected from it. Therefore all preventive and medical interventions must be done to eradicate the disease.

Medical Officer NHM, Dr Ibrahim Khan gave a presentation on the overall scenario of Tuberculosis in the Kargil district. He spoke at length on the history of health campaigns on TB post-independence and briefed the audience about NTBEP, TB notification ratio, advocacy and community mobilization.

District TB Control Society, Leh, observes World Tuberculosis Day



Chief Medical Officer, Leh, Dr Nurzin Angmo speaking during the World Tuberculosis Day.

Reach Ladakh Correspondent

Leh: District Tuberculosis Control Society (DTCS), Leh observed World Tuberculosis Day in collaboration with Women's Alliance Leh on March 24.

President, Women's Alliance Leh, Tsering Chondol appreciated the medical fraternity for their dedication and role in the elimination of TB and expressed gratitude for making Women's Alliance a part of the event. She assured that the members of the Women's Alliance in all the different villages would cooperate and spread awareness about tuberculosis at their level. She added that a block-level awareness program on TB would be beneficial for the public.

Chief Medical Officer, Leh, Dr Nurzin Angmo informed that UT Ladakh, Leh district has achieved bronze certification in the Sub-National Certification under NTEP rolled out by the Ministry of Health and Family Welfare (MoHFW) to review the progress towards TB Free status. She lauded the effort of the District TB Control Society and its staff for achieving this feat and their continued dedication and hard work.

CMO Leh stressed the need for the de-stigmatization of TB patients by society and appealed to everyone to not harbour any biases against them. Focusing on the curability of TB with medical treatment, Dr Nurzin shared that in all government hospitals TB diagnosis and medicines are freely provided.

Physician specialist, Dr Tashi Thinless gave a detailed powerpoint presentation highlighting different aspects of tuberculosis including, challenges to eradication, programmatic management of drug-resistant TB (PMDT), tuberculosis preventive treatment (TPT) for high-risk cases and latent TB.

Earlier, highlighting the significance of the World Tuberculosis Day, Medical Superintendent, SNM Hospital, Leh, Dr Tsewang Chorol shared that the day is observed to educate and spread awareness among the public about TB. She lauded the healthcare workers for their extensive surveys to trace and diagnose TB cases under National TB Elimination Programme (NTEP).

Further she informed that Leh district has seen a reduction of 20% in new TB cases between 2015 to 2021. She informed that the deadline for TB elimination for UT Ladakh is 2022 and urged for the cooperation of all for timely achieving the goal. She stressed that women could play an important role in spreading awareness about TB.

Deputy Chief Medical Officer, Leh, Dr Manzoor-ul- Haq presented the vote of thanks.

President and members of Anjuman Moin-ul-Islam (women's wing); District Tuberculosis Officer, Leh; Drug Inspector, Leh; Assistant Drug Controller, Leh; members and representatives of Women's Alliance Leh and staff of District TB Control Society, Leh were present on the occa-

5-day training on 'School Health and Wellness' in Sankoo

Mansoor Hosain Beigh

SANKOO: 5-day Block level training program for School Health Ambassadors under School Health Program (SHP) begins on March 26 at Community Health Centre Conference Hall.

The training was organised by Block Medical Officer, Community Health Center, Sankoo in collaboration with Zonal Education Officer, Sankoo. Dr Imtiyaz Ali, Surgeon; Dr Hasiya Banoo, Medical Officer of CHC Sankoo as resource persons and school health ambassadors were pres-

Around 88 nominated teachers also called School Health Am-



During the 5-day Block level training program for School Health Ambassadors under School Health Program (SHP) at Community Health Centre, conference hall.

the Sankoo zone were provided training on various health issues.

The teachers were provided training on safety and security, mental health, interpersonal relationship, gender equality,

bassadors from all the blocks of nutrition health, sanitation, prevention and management of substance abuse, promotion of healthy lifestyle, reproductive health and HIV, growing healthy, and promotion of safe use of the internet and social media.

NOTICE

I Avanish S/o R D Mishra & Meena Mishra R/o APH-4 Saffron Tower, Scottish Garden Indira Puram , Ghaziabad, UP lost my Bachelor of Science Degree certificate duly issued by Jawaharlal Nehru University with Enrolment no. NDA/100/043 and Year of Passing 2001. Now I have to apply for issuance of duplicate Pass Certificate. Objection if any may be sent to the Jawaharlal Nehru University within 7 days from date of publication of this notice.

NOTICE

I, Dorjey Lotus S/o Tsering Angchok R/o Hanlay, Leh UT Ladakh Prop of M/s LA Tours and Travels applying for the registration with the Assistant Director Tourism Office, Leh. Any objection in this regard may file their report in writing within 7 days from the date of publication of this notice.

NOTICE

I, Padma Chuskit D/o Dr. Phuntsog Angchok R/o Leh UT Ladakh owner of M/s Munshi Continental Hotel situated at Fort Road, Leh, UT Ladakh wants to change the registration of M/s Munshi Continental Hotel in the name of my father Dr. Phuntsog Angchok S/o Late Ishey Stobden R/o Leh UT Ladakh. Any objection in this regards may file their report in writing within 14 days from date of publication of this notice to Assistant Tourism Department Leh.







